

# MyHealth Program: Infrastructure

<b>Frequency of Visits</b>	<ul style="list-style-type: none"> <li>• Initial Visit</li> <li>• Follow Up: Every 2-4 weeks</li> </ul>
<b>Length of Visit</b>	<ul style="list-style-type: none"> <li>• 30 minutes</li> </ul>
<b>Maximum Time Between Visits</b>	<ul style="list-style-type: none"> <li>• 3 months – Insert a Nurse Visit</li> <li>• FU with Primary Care Physician in PCN if needed</li> </ul>
<b>Program Length &amp; Re-evaluation</b>	<ul style="list-style-type: none"> <li>• 6 months</li> </ul>
<b>Number &amp; Flow of Visits</b>	<ul style="list-style-type: none"> <li>• Minimum of 5 Visits</li> <li>• Suggested Visits MD: 2-3 visits Dietician: 3 visits</li> </ul>
<b>Discharge from Program</b>	<ul style="list-style-type: none"> <li>• 3 + No show appointments over 6 months</li> <li>• Family Disengagement</li> </ul>
<b>Program Break</b>	<ul style="list-style-type: none"> <li>• Lack of motivation + continued weight gain for 4+ months</li> <li>• Patient initiated</li> </ul>



**NATIONWIDE CHILDREN'S**  
*When your child needs a hospital, everything matters.<sup>SM</sup>*