Contact Us
THRIVE Gender Program
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NationwideChildrens.org/THRIVE
The THRIVE Program for Differences of Sex Development, Gender Development and Complex Urological Conditions

THRIVE is a program that specializes in care for patients with gender diversity, differences of sex development (DSD), and complex urological conditions.

Our program is dedicated to providing optimal care for youth presenting as gender diverse. We also help youth diagnosed with DSD and/or complex uro condition. Family members are served and assisted throughout the process for whatever their child’s needs are.

THRIVE Gender Development Program
The Gender team consists of adolescent medicine, behavioral health therapy, endocrinology, clinical medical social work, and psychiatry who work with transgender and gender diverse youth/adolescents and their families to help meet their treatment needs.

THRIVE DSD and Complex Urology Program
The DSD Team specializes in the care of individuals with various conditions, including Androgen Insensitivity Syndrome, Congenital Adrenal Hyperplasia, Mixed Gonadal Dysgenesis, Hypospadias, Vaginal Agenesis, Turner Syndrome, and Klinefelter Syndrome.

The Complex Urological team works with families to evaluate and explain the underlying anatomical condition. Families will talk with the care team on if surgery will be helpful, as well as offer long term follow-up to ensure adequate preparation and transition to adult life is achievable for you and your child.

These teams also assist families with diagnosis disclosure. Additionally, the team meets with families throughout development to provide support and education on long-term expectations, sexual function, fertility, and self-image.

About the THRIVE Gender Development Program

The THRIVE Gender Development Program is a Multidisciplinary team that sees a spectrum of patients, from those just starting to explore their gender identity, to those meeting diagnostic criteria for Gender Dysphoria and/or looking to transition to another gender. Services can therefore range from therapy alone, to integrated services with therapy, psychiatry, social work, and endocrinology/adolescent medicine.

Behavioral Health
- You will meet with a mental health professional that might be either a therapist, a psychiatrist, or an advanced psychiatric nurse practitioner, depending on the specific needs of your family.
- A holistic mental health assessment (which we call the AGILE assessment) will be completed with your family over a course of two to three sessions.
- The professional will meet with members of the family together as well as separately, allowing each member to share their own experience privately with the clinician.

Clinical Medical Social Work
- Assist with needs that can prevent a child from accessing healthcare.
- Help families connect with resources in the community and within Nationwide Children’s Hospital.
- Work with families to identify strengths that can be used to work through problems
- Practice in collaboration with the healthcare team and work with patients and families to develop an individualized plan of care, which is unique to your child.

Adolescent Medicine
- Provide gender affirming reproductive health services including period control.
- Management and prescription of medical interventions.
- Collaborate with THRIVE team to ensure that medical transition needs of patients are met.

Endocrinology
- Provide medical interventions for transgender and gender diverse adolescents while working with the multidisciplinary team.
- Work with families to understand fertility options.

Our Mission
Our mission is to provide individualized evidence-based care in a manner that values physical and mental health. Additionally, we are committed to working with community providers and organizations on the behalf of our patients and families.