Desi quickly became friends with Beck, the therapy dog.

Desi was transported to a nearby hospital for emergency care. She underwent multiple surgeries for fractures to both of her legs and ankles. She was later transported to Nationwide Children's Hospital to begin her comprehensive inpatient rehabilitation.

Desi spent 14 days on the rehabilitation unit where she received an average of 4.7 hours of therapy per day. The psychosocial team was also involved and instrumental in guiding Desi with her pain throughout the entire day.

The massage therapist helped Desi with comfort and relaxation and Desi enjoyed sharing things about her day with the therapist too. The recreational therapist helped her do one of the things she likes best – crafting. Missing her dog at home, Desi really enjoyed spending time with Beck, the therapy dog.

Whenever Desi would feel anxious or uncomfortable, the rehab staff would take the time to talk with her and lift her spirits. She adds that it was hard being away from her friends but that at Nationwide Children’s, she made “new friends and was able to build bonds with everyone.”

“I am extremely thankful for the occupational and physical therapists. I laughed so much with them,” Desi says. She talks about how the therapists, nurses and physicians helped her be ready to go home and readjust to her life at home.

“The most valuable part of rehab was the kindness of everyone on the unit,” Desi shares, “and all of the therapies were extremely helpful.”

“Now I’m doing extremely better. I went from being in a wheelchair and hardly being able to do anything for myself to being more independent and able to walk on crutches. I can’t wait for Rehab Prom and other activities at Nationwide Children’s,” Desi shares.

**OUR MISSION**

The mission of the Inpatient Rehabilitation Program at Nationwide Children’s Hospital is to provide comprehensive, family-centered rehabilitation services to meet the physical, developmental, social, psychological, and educational needs of our patients and their families. These needs will be met through a coordinated program of rehabilitation, patient care, research and education.

**CARF-ACCREDITED**

Nationwide Children’s Hospital has been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) since 1992. Our accreditation as a Pediatric Specialty Program is granted following an independent, external review of operations and outcomes. This demonstrates a commitment to providing quality services focusing on the unique needs of each patient and family and continually evaluating the results of services.
INPATIENT REHABILITATION PROGRAM

Nationwide Children's Hospital, one of America's largest pediatric health care and research centers, is home to our nationally recognized and accredited pediatric inpatient rehabilitation program. Nationwide Children's is one of the only freestanding pediatric hospitals in the country with a verified trauma and burn program, which in addition to the rehab program, allows us to provide comprehensive care for patients recovering from traumatic or burn injuries.

The rehab program offers a family-centered environment that provides progressive quality care for patients with a decrease in function as a result of a significant illness, traumatic injury and/or surgery. Our rehabilitation program is specifically designed for patients who:

1. Require intensive inpatient occupational, physical and/or speech therapies
2. Can tolerate and participate in a minimum of three hours of therapy per day
3. Have the potential to make functional gains

During rehabilitation, the patient's medical care is managed by a Physical Medicine and Rehabilitation (PM&R) physician, also called a physiatrist. The progressive therapy team is committed to addressing and enhancing skills that affect every aspect of a child's life including mobility, self-care, communication, cognition, socialization, coping and returning to their school and community.

FAMILY-CENTERED CARE

We recognize the entire family as a constant in the patient’s road to recovery. Rehabilitation treatment plans are tailored to meet the patient’s needs and preferences while involving the family in all aspects of care. Engaging patients and families in daily rounds and goal setting with the treatment team facilitates this ongoing collaboration. The goal of rehabilitation is to assist the patient in regaining as much function as possible. Additionally, our rehabilitation team is committed to increasing the family’s knowledge and building their confidence to care and be advocates for their child once they return home and establish their new normal.

PSYCHOSOCIAL SERVICES

The robust multidisciplinary psychosocial team collaborates to establish an individualized plan of care to meet each patient's general well-being through developmental, emotional and behavioral supports. Treatment is enhanced by identifying and incorporating each patient's interests, strengths, values and preferred coping styles into their plan of care.

Psychosocial support is provided by:

- Social Worker
- Neuropsychologist
- Music Therapist
- Pediatric Psychologist
- Therapeutic Recreational Specialist
- Child Life Specialist
- Facility Dog
- Massage Therapist
Reintegration into the most appropriate school setting requires ongoing collaboration between the treatment team, family and the school. The time of year (related to the school year) and the patient’s medical status are two critical areas to consider in planning school reintegration.

Music therapy helps with communication, auditory processing and other sensory-motor, perceptual/motor, or gross/fine motor skills. And it’s fun!
Our 2019 Patients
Total Number of Patients = 134

More than half of our patients are pre-teens and teenagers.

We help patients recover from a variety of significant illnesses and injuries.

We are committed to helping our patients recover so they return home as quickly as possible.

The WeeFIM®, or Functional Independence Measure, is a tool used to measure the level of assistance a patient needs in order to effectively perform basic life activities. Our patients experienced greater improvement in independence than the national average.

Satisfaction is the essence of success. Our patients and families continue to give us high ratings. 100% of parents stated they would recommend Nationwide Children’s to others.

Visit us at NationwideChildrens.org/Rehabilitation for more information about our patient outcomes.
WHY CHOOSE THE INPATIENT REHABILITATION PROGRAM AT NATIONWIDE CHILDREN’S HOSPITAL?

- Our patients and families give us high satisfaction rates.
- We are a pediatric family-centered inpatient rehab program.
- Our most important goal is to successfully return patients to home, school, and community.
- We are located within a 527-bed pediatric Level 1 Trauma facility.
- Direct and immediate medical and diagnostic services are available for our patients.
- Our patients stay in private rooms with attached bathrooms.
- Parents are welcome to stay 24 hours a day/7 days a week.
- We are affiliated with the largest Ronald McDonald house in the country.
- We are accredited by The Joint Commission and The Commission on Accreditation of Rehab Facilities (CARF)

NATIONWIDE CHILDREN’S IS LEADING THE WAY IN PEDIATRIC REHABILITATION RESEARCH.

Our Rehabilitation team is motivated to improve the outcomes of children and adolescents requiring rehabilitation services through research and innovation. We lead investigations that involve partnerships with key stakeholders within and outside our institution to benefit patients and their families.

Visit NationwideChildrens.org/Rehab-Research to learn more.

Visit NationwideChildrens.org/Rehabilitation for more information.
To learn more about our program and take a video tour of our unit, visit us on the web at NationwideChildrens.org/Rehabilitation.

**Referrals:**
Phone: 614-722-8653
Fax: 614-722-8622
Email: InpatientRehabReferrals@NationwideChildrens.org

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