INPATIENT REHABILITATION PROGRAM REPORT 2016



# **A Focused Mission**



Savion was like most kids his age. You could find him filling his time with school, family, friends and football. In the fall of 2016, Savion was seen at Nationwide Children's Hospital for what was believed to be a concussion. But in November 2016, after seeking treatment for headaches, blurry vision and dizziness following a hit on the head at football practice, Savion received lifesaving care from the team at Nationwide Children's Hospital for an acute inflammatory condition that robbed him of his ability to walk.

Savion was diagnosed with Acute Disseminated Encephalomyelitis (ADEM), an inflammation of the spinal cord, that left him unable to walk. Savion was admitted to the Inpatient Rehabilitation Program at Nationwide Children's where he participated in hours of intensive therapy to work on regaining his function and strength. He initially required assistive devices to stand and walk, help getting dressed and performing basic self-care, and management of his acute medical needs. However, Savion was determined to make a full recovery and achieve his goal of walking his mother down the aisle at her wedding in December 2016.

EXIT>

The mission of the Inpatient Rehabilitation Program at Nationwide Children's is to provide comprehensive, family-centered rehabilitation services to meet the physical, developmental, social, psychological, and educational needs of our patients and their families. The team achieves this mission through coordinated programs of rehabilitation, patient care, education and research.

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#### MISSION

Nationwide Children's Hospital | 6

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#### **MISSION:**

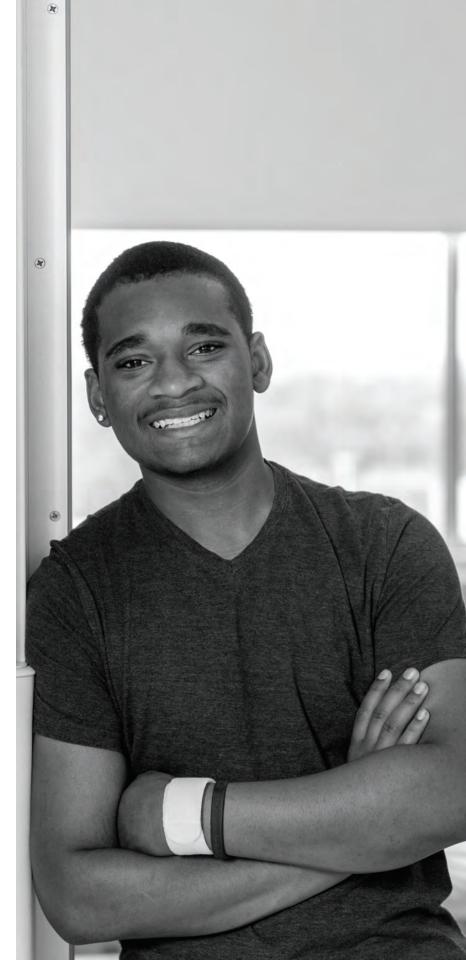
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"I really enjoyed being a part of the rehab team. You all prepared me both physically and mentally on how to return to "normal life" even when it was not completely normal. I will definitely recommend Nationwide's rehab team! Great work!"

- FORMER REHAB PATIENT (2016 Patient Satisfaction Survey)

#### **COMPREHENSIVE FAMILY-CENTERED REHABILITATION SERVICES**

Family-centered care recognizes the entire family as an important part of the patient's life. Involving the patient and family in daily bedside rounds fosters collaboration and communication with the team. Participation in rounds ensures that the family is invested and up-to-date on communication. It allows the opportunity to ask questions they might have about the treatment plan and the recovery process.



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#### PHYSICAL AND DEVELOPMENTAL NEEDS

The members of the rehab team at Nationwide Children's are experts at understanding how an illness or injury can impact the functional level of each patient and his or her growth and development. Therapists individualize care and treatment with a variety of activities based on the interests and needs of the patient.



#### SOCIAL AND PSYCHOLOGICAL NEEDS

The strength of our team is having the ability to provide developmentally appropriate care to patients while acknowledging their social, emotional and psychological well being. Illness, injury or hospitalization affects each patient differently. Some come equipped with coping mechanisms to help deal with stressful situations, while others require assistance to develop coping strategies. Tailoring each patient's plan of care to integrate their preferences, needs and desires provides an individualized and positive foundation for rehabilitation.

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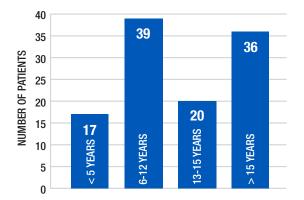
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#### **EDUCATIONAL NEEDS**

The Inpatient Rehabilitation Program at Nationwide Children's is dedicated to helping patients with school reintegration across the continuium, including early intervention (ages 0-3), preschool (ages 3-5), and school-based services (kindergarten to 12th grade). The rehab team communicates with each school to help facilitate the transition back into the academic environment.

## **2016 BY THE NUMBERS**

#### AGE OF PATIENTS

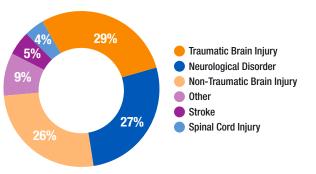


In 2016, the age range was 1 year old to 23 years old. The number of patients older than 15 has increased, mostly due to the growth in referrals from adult trauma facilities. Each referral is evaluated individually and admission decisions are based on the needs of the patient and family.

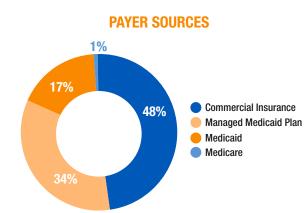


Out-of-state admissions increased to a total of 18. Patients were from the following states: Texas (9), West Virginia (5), Indiana (2), Tennessee (1) and Michigan (1).

#### **PATIENT DIAGNOSES**



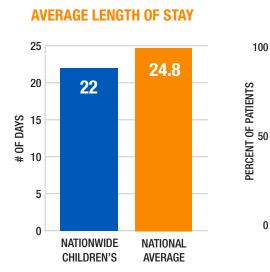
Inpatient Rehabilitation provides services for patients who have had a wide variety of illnesses or injuries resulting in the need for intensive therapy.



Precertification is required for each rehab admission. Managed Medicaid and commercial insurance plans constitute a majority of our payer sources. We accept all types of funding sources, including self-pay.

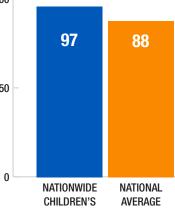


Nationwide Children's Hospital has been accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) since 1992. In 2016, the three-year accreditation as a Pediatric Specialty Program was renewed following an independent, external review of operations and outcomes. This demonstrates a commitment to providing quality services focusing on the unique needs of each patient and family and continually evaluating the results of services.



Admissions increased by 5 percent with a slightly lower length of stay (range from 2 to 64 days). The median length of stay was 19 days. The efficiency of the program results in a length of stay lower than the national average.

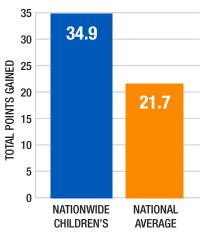
#### **RETURN TO HOME**



The majority of patients return to home after inpatient rehabilitation at Nationwide Children's.

#### **CARF-ACCREDITED**

#### WeeFIM® IMPROVEMENT



The WeeFIM® or Functional Independence Measure is a tool used to assess and measure the level of assistance a child needs in order to effectively perform basic life activities. WeeFIM® improvement from the time of admission until the time of discharge shows an increase in independence.



While Savion was preparing for his mother's wedding day, the rehab team was busy preparing him for discharge. After 18 days of inpatient rehabilitation, Savion returned home. He continued his recovery through outpatient therapy.

December 18, 2016 Savion reaches his goal of walking his mother down the aisle on her wedding day.

### WHY CHOOSE THE INPATIENT REHABILITATION PROGRAM **AT NATIONWIDE CHILDREN'S HOSPITAL?**

- Our patients and families give us high satisfaction rates.
- We are a pediatric **family-centered** inpatient rehab program.
- Our most important goal is to successfully return patients to home, school, and the community
- We are located within a 476-bed pediatric Level 1 Trauma facility.
- Direct and immediate medical and diagnostic services are available for our patients.
- Our patients stay in private rooms with attached bathrooms.
- Parents are welcome to stay 24 hours a day/7 days a week.
- We are affiliated with the largest Ronald McDonald house in the country.
- We are accredited by The Joint Commission and The Commission on Accreditation of Rehab Facilities (CARF) for our comprehensive Inpatient Pediatric Specialty Program.

Visit NationwideChildrens.org/Rehab for more information.

How to make a referral: Call: 614-722-8653 Fax: 614-722-8622 Email: InpatientRehabReferrals@NationwideChildrens.org

#### **INPATIENT REHABILITATION PROGRAM**

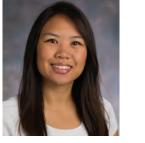


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To learn more about our program and take a video tour of our unit, visit us on the web at **NationwideChildrens.org/Rehab**.

**Referrals and Consultations:** NationwideChildrens.org/Rehabilitation Phone: **614-722-8635** Fax: **614-722-8622** Email: InpatientRehabReferrals@NationwideChildrens.org

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