



# Asthma Express

Asthma Express is a home visit program designed to assist a patient and/or caregiver in understanding and succeeding in the management of asthma. During the home visits a nurse will perform a physical and environment assessment, assist with identification of triggers, review medications and action plan and provide education.

## Program Logistics:

- Two to three home visits, one visit every one to two weeks
- Home Environmental assessment
- Provision of environmental material such as a bed/pillow case covers to assist in trigger reduction for severe persistent asthma patients
- Summary of findings provided to the practitioner after completion
- Additional visits can be ordered by a physician if further intervention needed

## Program Patient Goals:

- Knowledgeable of asthma action plan
- Environmental triggers identified with resolution assistance
- Compliance with medications
- Identify education opportunities

## Referral Process:

Call (614) 355-1100 or (800) 466-2727. Have the following available so we may respond quickly to your referral:

- Type of insurance/payer
- Patient name, address, date of birth, diagnosis
- Physician ordering care
- Patient care/equipment/infusion need



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