

## Creating a Listening Environment for Children With Hearing Loss

Children with hearing loss are shown to learn better in the right environment. In order for your child to hear and build their listening brains, they need to:

- Wear their hearing technology all waking hours
- Have a quiet setting so they can hear all of the language around them

A quiet environment is important for children with hearing loss. They are not able to fill in information that is missed or not complete. They have trouble learning new concepts on their own and need direct teaching and repetition in meaningful daily routines. Languagerich, hands-on, meaningful experiences will build your child's listening brain.

Learning to listen works best when you are in a quiet environment and speak close to the microphone on your child's hearing technology. Think about creating a listening bubble for your child. This is where sound in their ears is clear, crisp and at a close distance (within 3 feet or an "earshot").

## Here are some things that you can do to improve the listening environment in your home:

- 1. Turn off the television.
- 2. Consider running appliances such as the dishwasher, vacuum, washer or dryer when your child is sleeping.
- 3. Close doors between rooms so that noise or conversations from other rooms cannot be heard.
- 4. If a room is noisy, find a quiet room where you can interact with your child.
- 5. Use soft materials such as carpets on hard floors, curtains and cushion to absorb background noise.

For more information, visit Nationwidechildrens.org/specialties/speech-pathology

