

Returning To School with Diabetes Parent Guide

It can be stressful returning to school regardless of whether you have been living with diabetes for years or were just diagnosed yesterday. Here are suggestions in preparing for your return.

1. Each year before returning to school or upon diagnosis, call as soon as possible to schedule a meeting with the school nurse (or the person who will be primarily responsible for diabetes care at school). It will be helpful if you can also include any or all of the following applicable personnel:

- Nurse's Aide/Administrative Support Staff
- Principal
- Teachers
- Food Service Manager
- Bus Driver
- Counselor
- Physical Education Teacher/Coach

2. Bring your school packet including School Orders to the meeting. Contact Nationwide Children's Hospital-Endocrinology if you have questions about these forms at (614) 722-4425.

3. **Diabetes supplies/equipment to be kept at school based on insulin therapy:**

Basal Bolus Insulin Therapy Supplies	Insulin Pump Therapy Supplies
<ul style="list-style-type: none"> • Blood Glucose Meter • Test Strips • Lancet Device • Lancets • Ketone Test Strips • Glucagon Emergency Kit • Insulin Pen/Vial • Pen Needles or Syringes • Supply of snacks/items to treat low blood glucose 	<ul style="list-style-type: none"> • Blood Glucose Meter • Test Strips • Lancet Device • Lancets • Ketone Test Strips • Glucagon Emergency Kit • Insulin (To refill pump or to inject during pump failure) • Syringes in case of pump failure • Supply of snacks/items to treat low blood glucose • Extra Pump Supplies (Infusion Sets and Reservoirs)

4. Questions you may want to ask:

Who will help my child with blood glucose monitoring? _____ or _____ (backup)

Who will assist and/or give my child insulin at school if needed? _____

Who will call me when my child's diabetes supplies need replaced? _____

Who will remind my child to eat his/her snack (if applicable)? _____

- Arrange with school personnel location of supplies and designated areas for testing of blood glucose.
- Arrange a plan for school personnel to report blood glucose results to parents.
- Designate an area to store items used to treat low blood glucose.



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