

Class/Period	d:	 	
Instructor:			

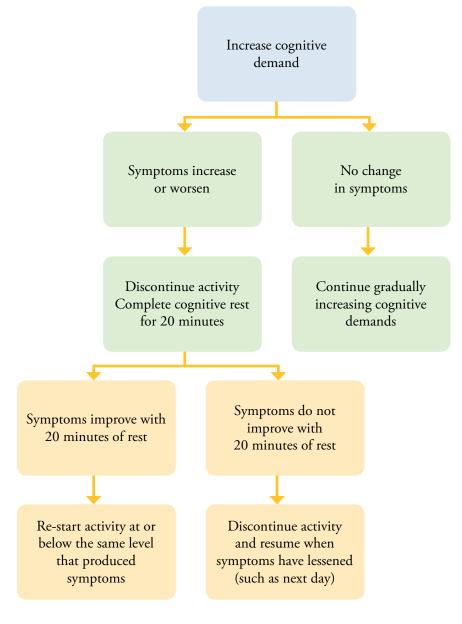
Name:			D	ate:	Time:
Instructions to the Student: Read the symptoms in the left-hand each symptom, circle one answer in column. Be honest and do not skip Then, answer the question at the be Give the sheet to your educator one	the center any question ottom of thi	ons. s page.	Use the stud questions to accommodat	to the Educator: ent's responses to devise in-class, sy ions. Refer back to m for more specific odations.	rmptom-based Concussions in
Symptoms	Circle ONE in each row		Accommodations		
Headache			erate severe	- Mild/modera	ate: Allow
Dizziness/balance problems		ne mild moderate severe		classroom participation	
Feeling sick to stomach (nausea) Tiredness/drowsiness			erate severe	Avoid symptIf severe, refe	om triggers r to nurse/parent
Symptoms	Circle Ol	NE		Accommodation	ons
Sensitivity to light	no ye	es		- Move away fr- Dim lights/d- Allow sunglas	raw shades
Sensitivity to noise	no ye	es		- Reduce classr	n loud environments coom noise nones and loud music
Feeling mentally foggy	no ye	es		- Give breaks b - Simplify task	
Difficulty concentrating on schoolwork	no ye	es		- Shorten task - Give breaks b	
Difficulty paying attention to teacher	no ye	es		- Front room s - Work/test in	_
Difficulty remembering	no ye	es		 Provide class Provide mem Use alternativ	
Difficulty staying organized	no ye	es		due dates - Check comp	olanner for schedule and rehension of instruction ists and checklists
What tasks in school are most diffi	cult for you	? Please w	rite specific ex	amples.	

The emphasis in managing a concussed student in the classroom is to allow the student to participate and learn without worsening symptoms (which may delay healing).

As the student improves, gradually increase demands on the brain by increasing either:

- A. the amount of work
- B. the length of time spent on the work
- C. the type or difficulty of work
- *** IMPORTANT NOTE: Change only ONE of these things at a time.

Below is a decision-making flow chart of what to do if increasing cognitive demand worsens symptoms.





When your child needs a hospital, everything matters.™