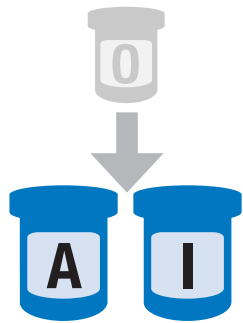


# Four Steps for Safe Opioid Usage



## MONITOR

1. Warn that medications should be taken only as directed by the medical provider or dentist because they can be harmful and habit-forming. Do not let anyone else take this medicine
2. Take inventory
3. Be on the lookout for “Seekers”



## TRANSITION

1. The sooner a patient can get on the combination of **acetaminophen** and **ibuprofen** and off the opioid medication, the less likely they are to become dependent on opioids.
2. Using a combination of other non-opioid medication and non-medication pain management options are best.



## SECURE

1. Keep this medicine in a locked cabinet or lock box.
2. Don't take all opioids when leaving the home, only what is needed while gone



## DISPOSE

1. Opioids and other medications should be disposed of when they are no longer needed.
2. Visit [www.rxdrugdropbox.org](http://www.rxdrugdropbox.org) to find a nearby collection location.

**NationwideChildrens.org/Opioid-Safety.**



**NATIONWIDE  
CHILDREN'S**

*When your child needs a hospital, everything matters.<sup>SM</sup>*