Physician Resource

# The Comprehensive Cerebral Palsy Program

The Comprehensive Cerebral Palsy Program at Nationwide Children's Hospital is an interdisciplinary clinic devoted to providing state-of-the-art holistic care for children, adolescents and adults with cerebral palsy. The CP Program emphasizes excellence in clinical care while focusing on translational research to improve outcomes for children and adults with CP. We are a charter member of the Cerebral Palsy Research Network, a multi-institutional collaborative whose mission is to improve outcomes for people with cerebral palsy through high quality clinical research and quality initiatives.

The cornerstone of our program is the Interdisciplinary Team Clinic. Your families will see a variety of specialists in a single clinic visit. These include Neurodevelopmental Pediatrics; Physical Medicine & Rehabilitation; Orthopedics; Nursing; Physical, Occupational and Speech Therapy; Nutrition; and Social Work. Testing, such as X-rays or lab work, is available as needed. For selected patients, Neurosurgery is available to discuss Intrathecal Baclofen Pumps or Selective Dorsal Rhizotomy.

Families will also receive information on medical, educational, social and financial resources available in the community, with referrals as needed. During the clinic visit, the team collaborates with the family and begins the process of constructing a family centered, holistic care plan. Nursing and Social Work care coordinators complete the care plans and send to the family, PCP and other relevant agencies. The evidence-based care plan is available electronically and is a road map for future care planning that improves communication and "paints a picture" of the whole patient. The summary includes each provider's recommendations and goals; who will do it and how it will be done; and expected outcomes.

### **Our Clinics**

# Nationwide Children's Hospital Orthopedic Center

479 Parsons Ave, Columbus, OH 43215



- Tuesdays, 8 a.m. 5 p.m., and Thursdays 12:30 5:00 p.m., Interdisciplinary CP team clinic for children.
- One Monday per month, 8 a.m. noon, Interdisciplinary CP team clinic for adults.
- One Friday per month, the CP "Main" Clinic evaluates children for CP or other motor problems, and links families to community resources and medical specialists while awaiting an appointment in the Team clinic. This clinic is staffed by the Neurodevelopmental Pediatrician, Nursing, Social Work and Physical Therapy.

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# Nationwide Children's Hospital Main Campus

T1A Clinic 700 Children's Drive, Columbus, OH 43205

## **Additional Appointments**

Patients already established with the CP program can be seen for urgent or routine visits as needed. We encourage all patients to maintain a close relationship with their Primary Care Physician

and refer all non-CP related questions back to the PCP. Issues felt to be related to the CP can be addressed through visits with the specific team member as needed. Ongoing care coordination is provided throughout the year. A care coordinator can be reached by calling (614) 722-5136.

### **Transitioning Care**

As our pediatric patients grow into adulthood, The Comprehensive Cerebral Palsy Program works with the patient and their family to identify and develop the skills needed to become informed, independent, healthy adults. These discussions begin as patients enter adolescence, and continue into adulthood. We work to link patients and families with the services they may need in adulthood, such as educational and vocational opportunities, housing, activities, insurance, guardianship, and sources of adult medical care.

#### A Leader in Specialty Pediatric Care

The Nationwide Children's Hospital's Comprehensive Cerebral Palsy Program has met the quality standards necessary to be awarded the highest level of recognition as a Patient Centered Specialty Practice by the National Committee for Quality Assurance (NCQA).

As the first specialty practice at Nationwide Children's to attain Level 3 recognition and one of only 5 programs in Ohio, the Comprehensive Cerebral Palsy Program is a true leader in providing specialty care focused on individual needs of each patient and their families.

#### Make a Referral

- Phone: (614) 722- 5136
- Fax Number: (614) 355-4439
- Refer Online: NationwideChildrens.org
- EPIC Referral/Consult

#### **Contact Us**

- Call: (614) 722-5136
- Email: CerebralPalsy@NationwideChildrens.org
- Website: : www.NationwideChildrens.org/Cerebral-Palsy-Program



