# Hirschsprung Action Plan

## Green Zone

**Your child is doing well**

- Stooling (pooping) every 24 hours
- Eating and drinking like usual
- Abdomen (belly) is soft and flat
- No fever. Temperature is under 100.4° F (38° C)
- Performs usual activities

**Action Items**

- Keep taking your daily bowel medicines as prescribed
- Watch for signs and symptoms in the **YELLOW ZONE**
- Reach out to CCPR if you have questions or concerns

## Yellow Zone

**Your child is starting to have symptoms of being sick**

- Not stooling each day
- Stooling each day but not as much as usual
- Straining or having a hard time stooling
- Explosive, foul-smelling diarrhea
- Abdomen is distended or bloated
- Not eating or drink as much as usual
- Nausea or vomiting
- Fever – temperature is over 100.4° F (38° C)
- Less energy or sleeping more than normal

**Action Items**

- Start doing rectal irrigations three times per day
- Notify CCPR right away (614) 722-4086 (see below)
- Keep taking your daily bowel medicines as prescribed
- Watch for signs and symptoms in the **RED ZONE**

## Red Zone

**Your child is sick and needs medical help**

- Abdomen is very distended or bloated
- No stool comes out with irrigations
- Not drinking liquids or eating food
- Not peeing as much
- Nausea or vomiting
- Fever – temperature is over 100.4° F (38° C)
- Fussy and not able to be comforted
- Sleeping more, trouble waking

**Action Items**

- Go to local Emergency Department for treatment or call 911
- Call CCPR right away (614) 722-4086 (see below)
- If you cannot reach the on-call surgeon, call the hospital operator
  - Dial (614)722-2000
  - Ask to page ‘colorectal surgeon on-call’

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**CCPR Contact Information** Phone (614) 722-4086
- 8:00 a.m.-4:30 p.m.: Select Option 2 to reach clinical team
- 4:30 p.m.-7:59 a.m.: Select Option 0 to reach on call team