

Summer Camp Packing List



When packing for camp, remember to include the following safety-related items:

- Antibacterial hand sanitizer
- Sunscreen with 30 SPF
- Lip balm
- Bug spray
- Sterile wipes
- Adhesive bandages
- Needed medications (such as asthma inhalers and allergy medications) labeled with your child's name
- Whistle to signal for help
- Baseball hat
- Tennis shoes
- Sunglasses with UVA and UVB protection
- Reusable water bottle



For more information, please visit the Center for Injury Research and Policy at Nationwide Children's Hospital on the web at InjuryCenter.org or email us at CIRP.info@NationwideChildrens.org.

