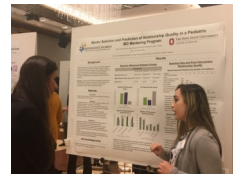


## ABIGAIL WEXNER RESEARCH INSTITUTE RESEARCH RETREAT NOVEMBER 2019

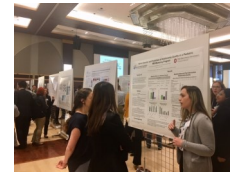
Last November, our team got the opportunity to present a poster discussing the Mentoring program at the Nationwide Children's Hospital Research Retreat. We decided to look at some of the information we have collected from our previous mentor applicants. We looked at differences in what motivations our applicants had for volunteering and their ability for managing their IBD, based on whether we accepted them into the program, they withdrew from the application process, or if we declined them. We also looked at whether we could use this information to predict which mentors would be the most successful.

We are really excited about the results we found! We are doing a great job at screening our potential mentors. The mentors we accepted into the program managed their disease better than those that we declined. We also found that mentors with better disease management and having more values, career, increasing knowledge, skills and experiences, and personal enhancement motivations for volunteering were all associated with better relationship quality after the one-year relationship!

Our research assistant, Abby, will be traveling to Dallas in March to present this research at another conference!



**Abigail Wexner Research Institute at  
Nationwide Children's Hospital  
Research Retreat-November 19, 2019  
The Ohio State University**



### CROHN'S & COLITIS CONNECT MENTORING STUDY

700 Children's Drive  
Columbus, Ohio 43205



# CROHN'S & COLITIS CONNECT MENTORING PROGRAM

## THANK YOU for participating in the Crohn's & Colitis Connect Mentoring Study!

We appreciate everything you've done to help this study! As you know, this is a new program, one that is still developing...

We want to keep you in the loop since you had such a big part from the start of the program.

This newsletter is to keep you updated about what's going on with it. We hope you are doing well, and we might contact you again to hear from you at some point in the future.

Any questions?

Contact Ann Marie Morgan

[annmarie.morgan@nationwidechildrens.org](mailto:annmarie.morgan@nationwidechildrens.org)



### Your Mentoring Program Staff!

From Left: Ann Marie Morgan, Laura Mackner,  
Abigail Leslein and Kathy Vannatta

Not Pictured: Jennifer Dotson



**NATIONWIDE CHILDREN'S**  
*When your child needs a hospital, everything matters.™*

## WHAT'S UP WITH MENTORING?

For Laura

## DID YOU KNOW?

Preparing for College Life may feel a bit overwhelming, especially living with IBD. IMPROVE CARE NOW has a few toolkits to help with this epic transition. The toolkits include Accommodations for Students, Dorm Room Requests, and suggestions on how to make the process of college and IBD less stressful. The toolkits may be found by going to: [www.improvecarenow.org/accommodations](http://www.improvecarenow.org/accommodations)



## FUN FACT?



National Mentoring Month is in JANUARY. It was founded in 2002 by The Harvard School of Public Health and MENTOR. A few goals of National Mentoring Month include:

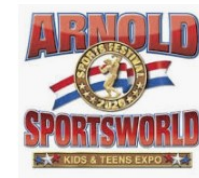
- Raise awareness of mentoring in its various forms
- Recruit individuals to mentor, especially in programs that have waiting lists of young people.

Source: National Day Calendar

To become a Crohn's & Colitis Connect Mentor contact Ann Marie Morgan at 614-722-4744 or [annmariemorgan@nationwidechildrens.org](mailto:annmariemorgan@nationwidechildrens.org)



## FUN UPCOMING ACTIVITIES AROUND COLUMBUS!



What: Arnold SportsWorld Kids & Teens Expo  
When: 3/7 to 3/8, 2020  
Where: Ohio Expo Center & State Fair-717 E. 17th Ave., Columbus, OH. 43211



What: St. Patrick's Day Parade  
When: 3/14/2020  
Where: (Pancake Breakfast-Sells Middle School) 150 W. Bridge St., Dublin, OH. 43017



What: Women's History Highlights Tour  
When: 3/28 to 3/29, 2020  
Where: Ohio History Center I-71 & 17th Ave. (Exit 111) 800 E. 17th Ave., Columbus, OH. 43211



What: Ohio State Football Spring Game  
When: 4/11/2020  
Where: Ohio Stadium-411 Woody Hayes Dr., Columbus, OH. 43210



What: Earth Day Columbus  
When: 4/25/2020  
Where: Genoa Park 303 W. Broad St. Columbus, OH. 43215



What: COSI Science Festival  
When: 5/6 to 5/9, 2020  
Where: 333 W. Broad St., Columbus, OH. 43215  
[www.cosiscifest.org](http://www.cosiscifest.org)

## MENTOR SPOTLIGHT

We love all of our amazing mentors! For this newsletter, we caught up with the wonderful...

### SYDNEY WARINNER

to learn a little bit more about her!

We are excited to share that Sydney will be attending Case Western University School of Law, in Cleveland, Ohio to study International Law, with a focus in Immigration and Human Rights Law. She is a graduate from New Albany High School. She spent her first two years of college at the University of Louisville, where she played softball, and then later transferred to The Ohio State University. She will graduate in May with a double-major in English Literature and Spanish.

Shortly after her diagnosis of Ulcerative Colitis, she participated in the FIRST year of the Crohn's and Colitis Connect Mentoring Program. She enjoyed being a mentee so much that she came back to the program as a Mentor!

In her free time, when she's not spending time with her Mentee, family, friends, dog, Macy, or baking, she works as a Legal Assistant at a local law office and volunteers with non-profits as an interpreter and to ending human trafficking.

Picture: Sydney in Toledo, Spain from her summer studying abroad.



## ON MENTORING

