

We need Mentors!

You can make a difference in the life of a child with IBD.

Previous mentees, previous mentors, people who were in the previous Educational group, anyone who has had IBD at least a year and is managing it well (ages 16 and up) can help kids with IBD.

Know someone who might be interested in being a mentor? Email or call
Laura.Mackner@nationwidechildrens.org or 614-722-4744



CROHN'S & COLITIS
 CONNECT MENTORING STUDY

700 Children's Drive
 Columbus, Ohio 43205



CROHN'S & COLITIS CONNECT MENTORING STUDY

THANK YOU for participating in the
 Crohn's & Colitis Connect
 Mentoring Study!

We really appreciate everything you've done to help with the study. The mentoring program and related study have developed over the years (since 2013!), and we want to keep you in the loop about it. Sending out this newsletter is a way to keep you updated.

We hope you are doing well, and we might contact you again to hear more from you at some point in the future (let us know if you don't want to hear from us).

Any questions?
 Contact Laura Mackner
Laura.Mackner@nationwidechildrens.org
 or call 614-722-4744.



Your Mentoring Program Staff

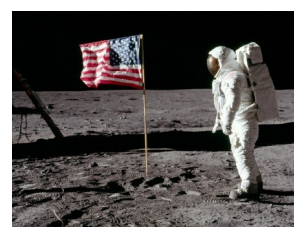
From Left: Jessica Kickel, Elisabeth (Pippi) Balistreri, Kayce Reed, Laura Mackner, Megan Puritz & Kathy Vannatta,
 Not Pictured: Wallace Crandall



NATIONWIDE CHILDREN'S
When your child needs a hospital, everything matters.™

FUN FACTS ABOUT OHIO

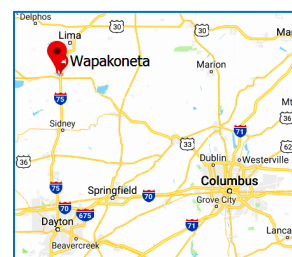
Ohio's state flag is a pennant design. It is the only state flag of that design in the US.



Neil Armstrong was the first man to walk on the moon. He was from Wapakoneta, OH.

Where is Wapakoneta?

Near Lima. The Armstrong Air and Space Museum is there too (\$8 to visit).



WE ARE EXPANDING!

We just got a new grant that lets us expand the study and mentoring program to children and teens with IBD in 2 more hospitals: Cincinnati Children's and Children's Hospital of Wisconsin in Milwaukee.



We hired another research assistant to help with this, **Pippi Balistreri**. You can learn about her on the next page. One thing she didn't mention is that her older sister used to work here with another study. We're happy to have another Balistreri! And in an odd coincidence, her sister just left here to go to grad school in . . . Milwaukee, one of our new

the heart of
MENTORING

Getting the most out of life
ISN'T ABOUT HOW MUCH
you keep for yourself,
BUT HOW MUCH
you pour into others.

—David Stoddard

WHAT'S UP WITH MENTORING?

Even more changes, that's what's up!

You might remember from previous newsletters that our research assistants usually work with us for 1—2 years and then go to grad school. **Jessica Kickel** worked with us for a year as an undergrad "volunteer" for OSU course credit. We liked her so much that we hired her when she graduated, and then she worked with us for 2 more years. Now she's leaving for a joint MPH/MSW program at OSU.

We hired **Megan Puritz** to take her place. You can learn more about Megan on the next page. Our mentoring program coordinator **Kayce Reed** has left for an opportunity to work in the same company in which several family members work. We are sad to see her go and wish her well in her new job.

FUN UPCOMING ACTIVITIES AROUND COLUMBUS!

Dublin Irish Festival, August
3rd-5th, Coffman Park, \$10 in
advance



All Ohio Balloon Festival,
August 9th-11th,
Marysville, free

Summer in the 614 festival

August 11th, 4:00pm-8:30pm, Route
161 and High St, free

Food Truck Festivities,

August 17-18,
Bicentennial Park,
free



Upper Arlington

Labor Day Art Festival,

September 3rd, Northam Park, free

Old Worthington Market Day,

September 15th, 9:00am-4:00pm, down-
town Worthington, free

Trapper John's Canoe Livery,



daily, 9:00am-4:00pm,
7141 London-
Groveport Road, \$16
adults, \$5 children

Short Film Festival,

August 24th,
6:00pm, Hilliard Civ-
ic & Cultural Arts
Center, \$10



RESEARCH ASSISTANT SPOTLIGHT

Let's get to know our new research assistants a little better...

PIPPI BALISTRERI

Where did you go to college?

I just graduated from Washington and Lee University in Lexington, VA this spring.

What are your favorite hobbies?

I love travelling, reading, and eating good food.

Do you have any siblings?

I'm the youngest of 5! I have 3 sisters and a brother.

What is your favorite dessert?

Jeni's Brambleberry crisp ice cream is my favorite!

What is something unique about you?

My sister and I were born on the same day exactly 2 years apart.

AND.....

MEGAN PURITZ

Where did you go to college?

Denison University in Granville, OH

What are your favorite hobbies?

Hiking, painting, learning Spanish

Do you have any siblings?

I have one older sister

What is your favorite dessert?

It's a tie between Ben & Jerry's Phish Food ice cream and brownies.

What is something unique about you?

I just spent several weeks backpacking in the North Cascade mountains in Washington. I am hoping to hike the Appalachian Trail within the next couple of years!