



You Can Make a Difference! Be an IBD Mentor.

If you have IBD, are 16 or older and enjoy working with boys or girls ages 10 to 17, you may qualify to be a mentor as part of a Mentoring Research Study.



For more information about the
Mentoring Program
at Nationwide Children's Hospital, please call
(614) 722-4744 or email
AnnMarie.Morgan@NationwideChildrens.org



**NATIONWIDE
CHILDREN'S**
When your child needs a hospital, everything matters.SM

Crohn's and Colitis Connect Mentoring Program

You can . . . make a difference
help a child with IBD
learn more about IBD
meet other people like you . . . **be a mentor**

The **Crohn's and Colitis Connect Mentoring Program:**

Get matched with a **mentee**



- Age 10-17 years
- Get together 1-2 times per month, either in person and/or virtually (Zoom, Skype; 30-40 minutes)
- Contact mentee weekly (text, short video chat or phone call)
- For 1 year

In person or virtual **group activities** with other mentors & mentees

"A lot of people have gone further than they thought they could because someone else thought they could."

—Unknown

Some educational,
some simply **fun**

IBD Nutrition

Zoom 20
Questions



Behind the Scenes at the GI Center

Bowling

Ice Skating

Miniature Golf

Taking IBD to School

Get involved:

- Have IBD for at least 1 year & be managing it well (taking meds, going to GI appointments)
- Live within 1 hour of Nationwide Children's Hospital
- Complete application, interview, & orientation that have in person &/or virtual components
- Provide 3 references
- Pass background & driving record check

Call 614-722-4744 or email AnnMarie.Morgan@nationwidechildrens.org

Dr. Laura Mackner, Principal Investigator.

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