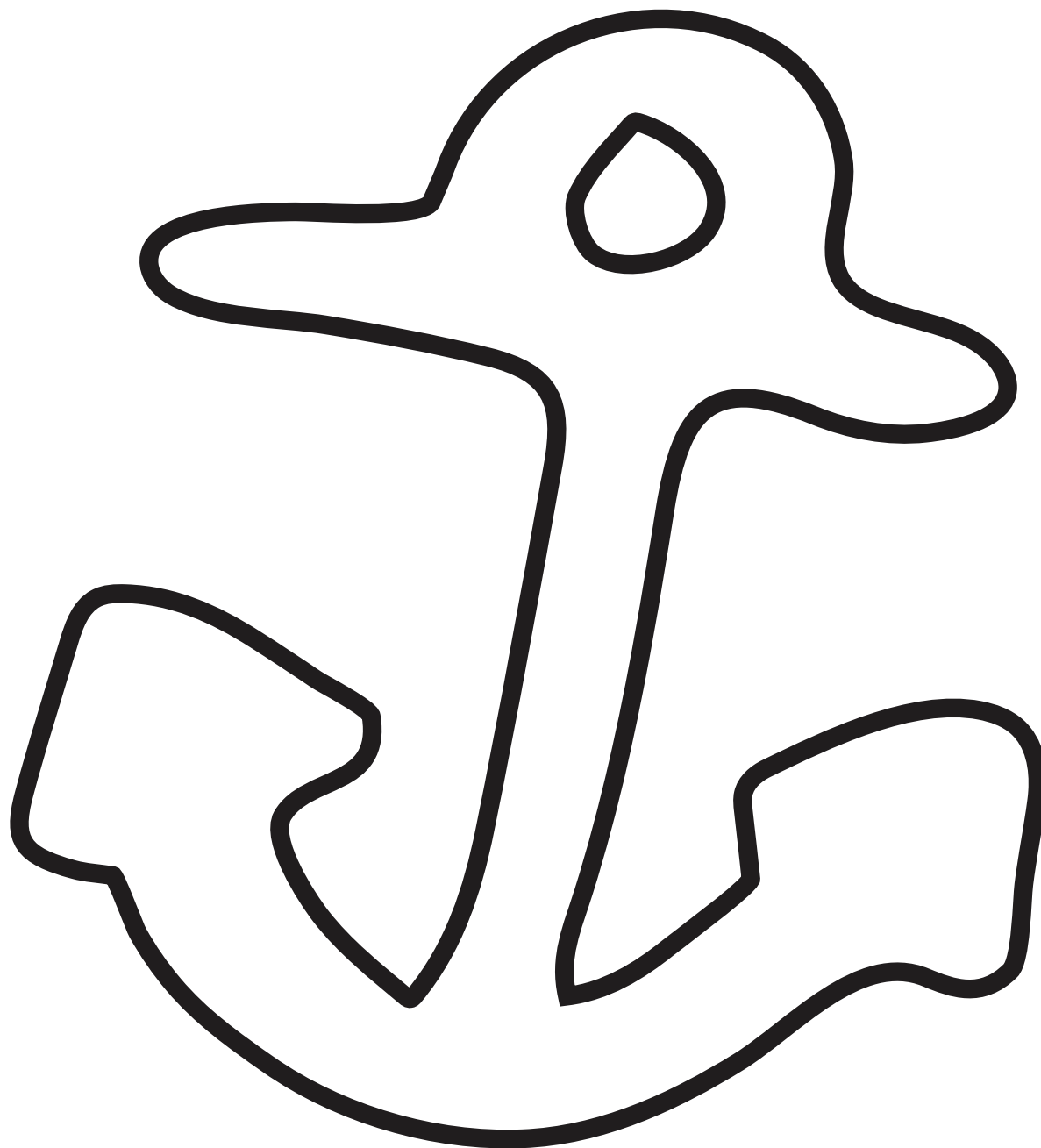


# Who is your anchor?

Color in the anchor with your favorite color and add words as to why this person is your anchor.



Name: \_\_\_\_\_

Age: \_\_\_\_\_

For mental health tips and information, visit [OnOurSleeves.org](https://www.OnOurSleeves.org).

