HOW TO TALK TO YOUR CHILD'S DOCTOR

Know More. Do More.

Understanding Substance Misuse in Teens

1. Are there ways to control pain without using prescribed meds?
2. Does my child have to take the pain meds?
3. How long should I expect my child to need the pain meds?
4. What are the risk factors I need to be aware of?
5. What are the side effects I need to know about?

This information was made possible by the Dublin ACT Coalition in partnership with Nationwide Children's Hospital.

Dublin ACT Coalition

Nationwide Children's

! SHARE ADDICTION RISK FACTORS WITH YOUR DOCTOR

- FAMILY HISTORY
- MENTAL HEALTH ISSUES
- SEXUAL ABUSE
- ADDICTION
- PHYSICAL ABUSE
- ALCOHOL & OTHER DRUGS IN THE HOME

! WHEN YOUR TEEN HAS BEEN PRESCRIBED MEDICATION:

MONITOR
Only allow your child to take medications as prescribed.

SECURE
Keep your child's medicine in a locked cabinet or lock box AND out of the reach of children.

TRANSITION
Get your child off an opioid medicine as soon as you can.

DISPOSE
Dispose of medicines responsibly when they are no longer needed.