

# **Join Our Team**

Diversity. Inclusion. Community.





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The moment you walk through our doors, you can feel it. When you meet one of our patient families, you believe it. And when you talk with anyone who works here, you want to be a part of it. Welcome to Nationwide Children's Hospital, *Where Passion Meets Purpose.* 

# where PASSION PASSION meets PURPOSE

We invite you to join our team of diverse residents and fellows. Here you will have the opportunity to grow and use your talent to make an impact that truly matters. Nationwide Children's values diversity, and we know that providers who reflect their patient populations improve patient care.

As one of the largest and busiest pediatric hospitals in the country, we recognize and embrace the crucial role diverse staff play in addressing social determinants of health, quality, patient safety, genomic medicine, behavioral health and population health.

At Nationwide Children's our passion is to recruit a diverse workforce so that together we can achieve our purpose – to help children everywhere reach their highest potential.

# A Culture of Inclusion

As Ohio's capital and the 14th largest city in the United States, Columbus boasts a diverse population of many cultures and backgrounds. It is common for our residents to treat patients from developing countries, various ethnic groups and religious backgrounds, LGBTQIA+ families and provide care for patients who do not speak English.

Nationwide Children's acknowledges and celebrates the diversity of the community we serve. In addition, the hospital is committed to providing a workplace where each person is respected and supported. One way we support a culture that fosters inclusivity and diversity is through our Employee Resource Groups:

- All Equal LGBTQ
- APAN Asian Pacific American
- CapABLE Disability
- Connect With Us Black and Multiracial
- HOLA Hispanic/Latinx
- LEAD Professionals
- Military/Veterans

# A DIVERSE WORKFORCE IMPROVES OUTCOMES

Striving for a culture of inclusive excellence.



# **STRATEGY** - Visibility

Improving physician visibility for applicants, trainees and patients of diverse backgrounds. *"You can't be what you can't see." – Marian Wright Edelman* 

#### **GOAL -** Support

Fostering a sense of community within the training programs and providing networking opportunities for trainees and faculty.



#### **ACCELERATOR - Education**

Providing education for faculty and trainees on topics such as diversity, racism, health equity and advocacy.



#### **VISION -** Physician Diversity Coalition

A collective whose central aim is to optimize physician diversity at Nationwide Children's Hospital.



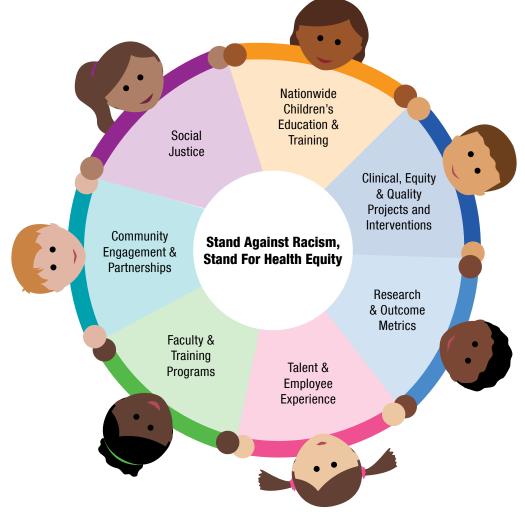
#### **LEGACY -** Inclusive Excellence

A hospital-wide culture that promotes diversity of its providers in an institution that recognizes that in order to have the *Best Outcomes*, we must also have the best diversity and inclusion.

## Stand Against Racism

The hospital's Stand Against Racism, Stand For Health Equity initiative has been organized into seven pillars. These pillars are designed to:

- Encompass all intertwined aspects of our organization and shared work.
- Help us identify ways to make antiracism and equity a priority in each of them.
- Provide lenses we can use to evaluate ourselves and our progress.



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#### **PRINCIPLES OF EQUITY, INCLUSION AND DIVERSITY**

- All patients, families and staff should be treated with equal dignity.
- Everyone should feel equally welcome at Nationwide Children's Hospital regardless of background, race, gender, etc.
- All children deserve an equal chance to achieve Best Outcomes in life and reach their full potential.

# **Residency and Fellowship Programs**

Nationwide Children's is a place that allows dedicated, hardworking physicians to thrive. Whether your plan is to work in private practice, in an outpatient clinic, treat the sickest patients in a first-rate children's hospital, advocate for children, teach, conduct research or all of the above, we can help you learn everything you need to know to be successful.

# **Residency Programs:**



For more information about our Residency and Fellowship Programs, visit: NationwideChildrens.org/for-Medical-Professionals/Residency--Fellowship







#### Where Passion Meets Purpose

**Fellowship Programs:** 

The foundation of an organization is its people. At Nationwide Children's Hospital, we align our strategy with the *Best People* and *Best Programs* to achieve the best outcomes. We also know diversity, combined with our authentic progress to build an inclusive culture, enables our employees to bring their unique differences and talents to work every day.

#### **Resident Diversity and Inclusion Coalition**

 Annual RDIC intern welcome party

 Pediatric Visiting Student Elective Scholarship Program for fourth year medical students

The purpose of the

# **RESIDENT DIVERSITY & INCLUSION COALITION (RDIC)**

P Representation at events such as the Student National Medical Association (SNMA) and Latino Medical Student Association (LMSA) Annual Conferences is to create an environment of inclusive excellence while increasing the diversity of our providers to be reflective of the patients we care for in central Ohio and around the world.

> Increasing diversity of fellows/faculty members to attend and give lectures for residents and medical students

 Pediatric Equity and Advocacy Resident Learning Series (P.E.A.R.L.S.)

 Opportunities for networking and social events

As a residency program, we are experiencing a time of exciting change! Our residency family is quickly growing, and this expansion of our program comes with a continued commitment to recruit and retain residents who reflect the diversity of the patient population we serve.

For more information about our Resident Diversity and Inclusion Coalition, visit: NationwideChildrens.org/RDIC.

# Q&A

# Rebecca Wallihan, MD, Program Director

Pronouns: She/her/hers

What was your path to Nationwide Children's and what do you love about working here? I have been at Nationwide Children's almost 20 years, originally coming to do my residency and then never leaving. Although this was never in my 5- or 10-year plan, I'm becoming a lifer here. For me, it really comes down to three things: the people, the opportunities and the support. I'll break each of those down a little further:

- 1. As cliché as it sounds, the people are truly the number one reason I am still at Nationwide Children's Hospital today. The people at this hospital are truly like a second family for me. They make it such a fun place to work and we are all working toward a shared goal of improving the health of children, not only in central Ohio but around the world. And it doesn't feel like work when you're surrounded by such amazing people!
- 2. The opportunities at Nationwide Children's are endless! No matter what your interest, you can find expertise, experiences and mentorship to help you be successful.
- 3. When I talk about support, to me this means that people truly have your best interests in mind and want you to be successful. I have felt this throughout my career at Nationwide Children's as a resident, chief resident, fellow and now as a faculty member. I often tell people that we are not trying to make our trainees and faculty fit into a certain mold. We want to help them identify their passions and develop the necessary knowledge and skills to achieve their goals.

# What is your role at Nationwide Children's?

Clinically, I am an associate professor in pediatric infectious diseases and care for children with a variety of infections, in both the inpatient and outpatient settings. However, my favorite part of my job is the work I do in medical education as the program director for the Pediatric Residency Program and vice chair of Education, Department of Pediatrics.

I obviously love the people in our program – there is such a diversity of backgrounds, experiences, interests and thought that truly elevates everything we do. It is also incredibly exciting to play a role in training the next generation of leaders in pediatrics and, most importantly, it's a lot of fun! Working with fellows, residents and students makes me a better doctor. They ask amazing questions and really keep me up to date on the latest advances in medicine. I'm always excited about meeting new residents and improving the program. It never gets old watching someone grow from a brand-new doctor to an outstanding physician and leader.



"We are not trying to make our trainees and faculty fit into a certain mold. We want to help them identify their passions and develop the necessary knowledge and skills to achieve their goals."

- Rebecca Wallihan, MD

Program Director, Pediatric Residency Vice Chair of Education, Department of Pediatrics



## What was your path to Nationwide Children's Hospital?

I first learned about Nationwide Children's at the start of the COVID-19 pandemic when I was getting ready to apply for residency. There was a virtual Student National Medical Association (SNMA) conference, where I stumbled across a chat room where Dr. Anjelika Delerme and her co-residents were speaking. They shared a lot about their experience and how welcoming the environment and culture were. I later attended a wellness talk where Dr. Ray Bignall spoke about his practice on rounds to promote wellness. Those initial experiences led to me learning more about the program and ultimately ranking it as my number one choice for residency. Fortunately, everything worked out and I ended up here.

# What made you want to be a chief resident, and what are some of your goals for the

upcoming year?

I have had a breadth of experiences during my time at Nationwide Children's, all of which have contributed to my growth as a physician, but more importantly my growth as a human being. My decision to accept the role of chief resident required deep contemplation and stemmed from my desire to have a supportive and inclusive environment for patients and fellow residents. My co-chiefs and I would like to shift the culture by advocating for resident wellness, encouraging a collaborative and safe learning environment, and enhancing the educational experiences of our residents. We have had the opportunity to be inspired by effective and compassionate leadership, and we hope to do the same during our tenure.

# What are some of your career goals and how has training

at Nationwide Children's made you uniquely positioned to be successful in achieving your goals? My primary career goal is centered on being an advocate for patients through compassionate and empathetic patient care. As I grow in my career, I would like to ensure equitable and culturallycompetent care for all patients. Training at Nationwide Children's has been instrumental in preparing me to achieve this, as I've had exposure to diverse patient populations and disease processes. I have honed my communication skills, particularly as it relates to advocating for my patients and their needs. I've also had the opportunity to train in an innovative environment that encourages research and multidisciplinary collaboration.

"My decision to accept the role of chief resident required deep contemplation and stemmed from my desire to have a supportive and inclusive environment for patients and fellow residents. As I grow in my career, I would like to ensure equitable and culturally competent care for all patients."

> - Ahmani DoDoo, DO Chief Resident - Pediatrics





# Patrice Collins, MD Resident - Pediatrics

Pronouns: Shelher/hers

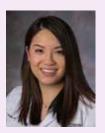
What I really like most about the residency program here is the community and supportiveness of my co-residents, interns and faculty. Knowing everyone is trying to help each other out is very comforting. I've found that you can find people you can connect with and experience life with outside of the hospital.

# Alyssa Mendoza, MD Fellow - Child Neurology

Pronouns: Shelher/hers

I became interested in child neurology at Nationwide Children's because I wanted to train at a hospital with high patient volumes and a diverse group of child neurology subspecialists to learn from. I am still deciding what I'd like to do because I love everything within neurology, but right now I am particularly interested in neurodevelopmental disabilities, neuroimmunology, neurocritical care and epilepsy.





Rena Kasick, MD Hospital Pediatrics Associate Program Director *Pronouns: She/her/hers* 

*My passion* and motivation for a career in hospital medicine is the desire to serve and care for children. *My purpose* is to pay it forward in my career as an educator and mentor of medical students and residents.



# **Carmen Stone, MD, Resident - Pediatrics**

Pronouns: She/her/hers

#### **Hometown:**

Westerville, OH

# What do you remember most about your interview/ application process?

Everyone that I met with during my Nationwide Children's interview day and other recruitment events was warm, relatable, and kept things real. I saw camaraderie between residents that showed me they were not only supportive colleagues, but they were also friends and part of each other's support system. I knew going into the application process that I wanted to join a program that made room for both a first-rate learning experience and a familial atmosphere where I would feel supported during the journey of residency. The interactions I had with the Nationwide Children's team during the interview process showed me I would find both of these here, and I have now seen for myself that it is true!

#### What do you love most about the program?

I love that this program values learners at all levels and is dedicated to building up the next generation of great pediatricians. As a medical student, I completed a subinternship in hospital pediatrics here and was amazed by how medical students, residents, attendings and consulting subspecialists were all given room to discuss patient care. Families travel from across the world to be cared for by renowned disease experts at Nationwide Children's. Even as a medical student, those same experts showed an interest in my perspective on their patients and were enthusiastic about teaching me their niche area of medicine, which is one of many reasons I knew I wanted to train at Nationwide Children's.

#### What do you love about Columbus?

I love that Columbus has something for everyone to enjoy. If you want to be out in nature, you can enjoy the metro parks, public gardens and walking trails. If you want to socialize and enjoy a meal with friends, family and colleagues, there are numerous restaurants and breweries spread across town. If shopping is your thing, there are several large malls and shopping districts for you to browse. And you'll always have exciting weekend plans if you check out the many festivals in Columbus and the surrounding suburbs all throughout the year!

#### **Fun Fact**

I love crafting, and my favorite is crochet. I learned to read crochet patterns by watching YouTube videos, so now I am able to make all kinds of projects. I have a goal of making baby blankets for all my friends and family who have little ones on the way!



# Claudia A. Mosquera Vasquez, MD Fellow - Nephrology and Hypertension

Pronouns: Shelher/hers

In July 2022, I joined the Division of Nephrology and Hypertension at Nationwide Children's as a fellow. Nationwide Children's allowed me to explore different fields in pediatrics and work with top subspecialists from all over the country and the world. I will always be grateful to have had the opportunity to train and continue my career here in the upcoming years.

# Ana Maria Cabal Herrera, MD Resident - Child Neurology

Pronouns: She/her/hers

What I love most about Columbus are the parks, Scioto trail, the coffee scene, the diverse food options (including restaurants where I can have arepas!), the breweries; it is a very lively city!





#### Susan Creary, MD

Hematology/Oncology/Bone Marrow Transplant *Pronouns: She/her/hers* 

*My passion* is for children and adolescents with sickle cell disease and their families. As a principal investigator in the Center for Innovation in Pediatric Practice and an assistant professor of pediatrics in the Division of Hematology/Oncology/BMT at Nationwide Children's Hospital, *my purpose* is to improve utilization of effective preventative therapies to improve the long-term outcomes to children with sickle cell disease.



# Alicia Rodgers, DO, MS, Resident - Pediatrics

Pronouns: She/her/hers

#### **Hometown:**

Columbus, OH

# What do you remember most about your interview/ application process?

People were real and honest. Dr. Wallihan presented to be so down to earth, with the first segment of the day spent on getting to know each interviewee and being intentional about connecting with each of us. It was all really encouraging to see.

#### What do you love most about the program?

I felt like a member of the community from day one. My mentors and advocates through Nationwide Children's sought me out during interview season – welcoming me to the experience/pediatrics on #MedTwitter and others through intentional mentorship. Nationwide Children's faculty followed up by offering tips and strategies to prepare for interviews and offered to meet in person to welcome me for the rotation and kept in touch after, still offering support. And the day I found out my match results, everyone I interacted with during the interview process called/texted/DM'ed me to welcome me to the community. Those are the same people now who touch base as I go through the block as an intern. This is a really special community with whom I felt seen and cared for from the early interactions.

#### What do you love about Columbus?

I love that it's a large metro city without a crazy, fast pace. I think there's a great balance to meet varied preferences – suburbia, urban living and rural. I grew up here, and I'm amazed by how much this city has grown by creating a more inviting scene for young professionals, with lots of sporting events, districts for arts, entertainment and dining. It is also welcoming of diversity with a robust LGBTQ community and a wide variety of cultures that make up the community. It's easy to find green space, affordable activities and summer concerts. Same for surrounding neighborhoods, with their own identity with festivals yearround.

#### What are your plans for the future?

Primary Care and Sports Medicine.

#### **Fun Fact**

I studied abroad in India for a month, focusing on public health.



# Hannah Stephen, DO Resident - Pediatrics

Pronouns: She/her/hers

I am so grateful to be a resident in this program. Even during my short time here thus far, I have had so much career and personal growth. There isn't a moment that goes by that I don't feel supported by the faculty and my co-residents. I have formed relationships that I know will last far beyond when I complete training. Every day feels like I am a part of a team that wants me to succeed. The faculty are all invested in ensuring that I and every other resident have the opportunity to accomplish our goals!

# Alison Brittain, DO, PhD Fellow - Rheumatology

Pronouns: She/her/hers

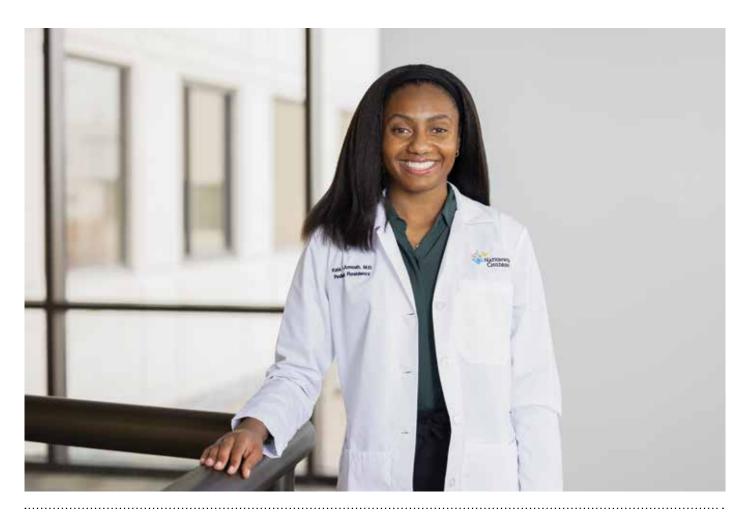
I love that Nationwide Children's offers many opportunities to learn cutting-edge pediatric medicine in an environment where people are supportive and welcoming.





Rohan Henry, MD Endocrinology Pronouns: He/him/his

*My passion* as an endocrinologist includes Type 2 diabetes, care transitions in pediatric patients with growth hormone deficiency and medical ethics. *My purpose* is to care for our diverse endocrinology patient population and to educate trainees and clinicians on endocrinology and diabetes.



# Kaia Amoah, MD, Resident - Pediatrics

Pronouns: She/her/hers

#### Hometown:

Cincinnati, Ohio

# What do you remember most about your interview/ application process?

I wanted to train at Nationwide Children's because I absolutely loved my experience rotating here as a Sub-I. From resident-led rounds and the mentoring from faculty, I felt that it was such a supportive and welcoming environment and a place where I could thrive. This remained consistent throughout my rotation, during the meet and greets, and on my interview day.

#### What do you love most about the program?

I love the camaraderie among my co-residents and the support from the attendings. Most importantly, Nationwide Children's and the residency program practice what they preach when it comes to resident wellness. There is a visible effort to support residents and show them they are valued.

#### What do you love about Columbus?

I have really enjoyed the Scioto biking trails and grabbing a bite to eat at North Market on the weekends! Also, having lived in multiple cities, Columbus has some of the friendliest and most genuine people in the country!

#### What are your plans for the future?

So far, my interactions with mentors, attendings and hospital staff at Nationwide Children's have allowed me to explore interests that I have not considered before. I am excited about exploring every facet of pediatrics so that I will be well-informed before making my final decision.

#### **Fun Fact**

I was a national competitor in track and field and karate!



# Abena Obeng, DO Resident - Pediatrics

Pronouns: Shelher/hers

I really love how supportive and friendly everyone is. Everyone is always so willing to help, which has been amazing, especially with starting residency in a new city I had never visited.

# Sebastian Powell, MD, MSc Chief Resident - Pediatrics

Pronouns: He/him/his

I feel like I can walk up to any of my co-residents and talk about medicine or even everyday life. There is no shortage of opportunities at Nationwide Children's. Whatever your interests, there is always someone willing to help you achieve them or connect you to somebody already working on something similar. I love to tell the story of how I helped work on a legislative bill and advocate for patients within one week of expressing an interest in policy and advocacy!





Jordee Wells, MD, MPH Pediatric Emergency Medicine Pronouns: She/her/hers

*My passion* is to create change at the intersection of health care and public policy for children everywhere. *My purpose* is to improve female adolescent health in pediatric emergency department settings and to empower and advocate for communities through honed clinical acumen and compassion.



# Luna E. Emogene, MD, Resident - Pediatrics

Pronouns: She/her/hers

#### **Hometown:**

Philipsburg, Sint Maarten

# What do you remember most about your interview/ application process?

I appreciated the numerous opportunities to engage with members of the Resident Diversity and Inclusion Coalition (RDIC) during the interview period. These interactions allowed me to ask important questions and gain valuable insights. Observing their supportive interactions and the sense of community they fostered made me seriously consider highly ranking Nationwide Children's Hospital.

#### What do you love most about the program?

Moving thousands of miles away from my family to pursue my dreams in medicine is challenging, so finding a program where I feel supported and can establish a home away from home is crucial. In the short time I've been here, the support from my co-interns, seniors, chief residents, attendings and the GME crew– especially those in RDIC —has been exceptional. Though it may sound cliché, I genuinely feel valued and supported here. I'm grateful to be in a program where I don't feel like I'm going through this alone.

#### What do you love about Columbus?

There is so much to do here in Columbus! So many festivals, events, concerts and more. So, when you finally get some free time or a day off, you've got things you can do.

#### What are your plans for the future?

One of my future aspirations is to have a career in global health, possibly after completing a fellowship in pediatric hospital medicine or neonatology.

#### **Fun Fact**

I have lived in four countries in five years: Canada, Sint Maarten, England and the United States.



# Darius Rowe, MD Resident- Pediatrics

Pronouns: He/him/his

What I love most about the program is the kind nature of the people around me, coupled with the world-class prestige of the hospital and the intellectual fortitude of my co-residents and faculty.

# Victoria Fahy, DO Resident - Pediatrics

Pronouns: She/her/hers

Nationwide Children's was my best interview day! Although it was on Zoom, everyone seemed so kind, welcoming and supportive. When I finally got to Columbus, Nationwide Children's continued to exceed my expectations. It is truly a program that loves and supports its residents. I had some unexpected life challenges that happened to me during my intern year, and I can't even count the number of phone calls, emails, or care packages that I received from my co-residents and faculty. I feel so extremely fortunate to train at a program that not only wants us to succeed in our careers but also cares about our lives outside of medicine.





Desalegn Yacob, MD Gastroenterology & Hepatology & Nutrition Pronouns: Helhim/his

*My passion* as a pediatric gastroenterologist is quality of life for children with impaired gut motility. *My purpose* as the medical director of the nation's most prestigious and largest Center for Neurogastroenterology and Motility Disorders is to support education and innovation to improve the outcomes for children everywhere.



# Dianne Mancheno, DO Resident - Pediatrics

Pronouns: She/her/hers

During my visiting medical student rotation, I felt welcomed by the faculty and residents who took the time to meet with me and talk more about their experience at Nationwide Children's. When I met the program directors and assistant program directors during my interview, I knew I would have a supportive environment coming to Nationwide Children's for residency.

# Nichole Anderez, DO Resident - Pediatrics

Pronouns: She/her/hers

The program, particularly the people, creates the most supportive and inclusive environment for us to train as physicians. The senior residents lead with patience, the attendings prioritize resident autonomy and the administration values having a diverse workforce and recognize the importance of increasing representation in medicine. I feel safe here, not only to push myself, learn and make mistakes, but to be myself.

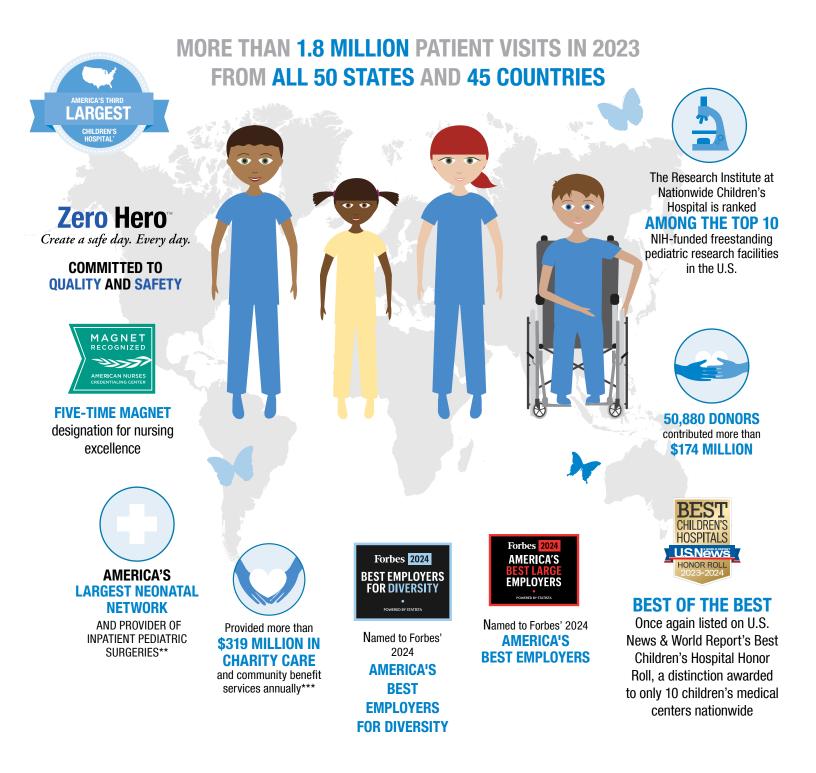




#### Na'il Scoggins, MD Chief Resident - Pediatrics Physician - Primary Care Pediatrics Pronouns - He/him/his

*My passion* for pediatrics comes from the ability to educate and impact the health choices people make at an early age. This has been the framework for *my purpose,* which is to provide equitable care, diversify health care providers and advocate for the health needs of our youth.

We serve patients from the Columbus metropolitan area as well as patients from across the nation and around the world. As one of the largest and busiest pediatric hospitals in the United States and with the country's largest ambulatory and neonatal networks, our patients come to us for their health care needs ranging from heart, lung, kidney and liver transplants to cancer, genetic diseases and broken arms.





#### The Abigail Wexner Research Institute at Nationwide Children's Hospital

The Abigail Wexner Research Institute at Nationwide Children's Hospital is organized into centers of emphasis and the Steve and Cindy Rasmussen Institute for Genomic Medicine, all of which facilitate interdisciplinary team science by transcending traditional academic boundaries. The structure supports discovery, enabled by outstanding shared resources. Each center and institute is home to talented faculty members, staff, graduate students, residents, postdoctoral fellows and other students.

- Center for Biobehavioral Health
- Biopathology Center
- Center for Cardiovascular Research
- Center for Child Health Equity and Outcomes Research
- Center for Childhood Cancer
- Center for Clinical and Translational Research

- Jerry R. Mendell Center for Gene Therapy
- Institute for Mental and Behavioral Health
- Center for Injury Research and Policy
- Steve and Cindy Rasmussen Institute for Genomic Medicine



- Kidney and Urinary Tract Center
- Center for Microbial Pathogenesis
- Center for Perinatal Research
- Center for Regenerative Medicine
- Center for Vaccines and Immunity
- Center for Suicide Prevention and Research

The Research Institute at Nationwide Children's also offers the Integrated Research Pathway program for residents who have earned an MD or DO (with substantial research experience), MD/PhD or DO/PhD degreee and are committed to an academic research career.

# Deena Chisolm, PhD, Director of the Center for Child Health Equity and Outcomes Research

Pronouns: She/her/hers

## What was your path to Nationwide Children's Hospital?

My path to Nationwide Children's was quite "bendy." Prior to committing to a career in research, I worked as a state health department epidemiologist, a health quality evaluator and a consultant. The one thing that all of these roles had in common was the responsibility to turn data into information that created improvement in health and health care. That was my niche.

I returned to college to complete a PhD in public health eight years after completing my master's degree. After graduation, I was fortunate to meet and collaborate with Dr. Kelly Kelleher on a health care data project, which led to the start of my 15 years at Nationwide Children's. I have stayed at Nationwide Children's because I love knowing that the research I do goes directly into the hands of clinicians and administrators who can apply it to improving the lives of children. I feel like what I do here can create real-time change.

What I love most about Nationwide Children's is the collegiality and collaboration. Clinicianscientists and research scientists share their varying skills in a way that advances science and health with little competition or "turfism." The concept of "One Team" is not just words, it permeates the way we work

#### What research are you passionate about?

My key research interest is addressing health outside of health care. It is estimated that only 20% of our health is driven by actual interactions with the health care system. My question is *what approaches work for addressing the social, economic, behavioral and environmental issues that make up the other* 80%, in addition to understanding how health care systems like Nationwide Children's and health policies can implement those approaches successfully.

My passion is health equity. My purpose is to generate knowledge that helps us ensure that every child has an equal opportunity to

### Please tell us about your work with health equity research:

The mission of the Center for Child Health Equity and Outcomes Research is to advance child health and well-being through research in and across clinical care, health services, health policy and community initiatives. As center director, I am focused on building multidisciplinary research initiatives that advance our knowledge of what works to achieve that achieve their best health, as well as building a world where that opportunity is not limited by factors like race, poverty or neighborhood. I have a special interest in the health of teens. Adolescence can be hard because of the natural physiological and psychosocial changes happening all at once, but it is also a great time to engage youths in their health.

When we develop approaches that teach young people how to manage their own health, make good health choices, navigate the health care system, and advocate for their own health interests, we build a generation that can be part of the process for reaching health equity.

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mission. This work includes condition-specific research in areas including sickle cell disease, infant mortality and behavioral health. It also goes beyond traditional health outcomes and disparities to focus on issues of child and family well-being including, housing instability, kindergarten readiness, health literacy and poverty.



"*My passion* is health equity. *My purpose* is to generate knowledge that helps us ensure that every child has an equal opportunity to achieve their best health and to build a world where that opportunity is not limited by factors like race, poverty or neighborhood."

– Deena Chisolm, PhD

Director, Center for Child Health Equity and Outcomes Research Vice President, Health Services Research





*My passion* is to promote the mental health and well-being of all children. *My purpose* is to increase equity and access to mental health educational resources and tools for every community.

Ariana C. Hoet, PhD







# Break Stigmas – Big Lots Behavioral Health Services

As a national leader in pediatric behavioral and mental health, we are pushing the field forward. In March 2020, thanks to a transformational \$50 million gift from Big Lots and their Foundation, we constructed America's largest center dedicated exclusively to child and adolescent behavioral and mental health on a pediatric medical campus.

Featuring inpatient services, intensive outpatient services, a Psychiatric Crisis Department and research all under one roof, this integrated pediatric behavioral health approach serves as a model for other health care systems across the nation.

Through Big Lots Behavioral Health Services, we bring together a comprehensive team comprising psychiatry, psychology, pediatrics, advanced practice providers, nursing, counseling, social work, clinical therapies and parent support specialists to help with every aspect of a child's treatment.

We took our commitment to kids' mental health one step further by creating The Kids Mental Health Foundation. The Foundation provides free, expert-created resources so everyone can understand and promote mental health for children. Our goal is to make sure all grown-ups don't feel powerless when it comes to their kids' mental health. And we want to make sure they have the tools and resources they need before a crisis or concern. The Kids Mental Health Foundation has reached more than 15 million people with free resources since inception in 2018.

# Get free resources at **KidsMentalHealthFoundation.org**



Proudly Founded by Nationwide Children's Hospital





# Ariana Hoet, PhD and Whitney Raglin Bignall, PhD

Pronouns: She/her/hers



Tell us a little about your academic interest.

#### Ariana Hoet, PhD:

I am interested in health equity and access to culturally responsive mental health services for our community!

#### Whitney Raglin Bignall, PhD:

My academic interests include 1) understanding psychosocial and cultural factors that contribute to health and mental health disparities; 2) designing interventions that are contextually appropriate for underserved communities and 3) adapting and implementing evidence-based treatments that are sustainable within communities. My work also serves to bridge the gap between health systems and the communities they serve by making psychological interventions more accessible and equitable. This includes creating vibrant and robust community-academic partnerships between hospital partners, primary care offices, neighborhood schools and community organizations. Lastly, I am passionate about disseminating evidence-based information to all communities to reduce stigma and build mental wellness. What is your role at Nationwide Children's Hospital, and what is your vision for breaking the stigmas associated with pediatric mental and behavioral health?

#### Ariana Hoet, PhD:

I am the executive clinical director of The Kids Mental Health Foundation, a pediatric psychologist in integrated primary care and an assistant professor of pediatrics at The Ohio State University College of Medicine. I dream of a world where every adult feels they have the tools they need to support the mental wellness and development of the children in their lives.

#### Whitney Raglin Bignall, PhD:

I am the associate clinical director of The Kids Mental Health Foundation, an integrated pediatric psychologist at Nationwide Children's Linden Primary Care Center and an assistant professor of pediatrics at The Ohio State University College of Medicine. I am passionate about getting our community, friends and neighbors comfortable talking about mental health and having the tools to build mental wellness for children.

Why is Nationwide Children's unique in creating an environment where you and your career can thrive?

#### Ariana Hoet, PhD:

From my first year at Nationwide Children's, there were opportunities to get involved in leadership positions and community outreach. I think this is rare, and I'm grateful for all the amazing projects and programs Nationwide Children's has to improve health equity. Joining these groups and positions allowed me to feel a part of the hospital culture outside of my clinic duties and have the ability to advocate for change.

#### Whitney Raglin Bignall, PhD:

Nationwide Children's Hospital knows that achieving the best health outcomes for children requires a systematic approach that invests not only in the hospital's infrastructure but also in the people who work here and the communities we serve. Because of this shared commitment, I have received tremendous support for my clinical and academic interests. I have enjoyed an environment where I can partner with people across the network to make real change.

"Nationwide Children's Hospital knows that achieving the best health outcomes for children requires a systematic approach that invests not only in the hospital's infrastructure but also in the people who work here and the communities we serve."

#### Whitney Raglin Bignall, PhD

Associate Clinical Director, The Kids Mental Health Foundation Integrated Pediatric Psychologist, Nationwide Children's Hospital Assistant Professor of Pediatrics, The Ohio State University College of Medicine



# Grace R. Paul, MD and Traci A. Bouchard, MD

Pronouns: She/her/hers

# Tell us a little about your research interests.



#### **GRACE R. PAUL, MD**

Even after immigrating to the United States more than 20 years ago, my conviction and passion to serve the medical community and patients in India and other low- and middle-income countries remain strong. I find this to be my calling and privilege to work and teach about pulmonary diseases affecting children, not only in the United States but globally, as respiratory illnesses are major contributors to early morbidity and mortality worldwide.

I am blessed to be the principal investigator for the Cystic Fibrosis-India project, a well-structured initiative to promote diagnosis and management of cystic fibrosis in India. Our work is funded by the U.S. Cystic Fibrosis Foundation and aims to improve awareness and access to cystic fibrosis diagnostic services while creating cost-effective management protocols that would benefit many children

with cystic fibrosis living in developing nations. Even a small investment of time, planning and effort go a long way in resource-limited areas– an important factor that motivates my work. I serve on a few national and international committees to promote awareness of pediatric pulmonary health and participate in strategic planning to improve health care outcomes. Navigating through the complexities of international research during the COVID-19 pandemic was a very interesting learning experience!



#### TRACI A. BOUCHARD, MD

I have been working with medical trainees in global health since 2004 and was thrilled to join the leadership team of Nationwide Children's Global Health Advanced Competency in 2021.

I am passionate about working with children and their families locally and globally to improve their health and the health of their community. I am very excited to bring my prior experience and knowledge to work with the very talented and enthusiastic residents, fellows and faculty at Nationwide Children's and train the next generation of physicians to improve the health of children everywhere. Our program is truly a collaborative experience, with many residents, fellows and faculty with diverse experiences, backgrounds and skills – I often learn as much as I teach at our global health meetings.

I am currently working with a resident on understanding our non-English speaking patients' needs beyond just the use of translators and understanding the complexities of medical literacy and its impact on treatment and health outcomes. I am also working with Nationwide Children's Center for Injury Research and Policy on a study exploring the use of wearable fitness devices and home motion sensors to prevent relapse in patients with substance use disorder in recovery. Working with this patient population and the growing opioid crisis in Ohio and globally is another passion of mine. My purpose as a physician and public health educator is to make a difference in the lives of families and children, particularly those marginalized or with limited resources.

# What is your vision for global education at Nationwide Children's?

As co-directors of the Advanced Competency in Global Health, our vision is to strengthen medical knowledge and skills of our pediatric residents in addressing the health care needs of diverse populations living in areas with limited resources.

Through participation in the program, our residents will be able to demonstrate fundamental knowledge of the pediatrician's role as a global health practitioner and learn to deliver culturally sensitive care in under resourced environments in the United States and international settings. Our program aims to provide basic knowledge in the following: global indicators of disease, population health, maternal-child health, infectious diseases, tropical diseases, managing the sick child and chronic diseases in resource-limited settings, local and global health, and addressing health needs of new immigrant communities in the United States.

We plan to achieve these goals through online modules, formal and informal didactic sessions presented by renowned global health faculty, journal clubs, and scholarly projects with a special focus on quality improvement. We are excited about making our program even more robust with our partners in Uganda and India, our joint work with The Ohio State University global health colleagues, and our new partnership with the Indian Health Services to give our residents more options for their experiential learning elective. Our goal is that the knowledge and skills gained through the competency, travel experiences, and scholarly work would inspire and encourage them to incorporate global health/ underserved population health as part of future career plans.





Where did you get your passion for child health advocacy? As one of a small number of African American men in medicine nationwide, and a firstgeneration American of immigrant parents, my interest in medicine is driven by a desire to promote social justice and make a positive impact on my community. During my time as an undergraduate at Howard University and medical student at Meharry Medical College, I realized that advocating for my community would be an essential part of my career as a physician. I was blessed with fantastic mentors who pushed me to pursue my passion and make an impact early in my career. As a pediatric resident, I was awarded a Community Access to Child Health grant from the American Academy of Pediatrics to partner with inner-city African American fathers studying barriers to their involvement in the pediatric medical home. Later, as a fellow in pediatric nephrology, I was named a Lewy Fund Advocacy Scholar of the American Society of Pediatric Nephrology where I learned how to advocate for health equity for children with kidney disease. I am fortunate that my training as a pediatrician has included opportunities to advocate for vulnerable populations.

Can you tell us about some of the work you are doing to promote child health advocacy at the local, state, and national levels? Here at Nationwide Children's Hospital, I've been given an opportunity to make advocacy a core part of my work. This includes mentoring medical students, residents and fellows interested in advocacy, as well as meeting with lawmakers in Columbus, Ohio and Washington, D.C. to inspire policies that promote health equity for children and families. I've been honored to serve as a member of The White House Health Equity Roundtable Series on Access to Care, and as the inaugural chair of the Health Care Justice Committee of the American Society of Nephrology. These opportunities enable me to promote national policies and legislation that will help improve care for children with kidney disease, and address many of the root causes of health disparities in this population.

Locally, I work with teams of health care providers and community leaders on initiatives like the Healthy Neighborhoods Healthy Families program, which is helping to provide safe and affordable housing and promote community wellness to our historically disadvantaged neighbors. Our location in the state capital gives us unique access to change-makers; and at Nationwide Children's, my colleagues and I are encouraged to use our expertise to advocate at both the local and national levels to promote health for the children and families we serve. I also have the privilege to mentor and team up with medical students, residents, fellows, and faculty colleagues to travel to the Ohio Statehouse and meet with lawmakers about proposals that champion justice and equity for underserved children and families across our state.

What are your future goals as a child health advocate, and how does Nationwide Children's help foster those goals? As a physician-advocate, my goal is to use community engagement and community partnership as tools to promote child health equity. This means listening to and learning from members of underserved and ethnic minority communities where health disparities have the greatest impact and working with them to promote health equity from the inside out. I'm always excited for the opportunity to foster relationships with pediatric trainees at Nationwide Children's who are interested in advocacy – from grassroots community work to national health policy – and I can't wait to work with you!



"My goal is to use community engagement and community partnership as tools to promote child health equity. This means listening to and learning from members of underserved and ethnic minority communities where health disparities have the greatest impact and working with them to promote health equity from the inside out."

- O. N. Ray Bignall II, MD, FAAP, FASN

Chief Diversity and Health Equity Officer Pediatric Nephrologist

# WHERE We Live\_\_\_HEALTHY NEIGHBORHOODS HEALTHY FAMILIES



**Tell us about your role at** Nationwide Children's Hospital. I began working in the Department of Community Relations 15 years ago because I saw the potential of the organization to build a deeper relationship with the neighborhood. I love that our institution values population health enough to make it part of the strategic plan through the Healthy Neighborhoods Healthy Families initiative. The camaraderie throughout the organization and community is what makes initiatives like this possible.

What are we doing as an institution to work together with our community? The South Side is the neighborhood Nationwide Children's calls home. Its greatest asset is the children and families that live in the community. We are proud to partner with Community Development for All People to support the health and wellness of the corridor through the Healthy Neighborhood Healthy Families Initiative.

Our efforts have expanded into the Linden neighborhood in Columbus thanks to strong partnerships with Linden community stakeholders. The work of Healthy Neighborhoods Healthy Families is informed by neighborhood residents, clergy and civic leaders who serve as everyday experts on the journey to best outcomes. Together, we can ensure that families thrive where they live and health equity abounds.

#### **Community Wellness**



#### **NEARLY 200 EMPLOYEES**

serve as mentors at neighborhood schools and organizations



MORE THAN 500 HOMES improved through rehabilitations, home improvement grants and new builds



#### 96% OF CHILDREN

who finished our kindergarten readiness program improved their numeracy skills



#### **MORE THAN 1,220 RESIDENTS**

of zip codes 43205, 43206 and 43207 employed by Nationwide Children's



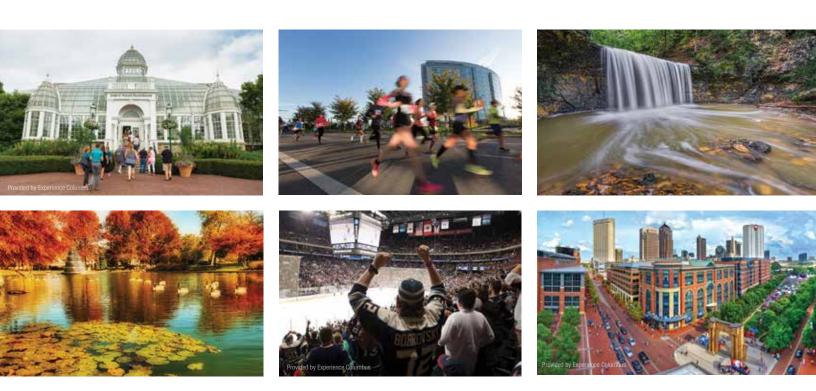
"I love that our institution values population health enough to make it part of the strategic plan through the Healthy Neighborhoods Healthy Families initiative."

> – **Angela Mingo** Vice President of Corporate Affairs





With a population of over 906,000, Columbus is the 14th largest city in the United States. The city is perfect for active lifestyles, having recently invested \$20 million to develop a growing system of bike and fitness trails that connect the suburbs and river trails to downtown's \$44 million riverfront park system restoration. Columbus is recognized for its neighborhoods ranging from historic to hopping, for its fabulous casual and fine dining venues, shopping experiences, museums and more. If you are a sports enthusiast, there is no offseason in the Columbus area with a wide variety of events and venues. Columbus is diverse and home to one of the largest young professional networks in the country. There are several young professional organizations that regularly hold networking events, social and philanthropic activities.



One of our city's proud achievements is the diversity of its economic base. Columbus is at the heart of the largest concentration of population and economic activity in North America. Government, service, distribution, retail and manufacturing companies all make Columbus their

.....

headquarters. Columbus also fosters an emerging tech-startup and retail scene.

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Columbus is centrally located within a day's drive of Atlanta, Chicago, St. Louis, Toronto, New York City, Philadelphia and Washington, D.C.

Visit www.Columbus.gov, www.ExperienceColumbus.com and ColumbusRegion.com to learn more about Columbus.







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At Nationwide Children's our passion is to intentionally recruit a diverse workforce so that together we can achieve our purpose – to help children everywhere reach their highest potential.





For more information about residency and fellowship programs at Nationwide Children's, visit NationwideChildrens.org/Residency-Fellowship

**Residencies** Justin King Pediatric Residency Program Coordinator Justin.King@NationwideChildrens.org

Fellowships See the individual programs for contact information: NationwideChildrens.org/for-medical-professionals/education-and-training/fellowship-programs

> Nationwide Children's Hospital 700 Children's Drive | Columbus, OH 43205 NationwideChildrens.org



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