



Breakthrough Bleeding on the Etonogestrel Implant (Nexplanon)

Management and Treatment Options

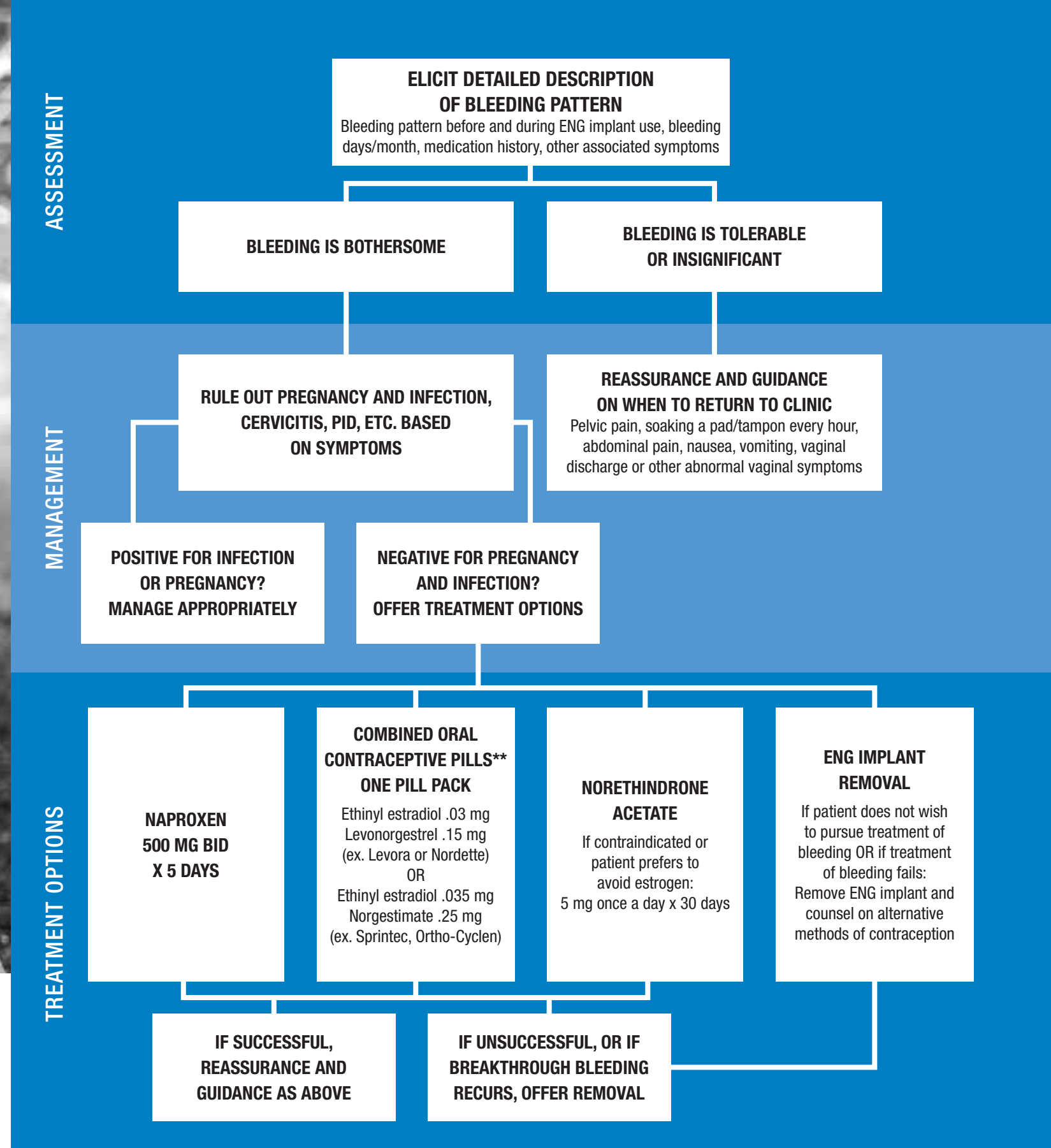
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NationwideChildrens.org/BC4Teens





FAST FACTS:

- Changes in menstrual bleeding are expected with use of the etonogestrel (ENG) implant.
- Bleeding pattern experienced during the initial phase generally predicts future patterns of bleeding.
- Before prescribing – give anticipatory guidance regarding irregular bleeding.
- Remind users that changes in vaginal bleeding are not indicative of decreased effectiveness of their method and are not harmful to their health.
- **Please note, there are no comparisons of the effectiveness of the different treatment options for unscheduled bleeding, so the optimal treatment strategy is not known.**



PATIENT – CENTERED DECISION MAKING

Alternative methods of birth control can be discussed at any point in the algorithm based on the wishes of the patient.

The implant should be removed at any time the user requests.

**If estrogen is contraindicated, do not start combined oral contraceptive pills.