Breakthrough Bleeding on the Etonogestrel Implant (Nexplanon)  
Management and Treatment Options

For more provider resources, visit NationwideChildrens.org/BC4Teens
FAST FACTS:

- Changes in menstrual bleeding are expected with use of the etonogestrel (ENG) implant.
- Bleeding pattern experienced during the initial phase generally predicts future patterns of bleeding.
- Before prescribing – give anticipatory guidance regarding irregular bleeding.
- Remind users that changes in vaginal bleeding are not indicative of decreased effectiveness of their method and are not harmful to their health.
- Please note, there are no comparisons of the effectiveness of the different treatment options for unscheduled bleeding, so the optimal treatment strategy is not known.