Visit **NationwideChildrens.org/MedStat** for additional information regarding many of these articles.

#### **NEWS YOU CAN USE**

## Medical Leadership Program 2020 Accepting Interested Participants

Nationwide Children's Hospital and its medical staff are pleased to begin accepting interested participants for the Medical Leadership Program (MLP) starting January 2020. MLP is an effective overview of basic leadership/management skills taught by Nationwide Children's leaders for medical staff. The program provides a quick start for leaders who are assuming new or expanded leadership roles in the hospital, their practices and/or their community/professional associations.

Content includes:

- Mission & Strategic Planning
- Business Planning & Project Management

- Hospital Governance
- Overcoming Resistance to Change & Accountability
- Fostering Personal & Team Wellness
- Personal Leadership Style & Emotional Intelligence
- Communication Effectiveness
- Coaching, Mentoring & Delegation
- Conflict Management & Leadership Decision Making
- Diversity & Inclusion Leadership Imperative
- Leaving Your Leadership Legacy

Classes meet twice a month at 7 a.m. for one hour, and there are 7 two-hour sessions. One half-day (four-hour) workshop is offered. The sessions will begin January 2020 and end December 2020. There is a break during the month of July. CME Category 1 credit is provided. There is no cost to attend.

Interested medical staff should contact either Jordan Kuntz at **Jordan.Kuntz@NationwideChildrens.org**, Karen Heiser at **Karen.Heiser@NationwideChildrens.org**, or call (614) 722-4027 with their name, title and department. Final date for participant submissions is Friday, December 13.



Oluyinka O. Olutoye, MD, PhD

#### FEATURED PHYSICIAN

**Oluyinka O. Olutoye, MD, PhD,** has been appointed surgeon-in-chief at Nationwide Children's as well as professor and the E. Thomas Boles chair of pediatric surgery at The Ohio State University College of Medicine. In his role, Dr. Olutoye will lead Nationwide Children's 11 surgical departments, working to advance our common mission, philosophy and approach to excellence in patient care, clinical outcomes, and commitment to academic excellence and education.

Prior to joining Nationwide Children's, Dr. Olutoye served as co-director of the Fetal Center at Texas Children's Hospital. As a pediatric and fetal surgeon, he brings specialized clinical expertise in fetal and neonatal surgery. In addition to his clinical expertise, Dr. Olutoye also leads an established research program focused on the role of the inflammatory response in scarless fetal wound healing, in-utero correction of severe congenital malformations, and the early detection of necrotizing enterocolitis in preterm infants.

Dr. Olutoye received his medical degree from Obafemi Awolowo University in Ile-Ife, Nigeria, and earned his PhD in anatomy from Virginia Commonwealth University in Richmond, VA. He completed his residency in general surgery at the Medical College of Virginia Hospitals, Virginia Commonwealth University, and his fellowships in pediatric and fetal surgery at The Children's Hospital of Philadelphia in Philadelphia, PA.



## Nationwide Children's Hospital Patient Financial Assistance Program

Nationwide Children's Hospital is committed to offering financial assistance to people who have health care needs and are not able to pay for care. No child will be denied care due to inability to pay for services. We accept most insurance plans, including Medicaid. For all other patients, Nationwide Children's has financial assistance programs for those who qualify. Financial support staff are available to help families sign up for insurance (including Medicaid) or to find out if they qualify for financial assistance. For more information or to receive a copy of Nationwide Children's Financial Assistance Policy, contact Patient Accounts at (614) 722-2055 or visit **NationwideChildrens.org/Financial-Assistance**.

#### PRIMARY CARE MATTERS

Primary Care Matters is a guest column written for MedStat by a local pediatrician or primary care provider.

## When Hoofbeats Turn Out to be Zebras - Lessons Learned During My First Few Years as a Pediatrician

Written by Michael T. DiBartola, MD, a pediatrician with Riverside Pediatric Associates

It's July 2019, and I find myself feeling a bit restless. That's because as physicians-in-training, we spend so much time in three or four year chunks: undergrad, medical school, residency, and maybe even a fellowship. It has been three years since I finished residency in pediatrics at Nationwide Children's Hospital.

In 2016, I was fortunate to have the opportunity to take over for my retiring childhood pediatrician, who graciously entrusted his practice to me. Although it's still early in my career, I can say with confidence that I chose the right field. General pediatrics is extremely rewarding. The continuity of care and relationships I develop sustain me, but I also enjoy remaining constantly vigilant so as not to miss the needle in the haystack cases. One of my wise partners advised me not to be surprised if I saw just about everything in the first two years of practice. I haven't seen everything, but I have had a few surprising cases that I was lucky to catch.

To continue reading Dr. DiBartola's article, see the insert in your packet or visit NationwideChildrens.org/MedStat.

#### **COMMUNITY PROVIDER COMMUNICATION**

# Info Needed When Making a Referral

When referring a patient to Nationwide Children's, please include the following with the referral information:

- Pertinent question.
- Patient history/PE with most recent/pertinent office notes.
- Pertinent labs/radiology studies.
  - If not done at Nationwide Children's, please send the radiology images and lab results as an attachment.
- Most current growth curve.

## Should "Non-High Risk Patients" With Uncomplicated Influenza be Given Antivirals?

Answer provided by Michael Brady, MD, Infectious Diseases

This question references a recommendation from the Centers for Disease Control and Prevention that is open to interpretation. For years, the CDC has recommended that all "hospitalized, severely ill and high-risk patients with suspected or confirmed influenza should be treated with antivirals." Those at high risk include children younger than 2 years of age and people with certain underlying conditions.

The potentially unclear part involves people with suspected or confirmed influenza who are not severely ill and who are not in these high-risk categories. The CDC guidance says antivirals may be prescribed "on the basis of clinical judgement" for these patients, because they can reduce the duration of uncomplicated illness.

What factors, though, make up that clinical judgement?

**Duration of symptoms.** There is limited benefit if symptoms have been present for more than 48 hours.

**The age of the patient.** Children younger than 2 years and adults older than 65 years are in the high risk category, but children ages 2-5 are also at an increased risk of complications compared to the general population.

**Severity of illness.** Even if a patient does not present as severely ill, a suspicion that symptoms are worsening or could progress to severe illness may warrant antivirals.

**Community influenza rates/Suspicion of influenza.** While a provider may delay prescribing without confirmation of influenza, high local influenza rates or a true suspicion of influenza may suggest the use of empiric therapy.

Parents may request medications for their children in some cases, and providers would typically like to satisfy their patients' parents. However, the decision to prescribe medications, whether antiviral medications for influenza or antibiotics for viral colds, should be based on evidence that the patient will derive benefit – not just to satisfy parents' requests. Prescription of antivirals for children should be limited to those children who fit into the above criteria. Parents understandably want what is best for their children, and a provider should discuss with parents that in relatively uncomplicated and low risk cases, the best course of action is often conservative.

## OSUCOM Looking for Primary Care Offices to Get Involved in Medical Student Education

A new class of med 1 students from The Ohio State University College of Medicine will be ready to start their Longitudinal Practice early clinical experience this October. Longitudinal Practice is when students come to primary care offices approximately one-half day every other week to complement what they are learning in class. With breaks for testing weeks, holidays and summer, the students have 22 sessions over 17 months, finishing in February of their med 2 year.

These eager, energetic students can actually see patients in office who have the diseases they are learning about in class, something most physicians never experienced in medical school. A published course curriculum guides the preceptor and the student through the year with email, website and one-toone consultation as resources. These half days are the highlight of the student's week and many preceptors report that this program reminds them why they wanted to be a doctor.

Contact Diana Bahner at **bahner.2@osu.edu** for more information. To sign up, visit **https://osu.az1.qualtrics.com/ jfe/form/SV\_80NPRTCPhWDsjuB.** To get a direct link to the sign up form, visit **NationwideChildrens.org/MedStat.** 

# Family Resources for the Fall Season and School Year

School is back in session, and family schedules are busier than ever. Children's Advocacy Project 4 Kids (CAP4Kids) offers family resources at **CAP4Kids.org/Columbus** to help, including after-school programs, bullying prevention, alternative education, behavioral health and counseling, homework help and more. Visit our website to sign up for the monthly newsletter to stay up-to-date on free family resources and events. To assist families with access to resources on an ongoing basis, consider adding a link to CAP4Kids on your practice website.

# Sign up for Ask a Specialist

Are you a clinician with a question you'd like to ask a pediatric specialist? Then the Nationwide Children's Ask a Specialist program is here for you. This is your opportunity to remain clinically up-to-date, based on regional best practices and standards of care. Sent via email bi-weekly, you'll get answers to your questions from local experts as well as answers to questions you never even knew you wanted answered. It's free, convenient and, most of all, educational. Sign up today at **NationwideChildrens.org/Ask-a-Specialist-Program.** 

#### **INNOVATION AND DISCOVERY**

Read more news from The Research Institute at NationwideChildrens.org/Research-News. Addition information on these topics at NationwideChildrens.org/MedStat.

## Hidden in Plain Sight: The Importance of Safe Storage for Cosmetics and Personal Products

About every two hours, a child 5 or younger is treated in an emergency room for injuries related to personal-care products. These children suffer poisoning or chemical burns to the eyes or skin when they swallow or explore shampoo, skin lotion, makeup and more. Experts recommend pediatricians discuss safe storage guideline during well-child visits. Read about tips and learn more in **PediatricsNationwide.org.** 

## Free Disposal Bags Increase Rate of Proper Opioid Disposal

Physicians who prescribe opioids for acute pain should consider providing an inexpensive, easy-to-use drug-disposal bag, to reduce the amount of pills or liquids in homes and the community, researchers say. In a recent study, 85% of parents who were provided a bag and discussed its usage quickly and properly disposed of unused opioid pain medication following surgery. Learn more in **PediatricsNationwide.org.** 

## Home Infusions Are a Viable Option for Children, Teens With IBD

For many children and adolescents with inflammatory bowel disease, their monthly or semi-monthly medication infusions can be done at home or at a local infusion center, saving them time away from school and their parents' time from work. Using a quality initiative, Nationwide Children's Hospital developed a safe, reliable alternative to hospital-based infusions. Learn more in this *PediatricsOnline* article found at **NationwideChildrens.org/MedStat.** 

#### **MOMENTS IN HISTORY**

- 1945 The Columbus Hospital Federation was formed which was the precursor to shifting of pediatric beds from local hospitals to Children's in the 1950's.
- 1950 Timken Hall opens as a nursing school residence.

#### **AWARDS & RECOGNITION**

**Eric M. Butter, PhD,** chief of Psychology at Nationwide Children's and director of Nationwide Children's Child Development Center, was recently recognized with the Jacobson Award from Division 33 of the American Psychological Association. Division 33 is the division concerned with intellectual and developmental disabilities, including autism spectrum disorder. Division 33 presents this award to individuals who have made meritorious contributions to the field of intellectual and developmental disabilities in an area related to behavioral psychology, evidence-based practice, dual diagnosis or public policy.

Linda Stoverock, DNP, RN NEA-BC, Nationwide Children's chief nursing officer will retire in March, 2020, following more than 19 years of distinguished service. Linda joined Nationwide Children's in 2000, at a time when caregivers were using paper for medical documentation and the nursing staff was less than a third of its current size. During her tenure, Linda has transformed not only the size and scope of Nationwide Children's nursing practice, but also the academic excellence of our pre-eminent nursing team. With Linda's on-going leadership, Nationwide Children's has achieved the distinguished honor as Ohio's first pediatric hospital to achieve Magnet recognition four times. Stay tuned for additional opportunities to recognize Linda as she nears her retirement date.

#### HOMECARE UPDATE

#### Epic "Go Live" for Homecare is October 1

As noted last month, Homecare's Epic "Go Live" date is October 1. In just a couple weeks, all physicians and staff who access Epic within Nationwide Children's, or at practices using CareLink, will be able to view updated home visit documentation for Homecare and Hospice nursing, therapy, and social work visits.

Please note:

- Epic inbasket will be utilized for communicating patient needs, sending orders and plan of care documents for signature.
- Pharmacy-only and HME-only patient follow-up will continue to be via secure fax and phone with referring physicians and staff.

As Homecare and Hospice integrates with Epic, physicians will have access to new orders and experience updates to existing orders. Homecare referral orders have been consolidated and restructured. Please see the insert panel card in this month's mailing for more details.

Nationwide Children's staff can find additional Homecare countdown Epic information on our Homecare and Hospice - What's New page on ANCHOR. Community practices can access updates on our web page at **NationwideChildrens.org/ Homecare.**  Reminder to all that we are also counting down to the beginning of RSV Season. Please pull the Synagis 2019-2020 insert for referral updates and contact information for your staff.

Continue to visit **NationwideChildrens.org/Homecare** for support materials and updates on all Homecare services. Questions? Email **Carolyn.Figi@NationwideChildrens.org.** 

#### **EVENTS**

Highlights of Upcoming Conferences:

### Pivotal Conversations in Primary Care: Responding to Common Behavioral Health Scenarios

October 30, 2019 Nationwide Children's Hospital Stecker Auditorium

Hor d'Oeuvres and Networking at 5:30p.m.

Interactive Presentation 6-8 p.m.

Live streaming to Genesis, Zanesville, OH; Holzer Regional Medical Center, Gallipolis, OH and St. Rita's Hospital, Lima, OH

Register now for free! Visit **bit.ly/BruceMeyerLectureship** or call (614) 355-0650.

Join us as Ujjwal Ramtekkar, MD, provides a case based example of how pediatricians can integrate motivational strategies into pivotal conversations with caregivers who are experiencing a myriad of psychosocial factors that interfere with their ability to respond to a child's behavioral health challenges.

### **2019 Pediatric Sports Medicine and Orthopedics Conference**

#### November 22, 2019

OCLC Conference Center, 6600 Kilgour Pl., Dublin, OH

Register now! Early bird rates in effect until August 30.

For more information and to register, call (614) 355-0650 or visit **bit.ly/SportsMedConf.** 

Featuring afternoon tracks in Sports Medicine and Rehabilitation. Topics will include:

- Benefits & Risks of Organized Sports
- Sports Performance & Injury Prevention
- Shoulder Injuries
- Orthopedic Conditions of the Hip
- Golf Medicine
- Genetic Testing in Young Athletes
- Nutrition for Athletes with Special Dietary Needs
- Medical Illness in Sports
- Treating Hypermobility
- High Level Soccer Specific Rehabilitation

## Annual Pediatric Infectious Diseases Conference 38th Annual Dwight A. Powell Pediatric Infectious Diseases Conference

in conjunction with

## **36th Annual Pediatric Infectious Diseases Nursing Conference**

In Honor of the Retirement of Dr. Michael Brady In Conjunction with the Medical Alumni Reunion

April 24, 2020 – Conference April 24-25 - Alumni Reunion Events

To register, visit **http://bit.ly/2020ID.** Watch for more information at **NationwideChildrens.org/For-Medical-Professionals** or call (614) 355-0650.

A selection of next year's topics include:

- Acute Pneumonia
- Lyme Disease
- The Future of ID: New Drugs/Therapies on the Horizon
- Measles & Vaccine-Preventable Diseases
- Nursing Narratives
- Transdisciplinary Discussion Panel

Alumni Events: Friday Reception and Dinner & Saturday Family Fun Event

For more information about CME at Nationwide Children's visit NationwideChildrens.org/Continuing-Medical-Education-CME. To contact the CME Office email cmeoffice@ NationwideChildrens.org or call (614) 355-0650. For more information about Outreach courses, visit NationwideChildrens. org/Professional-Outreach-Education or call (614) 355-0669.

## Behavioral Health Webinar Series for Primary Care Providers

The Behavioral Health Webinar Series equips pediatricians with the knowledge and resources to support patients. Webinars will take place in 2019 on the following days:

- Wednesday, September 11, 2019 (12 p.m.)
- Wednesday, October 16, 2019 (12 p.m.)
- Thursday, November 14, 2019 (12 p.m.)

Up-to-date information can be found at **NationwideChildrens.** org/Specialties/Behavioral-Health/For-Providers/Webinar-Series. For more information or to receive email updates, contact Sherry.Fletcher@NationwideChildrens.org.

#### **GRAND ROUNDS & LOUNGE AND LEARN**

## **Pediatric Grand Rounds**

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium.

They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home* <sup>SM</sup> Centers, visit **NationwideChildrens.org/Maps-and-Directions.** 

#### Date Topic Speaker and Institution/Department

| 9/19  | Longitudinal Study of<br>Obesity in Children and<br>CV Complications  | Jennifer Li, MD; Duke<br>University   |
|-------|---|---|
| 9/26  | Long Term Outcomes<br>from Pediatric Critical<br>Illness  | R. Scott Watson, MD;<br>Seattle Children's<br>Hospital  |
| 10/3  | Nobody Steps in the<br>Same (Scioto) River<br>Twice: Navigating and<br>Negotiating Change in<br>Healthcare              | Lennox Huang, MD;<br>The Hospital for Sick<br>Children  |
| 10/10 | Caring for the Muslim<br>Patient  | Asma Mobin-Uddin,<br>MD; The Ohio State<br>University   |
| 10/17 | Disparities in Infant and<br>Maternal Morbidity and<br>Mortality among African<br>Americans and Other<br>Minority Women | James W. Collins, MD,<br>MPH; Northwestern<br>Medicine Feinberg<br>School of Medicine         |
| 10/24 | Physician Struggling<br>with Addiction  | Adam B. Hill, MD; Riley<br>Hospital for Children,<br>Indiana University<br>School of Medicine |
| 10/31 | 2019 Update on Gender<br>Medicine for the<br>Pediatric Provider   | Gayathri Chelvakumar,<br>MD; Nationwide<br>Children's Hospital                                |

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at **NationwideChildrens.org/ CME-On-Demand.** 

Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.

## Child & Adolescent Psychiatry and Behavioral Health Grand Rounds

# Upcoming Child & Adolescent Psychiatry and Behavioral Health Grand Rounds

• November 20; 4 to 5 p.m.

#### LOUNGE AND LEARN

Lounge and Learn will take place from 7:30 to 8:30 a.m. in the Medical Staff Lounge (Bruce Graham Lounge) – RH1031.

| Date  | Торіс   | Speaker                |
|-------|---|------------------------|
| 9/20  | Care & f/u of Hip<br>Dysplasia                        | Dr. Kevin Klingele     |
| 10/4  | Adoption Clinic Update                                | Dr. Aarti Chandawarkar |
| 10/18 | Dx and Rx of Pseudo<br>Seizures                       | Dr. Neil Kulkarni      |
| 11/1  | Review of Pertinent<br>General Pediatrics<br>Articles | Dr. Alex Kemper        |

## Don't Miss Out on 2019 Maintenance of Certification (MOC) Part 4 Credit

**New MOC Projects:** To get a new project approved for MOC Part 4 in 2019, you must submit all application materials no later than 10/25/2019.

**Physician Credit for MOC:** To get Part 4 credit for participating in an NCH-approved MOC project in 2019, you must submit an attestation form no later than 11/15/19.

For more information and forms, please see the ANCHOR MOC Page at http://anchor.columbuschildrens.net/maintenance-of-certification-1.

Send applications, attestation forms and questions to: Andrea Renner, QIE/MOC Coordinator Andrea.Renner@NationwideChildrens.org (614) 722-4969



Medical staff can sign-up to receive MedStat eAlerts once a month at NationwideChildrens.org/MedStat-Preferences-Form.

#### **2019 MEDICAL STAFF OFFICERS**

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