

Visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat) for additional information regarding many of these articles.

## NEWS YOU CAN USE

### Change in Lab Test Results Delivery

Effective June 1, 2019, the Department of Pathology and Laboratory Medicine will no longer mail paper copies of laboratory test results to Nationwide Children's clinics, primary care, emergency department and urgent care physicians. When a patient is seen in a Nationwide Children's Emergency Room or Urgent Care facility, the primary care physician will continue to receive the ED/AVS PCP report summary of the visit.

This decision was made as all Nationwide Children's clinics have transitioned to electronic reporting via Epic and patient laboratory results are filing automatically. It is also a conscious step towards a more eco-friendly environment and to reduce duplication of reports.

If you have questions regarding the discontinuation of paper copies of laboratory results, please contact Laboratory Client Services at (800) 934-6575 or (614) 722-5477.

## PRIMARY CARE MATTERS

*Primary Care Matters is a guest column written for MedStat by a local pediatrician or primary care provider.*

### Establishing an Urgent Care Model in a Primary Care Office – Setting a Decade of Success and Productivity

*Written by Brad Pfau, MD, FAAP*

As primary care providers, we are always looking for more effective ways to see an increased volume of acutely ill patients more efficiently. However, our 9 a.m. to 5 p.m. schedule frequently doesn't mesh with the working parents of our patients who don't want to remove their kids from school or leave work. As with many pediatric practices, our parents wish to schedule appointments from 3 p.m. to 5 p.m. after they get a call from the school or childcare that their child has become ill.



Dennis R. Durbin,  
MD, MSCE

## FEATURED PHYSICIAN

**Dennis R. Durbin, MD, MSCE** is the chief scientific officer at Nationwide Children's and a professor of Pediatrics at The Ohio State University College of Medicine. In this role, he oversees the operations of The Research Institute at Nationwide Children's and provides broad faculty development support to the nearly 150 faculty conducting a broad portfolio of research there. Dr. Durbin is also a physician on staff in the Emergency Department.

Until early 2018, he had been on the University of Pennsylvania faculty for over 20 years as a clinician and scientist. Dr. Durbin is an internationally recognized injury epidemiologist whose research has focused on the prevention of motor vehicle occupant injuries to children and the prevention of teen driver crashes. He has over two decades of experience with traffic safety research and developing the evidence base for child and adolescent traffic safety interventions and extensive experience translating research findings into policy and practice. He has served on the Committee for Injury, Violence and Poison Prevention of the American Academy of Pediatrics during which time he was the lead author on the Academy's revised policy statement on child passenger safety.



*When your child needs a hospital, everything matters.<sup>SM</sup>*

Considering the high volume need for after-hours care for sick patients, we developed an idea to see patients before our office hours to minimize the after-hours appointments and even after-hours calls through the night. We also had to be sensitive to the needs of our staff so as not to overburden them. Hence, approximately a decade ago, we developed what we termed a Morning Sick Clinic by opening the practice at 7:30 a.m. for one hour as a walk-in, no-appointment-needed clinic for acutely ill patients.

Astonishingly, it has proven to be the most profitable improvement we have made to the practice, and also the most well-received and complimented part of our office by patients and parents

*To continue reading Dr. Pfau's article, visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat)*

## INNOVATION AND DISCOVERY

Read more news from The Research Institute at [NationwideChildrens.org/Research-News](http://NationwideChildrens.org/Research-News). Additional information on these topics at [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).

## Acid Reflux Index Severity Alone Should not Determine GERD Diagnosis

Gastroesophageal reflux disease (GERD) has long been thought to be determined by the amount of stomach acid refluxing into the esophagus but a study by the Center for Perinatal Research and Division of Neonatology at Nationwide Children's shows stomach acid appears to have little to do with GERD. The study also indicates that GERD symptoms, some of which are not troublesome to infants, can be generated by trivial stimuli and therefore diagnosis should not rely on symptoms alone.

## What Pediatric Care Providers Need to Know About Kratom

The herbal supplement kratom has become a popular treatment for pain, depression, anxiety and opioid withdrawal in recent years. A study by the Center for Injury Research and Policy and Central Ohio Poison Center at Nationwide Children's shows kratom is increasingly a source of toxic exposures — including causing neonatal abstinence syndrome in newborns whose mothers used the supplement during pregnancy or while breast-feeding. Learn more about the findings as well as suggestions for primary care physicians at [PediatricsNationwide.org](http://PediatricsNationwide.org).

## Keeping Young Patients with Congenital Heart Disease Connected to Care

Due to medical advances over the past two decades, more children with congenital heart disease are surviving into adulthood. Despite the critical importance of routine surveillance and follow-up care to patients' health, lapses in care are prevalent among these survivors by age 5. Nonwhites, Medicaid patients and patients with less severe diagnoses all have an elevated risk for lapse in care, research led by the Center for Biobehavioral Health and The Heart Center at Nationwide Children's found. Learn more at [PediatricsNationwide.org](http://PediatricsNationwide.org).

## AWARDS AND RECOGNITION

**Mahmoud Kallash, MD**, has received the esteemed designation of Nephrotic Syndrome Specialist from NephCure Kidney International. Nephrotic syndrome can cause significant morbidity, especially infections, and needs to be treated properly. The Nephrotic Syndrome Specialists (NSS) program was developed in recognition that it is critically important for patients with nephrotic syndrome to be seen by experts early in their diagnoses. The goal of a Nephrotic Syndrome Specialists is to improve patients' quality of life and to advance critical research.

## You're Invited: CCPR 5 Year Anniversary Open House

Wednesday, May 29, 2019  
12 p.m. to 2 p.m.  
Nationwide Children's Hospital, Galaxy Lounge, 6th Floor

Join our Center for Colorectal and Pelvic Reconstruction staff as we celebrate this milestone with refreshments. No need to RSVP. Questions? Contact Julie Choueiki at [Julie.Choueiki@NationwideChildrens.org](mailto:Julie.Choueiki@NationwideChildrens.org).

## Symposium Honoring the Career of Denis R. King, MD

June 22, 2019;  
8 a.m. to 3 p.m.

Stecker Auditorium, Nationwide Children's Hospital

Join the Department of Pediatric Surgery in honoring Dr. Denis King as he approaches retirement. You must RSVP to attend this event. To RSVP, please visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).

## MOMENTS IN HISTORY

- 1916 – Nationwide Children's, then Columbus Children's Hospital, becomes affiliated with The Ohio State University
- 1916 – Dental Clinic established
- 1921 – 61 medical students have observations at Nationwide Children's, then Columbus Children's Hospital

## HEMOCARE UPDATE

### Using Massage and Music Therapy in Pediatric Home-Based Care

Nationwide Children's Hospital Hospice and Home-Based Palliative Care team provides music and massage therapies to support patient and family goals of increasing quality of life. Pediatric patients dealing with life-limiting and terminal illnesses often receive music and/or massage therapies to promote healing, and relaxation.

The gentle application of massage therapy uses systematic touch, focusing on specific areas of the body, or the whole body. With pediatric hospice and palliative care patients the goal is to reduce pain, stress, and anxiety, while increasing relaxation and circulation.

Interventions with music therapy can address non-musical goals, and the type of intervention varies based on the needs of the patient. Interventions may include singing, playing an instrument, discussing lyrics, song writing, or musical games. The result of these musical interactions is to provide pain management, sensory stimulation, and positive interactions between patient and family.

When massage and music therapy are combined, patients often show remarkable outcomes, as their interactions become more positive with their caregivers and family.

Visit [NationwideChildrens.org/Homecare](http://NationwideChildrens.org/Homecare) to learn more about Pediatric Home-based Hospice and Palliative Care.

## EVENTS

### Highlights of Upcoming Conferences:

### Communicating Medicine: Harnessing the Power of Social Media in Healthcare

June 14, 2019

Nationwide Children's Hospital, Stecker Auditorium

For more information or to register, call (614) 355-0650 or visit <http://bit.ly/SoMe2019>.

Presentations and hands-on workshops will inform health care providers on using social media to grow their practice, improve their patient relationships and address situations where social media can be used to place them in a negative light.

### 2019 Clinical and Scientific Advances in Urinary Tract Infections Conference

June 28-30, 2019

Hyatt Regency Columbus, 350 North High Street, Columbus, Ohio 43215

For more information or to register, call (614) 355-0650 visit <http://bit.ly/2019UTIConference>.

Keynote speakers will include:

- Matthew Mulvey, PhD, University of Utah
- Mark Schembri, BSc, PhD, University of Queensland
- Barbara Trautner, MD, PhD, Baylor College of Medicine
- David Hunstad, MD, Washington University in St. Louis.

### 2019 Pediatric Feeding Conference: Interdisciplinary Care of Complex Pediatric Dysphagia

July 26-27, 2019

Crown Plaza, Columbus, OH

For more information or to register, call (614) 355-0650 or visit <http://bit.ly/2019Feeding>.

This conference will examine the interdisciplinary assessment and treatment of complex pediatric dysphagia. Our intended audience includes physicians, nurses, fellows, psychologists, social workers, occupational therapists, speech-language pathologists, dietitians and early intervention specialists.

*For more information about CME at Nationwide Children's visit [NationwideChildrens.org/Continuing-Medical-Education-CME](http://NationwideChildrens.org/Continuing-Medical-Education-CME). To contact the CME Office email [cmeoffice@NationwideChildrens.org](mailto:cmeoffice@NationwideChildrens.org) or call (614) 355-0650. For more information about Outreach courses, visit [NationwideChildrens.org/Professional-Outreach-Education](http://NationwideChildrens.org/Professional-Outreach-Education) or call (614) 355-0669.*

# Behavioral Health Webinar Series for Primary Care Providers

The Behavioral Health Webinar Series equips pediatricians with the knowledge and resources to support at-risk patients. Webinars will take place in 2019 on the following days:

- Wednesday, June 12, 2019
- Thursday, September 12, 2019
- Wednesday, October 16, 2019
- Thursday, November 14, 2019

Up-to-date information can be found at [NationwideChildrens.org/Specialties/Behavioral-Health/For-Providers/Webinar-Series](http://NationwideChildrens.org/Specialties/Behavioral-Health/For-Providers/Webinar-Series). For more information or to receive email updates, contact [Megan.Rhodes@NationwideChildrens.org](mailto:Megan.Rhodes@NationwideChildrens.org).

## GRAND ROUNDS & LOUNGE AND LEARN

### Pediatric Grand Rounds

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium.

They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home*<sup>SM</sup> Centers, visit [NationwideChildrens.org/Maps-and-Directions](http://NationwideChildrens.org/Maps-and-Directions).

Date	Topic	Speaker and Institution/Department
5/23	How to Manage Chronic Pain in Children	Laura Schanberg, MD, Duke University
5/30	Constipation in Children with Autism	Kent Williams, MD, Nationwide Children's
6/6	Exercise Prescriptions for Kids	James MacDonald, MD, Nationwide Children's
6/13	Down Syndrome	Murugu Manickam, MD, Nationwide Children's
6/20	Medicaid Reform and First 1000 Days: Opportunity for New York and Ohio	Suzanne Brundage, MD, NYC Health and Hospitals-Bellevue
7/11	The Science Related to Implicit Bias	Quinn Capers, MD, Nationwide Children's
7/18	Adaptive Sports Medicine: Competitive Inclusion and Care of Athlete's with Disabilities	Jonathan Napolitano, MD, Nationwide Children's

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at [NationwideChildrens.org/CME-On-Demand](http://NationwideChildrens.org/CME-On-Demand).

*Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.*

## Child & Adolescent Psychiatry and Behavioral Health Grand Rounds

### Recognition and Management of Common Pediatric Sleep Disorders

Presented by Robert Kowatch, MD, PhD  
May 15, 2019; 4 to 5 p.m.  
Discovery Auditorium (Broadcasting to LAC 1A, Dublin CTH, East CTH, 185 & 187 W. Schrock Rd.)

Upcoming Child & Adolescent Psychiatry and Behavioral Health Grand Rounds

- August 28; 4 to 5 p.m.
- November 20; 4 to 5 p.m.

## LOUNGE AND LEARN

Lounge and Learn will take place from 7:30 to 8:30 a.m. in the Medical Staff Lounge (Bruce Graham Lounge) – RH1031.

Date	Topic	Speaker
5/17	Retirement & View of Columbus	Dr. Steve Allen
<i>Lounge and Learn breaks for the summer.</i>		

## Don't Miss Out on 2019 Maintenance of Certification (MOC) Part 4 Credit

**New MOC Projects:** To get a new project approved for MOC Part 4 in 2019, you must submit all application materials no later than 10/25/2019.

**Physician Credit for MOC:** To get Part 4 credit for participating in an NCH-approved MOC project in 2019, you must submit an attestation form no later than 11/15/19.

For more information and forms, please see the ANCHOR MOC Page at <http://anchor.columbuschildrens.net/maintenance-of-certification-1>.

Send applications, attestation forms and questions to:  
Andrea Renner, QIE/MOC Coordinator  
[Andrea.Renner@NationwideChildrens.org](mailto:Andrea.Renner@NationwideChildrens.org)  
(614) 722-4969









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CHILDREN'S**

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