

Visit NationwideChildrens.org/MedStat for additional information regarding many of these articles.

NEWS YOU CAN USE

Free Program for Parents

The Positive Parenting Program (Triple P) gives parents of children ages birth to age 8 new skills to raise confident, healthy children and to build stronger family relationships. It helps parents prevent problems from occurring in the first place and manage misbehavior. This program is available in central Ohio as individual workshops or an eight-week group series. It is the most extensively studied, evidence-based parenting program. This program is free. No referral is required. See upcoming dates, registration information and learn more at NationwideChildrens.org/TripleP.

PRIMARY CARE MATTERS

Primary Care Matters is a guest column written for MedStat by a local pediatrician or primary care provider.

Building Community as a Small-Town Pediatric Practice

Written by Cheryl Kirkby, MD, a pediatrician at Mill Valley Pediatrics

When I wrote my admission essay for medical school, I described my dream job as being a pediatrician in a small town. I wanted my practice to be close to a bigger city, but still have a rural feel. Through a series of twists and turns, I ended up with this very career! So, when I was asked to write an essay on the perks and challenges of being a pediatrician in a small town setting, I was happy to do so.

I have the privilege of practicing in the community of Marysville. Marysville is a city along Columbus's growing north-west corridor. It has a population of about 24,000 with about 1/3 of the population being under the age of 18. The population has a wide variety of socio-economic and education



Catherine Dent Krawczeski, MD

FEATURED PHYSICIAN

Catherine Dent Krawczeski, MD has joined Nationwide Children's Hospital as division chief of Cardiology. An accomplished physician-scientist, Dr. Krawczeski's research primarily focuses on acute kidney injury following cardiac surgery and interventions for congenital heart disease. She has served as a principal investigator or co-investigator on more than 10 funded grants since 2004, with seven supported by the National Institutes of Health.

Dr. Krawczeski, who will also be a professor at The Ohio State University College of Medicine, received her medical degree from the University of Missouri-Kansas City. She served as a pediatric resident and pediatric chief resident at St. Louis Children's Hospital at Washington University, where she completed fellowships in pediatric critical care medicine and pediatric cardiology. Dr. Krawczeski was most recently the James Baxter and Yvonne Craig Wood Endowed Medical Director of the Cardiovascular Intensive Care Unit and director of the Pediatric Cardiology Fellowship Program at Lucile Packard Children's Hospital Stanford in Palo Alto, California.



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levels. We also have patients from smaller communities surrounding Marysville, with some of them driving over an hour to come to our practice.

To continue reading Dr. Kirkby's article, visit [NationwideChildrens.org/MedStat](https://www.nationwidechildrens.org/MedStat)

FEATURED PROGRAM

Global Patient Services

To better support our traveling patients and families, we're proud to announce an expansion of our Welcome Center now named Global Patient Services.

Global Patient Services creates individualized plans for our traveling patients and families and supports them throughout their care at Nationwide Children's. To ensure accommodations are seamless and appropriate, team members account for all aspects of the patient's experience including coordination of appointments and care, financial coordination, and any individual needs.

From arrival to a safe transition back home, our goal is to offer quality care and support that fulfills each family's unique needs. In addition, we provide support to service lines and physicians throughout the patient's journey.

For families traveling within the United States, we will continue to offer coordination of lodging and other concierge services. For our international patient families, we will now offer an expanded range of services including:

- Clinical triage
- Financial coordination and clearance
- Care coordination
- Concierge services
- Complete intake process prior to patient arrival
- Whole chart review
- Direct contact for families
- Ensure goals of care are being met
- Discharge care/follow up in home country
- Psychosocial assessment
- Coordination with Social Work, Ronald McDonald Housing, Interpreter Services, Immigration Coordinator, Government Relations, Revenue Cycle, and Payer Relations

Do you have a patient family traveling to Nationwide Children's for care? Connect them to Global Patient Services via email GlobalPatientServices@NationwideChildrens.org or online at [NationwideChildrens.org/Global-Patient-Services](https://www.nationwidechildrens.org/Global-Patient-Services)

INNOVATION AND DISCOVERY

Read more news from The Research Institute at [NationwideChildrens.org/Research-News](https://www.nationwidechildrens.org/Research-News). Addition

information on these topics at [NationwideChildrens.org/MedStat](https://www.nationwidechildrens.org/MedStat).

Acid Suppression Should Not Be the First Treatment for Infants With Reflux

Studies fail to support the use of acid-suppression medications in infants with gastroesophageal reflux, a data review led by Steven Ciciora, MD, director of the division of educational activities in the Division of Gastroenterology, Hepatology and Nutrition at Nationwide Children's, found. In fact, a number of studies indicate the drugs may be associated with harmful effects in young children. New clinical guidelines emphasize use of non-pharmacologic treatments, such as thickening feeds or altering formula, and clear communication with caregivers. To learn more, visit [NationwideChildrens.org/MedStat](https://www.nationwidechildrens.org/MedStat).

New Tool Can Help Physicians Identify Child Sex Trafficking Victims

A new study found that more than one in 10 minors visiting emergency departments, child advocacy centers and teen clinics for sexual trauma or assault are victims of child sex trafficking (CST). The research, led by Mary Jo Bowman, MD, attending physician in emergency medicine at Nationwide Children's, used one of the first CST screening tools specifically developed and evaluated in a health care setting. The researchers hope to expand use of the tool to other providers, particularly to address children with behavioral or mental health issues that may increase risk.

Insulin Resistance May Cause More Frequent, Complex UTIs in People With Diabetes

Children and adults with diabetes suffer more frequent and complex urinary tract infections compared to the general population. Excess glucose in the urine has long been considered the cause, but new research led by John David Spencer, MD, a nephrologist and principal investigator in the Center for Clinical and Translational Research at Nationwide Children's, indicates that may not be the case. The researchers show that insulin resistance results in a lowering of natural defenses and suggest resistance alone or in combination with excess glucose lead to susceptibility.

POSTIVITE COMMENT

Dear Steve Allen (CEO),

Our long and stressful journey began when we were told that our 5-year-old grandson had a birth defect in his heart. The operation was a success and Dr. Sergio Carrillo visited with our grandson and family each day of his stay. I have never met such a caring and humble individual as this man. In fact, the entire

staff of Nationwide Children's from the moment we arrived until the day we left were so kind and caring. They also wanted to make sure we (all of us) were ok, and they were there for us as well. I can't remember all their names. I wish I could, but you sir should be so proud. God has blessed your hospital and was with the entire medical staff who attended to our grandson during his surgery. But, most importantly, God was with our grandson.

God bless,

Appreciative Grandparents

HEMOCARE UPDATE

New Year, New Process for Homecare Medical Equipment Fulfillment

Homecare has a new process for fulfilling Homecare Medical Equipment (HME) referral orders. The new process enables staff to ensure appropriate equipment, formula or other supplies are being received by the appropriate families in the time frame requested. This new process includes contacting the referring physician and/or practice if there are any difficulties in contacting families to confirm their location and patient information.

Once the referral order is processed, an HME Ordering Specialist calls the family to coordinate delivery. If there is no answer or response from the family, a second call is made the next day. If contact with the patient's family has still not been completed, a third and fourth attempt are made. If by the fourth attempt no contact can be made to confirm patient information and family location, Homecare will consult the referring physician, or practice with the documented attempts to contact and deliver the HME supplies requested.

Using this new process, Homecare hopes to work as One Team to ensure best outcomes and an improved patient experience. Any questions or concerns regarding this process, please call (614) 355-1100.

MOMENTS IN NATIONWIDE CHILDREN'S HISTORY

Dr. Leslie Bigelow was a surgeon and chief of staff at Children's Hospital prior to being named acting Dean at The Ohio State University Medical School around 1940. He once said, "What we are doing here, all of us who work at Children's Hospital, quite simply, is to be kind and generous to children who are in need of help. And that in a world where there is so much unkindness, a little generosity is a very important thing."

EVENTS

Highlights of Upcoming Conferences:

When Breakfast Tastes Like Failure: An interdisciplinary approach to adolescent eating disorders

Dinner and networking at 5:30 p.m. | Program 6-8:00 p.m.
March 7, 2019
Nationwide Children's Hospital, Stecker Auditorium

Livestreaming to:

- Genesis, Zanesville, OH
- Marysville Close To Home Center
- Ohio University Heritage College of Osteopathic Medicine, Athens, OH
- Westerville Close To Home Center

For more information and to register, visit bit.ly/BH_MARCH19 or call (614) 355-0650.

In this free interactive session, the criteria and diagnosis of eating disorders as well as considerations for assessing medical stability and referral will be reviewed. We'll have presentations from a robust, interdisciplinary panel including the patient and family perspective, all available for question and answer interactions with participants.

Annual Pediatric Infectious Diseases Conference

37th Annual Dwight A. Powell Pediatric Infectious Diseases Conference

in conjunction with 35th Annual Pediatric Infectious Diseases Nursing Conference

April 12, 2019

The Fawcett Event Center at The Ohio State University, Columbus, Ohio

For more information and to register, visit <http://bit.ly/2019ID> or call (614) 355-0650.

Nationally recognized speaker Dr. Sarah S. Long, a professor of Pediatrics at Drexel University College of Medicine and chief of the Section of Infectious Diseases at St. Christopher's Hospital for Children in Philadelphia, will be presenting "Vaccine Policy 2019: Between Rocks and Hard Places" and "The Year's Top ID Articles for the Practitioner."

A selection of this year's topics include:

- Spectrum of Streptococcus pyogenes infections
- Kingella kingae infections

- A primer of the respiratory viruses
- Nursing narratives
- Disseminated MRSA – A Transdisciplinary Discussion

Up-to-date information can be found at **NationwideChildrens.org/Specialties/Behavioral-Health/For-Providers/Webinar-Series**. For more information or to receive email updates, contact **Megan.Rhodes@NationwideChildrens.org**.

2nd Early Childhood Wellness and Nutrition Symposium

Managing Extremes of Weight and Nutritional Deficiencies in Young Children: What is the Role of Multisector Integration?

April 18, 2019

Nationwide Children's Hospital, Stecker Auditorium

For more information and to register, visit **bit.ly/Nutrition2019** or call (614) 355-0650.

Topics will include:

- State of the art evidence on health conditions related to extremes of weight (under and overnutrition) among young children.
- Management of health conditions related to extremes of weight (under and overnutrition) among young children within the context of multi sector integration.
- Opportunities for multisector networking and collaboration for attendees who work with young children and their families.

*For more information about CME at Nationwide Children's visit **NationwideChildrens.org/Continuing-Medical-Education-CME**. To contact the CME Office email **cmeoffice@NationwideChildrens.org** or call (614) 355-0650. For more information about Outreach courses, visit **NationwideChildrens.org/Professional-Outreach-Education** or call (614) 355-0669.*

Behavioral Health Webinar Series for Primary Care Providers

The Behavioral Health Webinar Series equips pediatricians with the knowledge and resources to support at-risk patients. Webinars will take place in 2019 on the following days:

- Wednesday, February 13, 2019
- Thursday, April 11, 2019
- Wednesday, June 12, 2019
- Thursday, September 12, 2019
- Wednesday, October 16, 2019
- Thursday, November 14, 2019

GRAND ROUNDS & LOUNGE AND LEARN

Pediatric Grand Rounds

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium.

They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home* SM Centers, visit **NationwideChildrens.org/Maps-and-Directions**.

Date	Topic	Speaker and Institution/Department
1/10	Pediatric Topic	Michael Silverstein, MD; Boston Medical Center, Boston University School of Medicine
1/17	Lindsay's Law: Sudden Cardiac Arrest in Athletes	Naomi Kertesz, MD and Anastasia Fischer, MD; Nationwide Children's
1/24	Neonatology Topic	John A. F. Zupancic, MD; Harvard Medical School, Beth Israel Deaconess Medical Center
2/7	When Teeth go Bump in the Night	Janice Townsend, MD; Nationwide Children's
2/14	Love, Vulnerability, and Leadership	Richard Kirschner, MD; Love, Vulnerability, and Leadership
2/21	Because all we have is each other: Why all pediatricians need to be effective advocates for kids	Benn Hoffman, MD; Oregon Health Sciences University, Doerenbecher Children's Hospital
2/28	Update on BPD Bronchial Pulmonary Dysplasia	Edward Shepherd, MD; Nationwide Children's

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at **NationwideChildrens.org/CME-On-Demand**.

Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.

LOUNGE AND LEARN

Lounge and Learn will take place from 7:30 to 8:30 a.m. in the Medical Staff Lounge (Bruce Graham Lounge) – RH1031.

Date	Topic	Speaker
1/18	What/When to order Genetic Testing	Dr. Kim McBride
2/1	PFK and Your Practice	Dr. Sean Gleeson



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Medical staff can sign-up to receive MedStat eAlerts once a month at **[NationwideChildrens.org/MedStat-Preferences-Form](https://www.nationwidechildrens.org/MedStat-Preferences-Form)**.

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