

Visit NationwideChildrens.org/MedStat for additional information regarding many of these articles.

NEWS YOU CAN USE

Medical Specialty Clinic Patient Referral Form Update

The Medical Specialty Clinic referral form now includes a field outlining the type of request needed:

- New patient consultation
- New patient transfer of care
- Second opinion request from a provider

Please replace this updated form in your referral requests moving forward. If you need further information please contact your physician liaison at NationwideChildrens.org/Physician-Liaisons.

New Rules on Prescribing Opioid Analgesics for Treatment of Sub-Acute and Chronic Pain

The Ohio Boards of Medicine, Nursing, and Dentistry released

new rules for prescribing opioid analgesics for the treatment of sub-acute and chronic pain. The new rules went into effect on December 23, 2018. Additional details can be found on the State Medical Board's Prescriber Resources page, which contains links to the physician regulations and an overview of the prescribing requirements. Nationwide Children's will be rolling out additional provider support for these regulations in the coming weeks, including Epic updates, an ANCHOR resource page, and updated forms. For links to these resources, visit NationwideChildrens.org/MedStat.

Updated Information on Medicaid Preferred Drug List, Coverage Updates

Did you know that Ohio's five Medicaid Managed Care Organizations (MCOs) update and maintain their own individual drug formularies, which typically change on a quarterly basis? Partners For Kids pharmacists regularly advocate to the plans regarding pediatric conditions and access to the medications needed to treat them for inclusion on that MCOs' specific formulary. Check out the changes in



John David Spencer, MD

FEATURED PHYSICIAN

John David Spencer, MD, has recently been named the division chief of Nephrology at Nationwide Children's. Dr. Spencer is also a principal investigator in the Center for Clinical and Translational Research in The Research Institute at Nationwide Children's Hospital and an associate professor of Pediatrics at the Ohio State University College of Medicine. A nationally recognized physician-scientist, Dr. Spencer's research primarily focuses on basic and translational science related to antimicrobial peptides biology in the urinary tract. Dr. Spencer has authored more than 30 peer-reviewed publications, book chapter and invited papers. He has lectured extensively nationally and internationally and is a member of the Research and Public Policy committees of the American Society of Pediatric Nephrology.

Dr. Spencer received his medical degree from the Indiana University School of Medicine and completed a residency in pediatrics at Le Bonheur Children's Hospital in Memphis, TN, where he served as chief resident. Following residency, he came to Nationwide Children's Hospital as a nephrology fellow, completed his training in 2012, and joined the faculty here.



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the Ohio Managed Medicaid Preferred Drug List, effective January 1, and a summary of coverage updates. For questions about the prescribing resources, please email PFKPharmacy@NationwideChildrens.org.

Guidelines for Respiratory Virus Testing

In the midst of influenza season, the Nationwide Children's Laboratory Services has updated their Guidelines for Respiratory Virus Testing. The Centers for Disease Control and Prevention recommend ordering respiratory virus laboratory testing (RVLT) for patient being admitted to the hospital with influenza symptoms or patients whose clinical management would be influenced by test results. Patients at risk for complications who have a clinical diagnosis of influenza may benefit from starting empiric antiviral treatment. Patients hospitalized during influenza season with influenza-like illness should also start empiric antiviral treatment while molecular assays are pending.

To reference the updated decision tool and available testing, visit NationwideChildrens.org/Laboratory-Services. Local weekly respiratory pathogen trends are also provided on this page.

The Center for Family Safety and Healing – Adult Services

According to the American Psychological Association, children who witness domestic violence are more likely to experience depression, anxiety, nightmares, teen dating violence and disruptions at school. At Nationwide Children's, we see these children every day, whether they come through the ED, participate in therapeutic programming related to domestic violence, or come in for primary care. Unfortunately, children with complex medical or mental health conditions may also continue to experience domestic violence home. The Adult Services Department at The Center for Family Safety and Healing provides advocacy, therapy, and legal services to adults who are survivors of domestic violence. This is a unique resource providing wrap around, holistic domestic violence services to our patient families, employees and adults in the community. To learn more about our program or set up domestic violence education for your department, please reach out to Adult Services Intake at (614) 722-8293 or email AdultServicesIntake@FamilySafetyandHealing.org. Thank you for all you do to keep our patients and their families safe.

Download the Recently Updated Physician Connect App

Developed with physicians in mind, the Physician Connect App provides direct access to Nationwide Children's specialists and expert pediatric content. With the app, physicians can:

- Access free CME On Demand, CME opportunities

and Medical Grand Rounds

- View the latest protocols and guidelines to help identify, diagnose and manage pediatric conditions from specialties such as Behavioral Health, Heart, Gastroenterology and Surgical Services
- Quickly access tools such as
 - o Hypertension calculator
 - o BiliTool
 - o BMI calculator
 - o STI guidelines
 - o LactMed
 - o MedLine Plus
- Make a referral right from the home screen
- Message directly and securely with our specialists

Download the app from the App Store or Google Play. *You will need to download the app again if you have a version prior to December 2018.*

PRIMARY CARE MATTERS

Primary Care Matters is a guest column written for MedStat by a local pediatrician or primary care provider.

How Learning About Leadership Helped Me and My Practice

Written by Jennifer J. Mastruserio, MD

I'm not certain what made me do it. Perhaps it was just wanting to inject something new into the veins after 20+ years in private practice. Maybe it was wanting to learn more about my leadership style. Maybe it was just pure whimsy. But, the decision to join Nationwide Children's year-long Medical Leadership Program led to an experience that will help guide me as I continue to grow as a doctor committed to the Columbus health care community.

To continue reading Dr. Mastruserio's article, see the insert in your packet or visit NationwideChildrens.org/MedStat.

INNOVATION AND DISCOVERY

Read more news from The Research Institute at NationwideChildrens.org/Research-News. Additional information on these topics at NationwideChildrens.org/MedStat.

Concussion is Associated With a 2x Higher Risk of Suicide

People who suffer a concussion and/or mild traumatic brain injury are twice as likely to commit suicide as people who don't suffer such head trauma, a meta-analysis of 17 studies shows. The meta-analysis, led by Todd J. Karsies, MD, MPH, a critical care physician at Nationwide Children's, also found those who

suffer concussion and/or mild TBI consistently are at higher risk to attempt suicide and have suicidal ideation compared to the uninjured. Dr. Karsies says providers must consider suicide as a possible outcome of concussion in a small subset of the population.

Growth Hormone Also Has Metabolic Benefits

In cases of growth hormone deficiency, metabolic abnormalities such as nonalcoholic fatty liver disease, may develop. In his review of adult and pediatric studies, Rohan Henry, MD, MS, an endocrinologist at Nationwide Children's Hospital, found that growth hormone has metabolic aspects that remain important after linear growth, including improvements to glucose dysregulation, lipid profile and quality of life measures. To set patients up for a healthy life in the future, Dr. Henry says pediatric practitioners should stress patients adhere to their growth hormone regimen.

Should "Non-High Risk Patients" With Uncomplicated Influenza be Given Antivirals?

The Centers for Disease Control and Prevention clearly recommends that hospitalized, severely ill and high-risk patients with suspected or confirmed influenza should be treated with antivirals. But, what about people who don't fit within these categories? Michael Brady, MD, an infectious disease specialist at Nationwide Children's, offers a list of factors that physicians should use in making a judgement. The factors may also provide a basis for talking with parents about a conservative course of action in uncomplicated and low-risk cases. Learn more in this at NationwideChildrens.org/MedStat.

AWARDS & RECOGNITION

2019 Physician Recognition Award Nominations

The Medical Staff Recognition Committee is accepting nominees for the 2019 Career Contribution Awards, Golden Stethoscope Awards and Art of Medicine Awards. The recipients of these awards will be recognized at the Physician Recognition Awards event on Wednesday, September 25. Guidelines and nomination forms can be found in your *MedStat* packet or at NationwideChildrens.org/MedStat. Please send nominations to the Medical Staff Office by March 31 via fax (614) 722-6761 or email Yvonne.Jackson@NationwideChildrens.org.

Help Us Recognize Steve Allen by Sharing Your Thoughts

This June, Steve Allen will retire after nearly 13 years as CEO of Nationwide Children's Hospital. Under his leadership, the hospital has seen unprecedented growth and countless accomplishments. To help us honor Steve's efforts, we are asking physicians and employees to share what they love about the hospital today and how we will carry Nationwide Children's into the future. In 50 words or less, share your stories, favorite memories, photos, etc. Submissions will be compiled into a keepsake book.

Prompts to consider:

- What do you love about where the hospital is today?
- What are you most excited about for our future?
- How has Steve's influence created best outcomes in what you do?
- How has working as one team helped you deliver best outcomes?
- Which Nationwide Children's Value is most meaningful to you?
- How has Steve impacted the patients and families we serve?

To participate, email your name, department and submission to EverythingMatters@NationwideChildrens.org.

POSTIVITE COMMENT

You are the absolute best! You have helped us in so many ways! We appreciate you lots and lots! Thank you for always being so amazing!

New Anthem Payor Contract and Lewis Center Store Updates

Homecare is now contracted directly with Anthem for all services, except infusion pharmacy and injectables, which are in review. Homecare will announce once those two services are covered. Currently, patients covered by Anthem can receive intermittent nursing, therapies, private duty nursing, homecare medical equipment, palliative care and hospice services.

In addition, Homecare's Medical Equipment and Supplies Store in Lewis Center has added more therapy supplies to answer family needs for over-the-counter feeding supplies, therapy and aid to daily living supplies for babies, children and young adults. An updated inventory is online. Homecare's over-the-counter items are competitively priced, can be purchased with a debit or credit card, and are backed by Homecare's 24/7 on-call homecare medical equipment personnel. Questions about the store or available supplies can be directed to (614) 355-7911.

Homecare's Payor Matrix, listing all contracts, along with information on services is available at NationwideChildrens.org/Homecare.

EVENTS

Highlights of Upcoming Conferences:

When Breakfast Tastes Like Failure: An Interdisciplinary Approach to Adolescent Eating Disorders

Dinner and networking at 5:30 p.m. | Program 6-8:00 p.m.
March 7, 2019
Nationwide Children's Hospital, Stecker Auditorium

Livestreaming to:

- Genesis, Zanesville, OH
- Marysville *Close To Home* Center
- Ohio University Heritage College of Osteopathic Medicine, Athens, OH
- Westerville *Close To Home* Center

For more information and to register, visit bit.ly/BH_MARCH19 or call (614) 355-0650.

In this free interactive session, the criteria and diagnosis of eating disorders as well as considerations for assessing medical stability and referral will be reviewed. We'll have presentations from a robust, interdisciplinary panel including the patient

and family perspective, all available for question and answer interactions with participants.

Office-Based Treatment for Opioid Use Disorders

March 23rd, 2019

Nationwide Children's Hospital, Education Room ED131

For more information and to register, call (614) 722-6061 or visit bit.ly/2RXOJDg.

Join us in battling the opioid epidemic! This free 8-hour course will allow you to become a certified Medication Assisted Treatment (MAT) waived DATA 2000 provider and able to prescribe buprenorphine for patients who have an addiction to opioids such as heroin, fentanyl and prescription opioids. Our presenters are Dr. Andrea Bonny and Dr. Steven C. Matson from the Medication Assisted Treatment for Addiction Program at Nationwide Children's Hospital.

Annual Pediatric Infectious Diseases Conference

37th Annual Dwight A. Powell Pediatric Infectious Diseases Conference

in conjunction with 35th Annual Pediatric Infectious Diseases Nursing Conference

April 12, 2019
The Fawcett Event Center at The Ohio State University, Columbus, Ohio

For more information and to register, visit <http://bit.ly/2019ID> or call (614) 355-0650.

Nationally recognized speaker Dr. Sarah S. Long, a professor of Pediatrics at Drexel University College of Medicine and chief of the Section of Infectious Diseases at St. Christopher's Hospital for Children in Philadelphia, will be presenting "BOLO (Be on the Lookout): New Insights into Infectious Diseases" and "The Year's Top ID Articles for the Practitioner." A selection of this year's topics include:

- Spectrum of Streptococcus pyogenes infections
- Kingella kingae infections
- A primer of the respiratory viruses
- Nursing narratives
- Disseminated MRSA – A Transdisciplinary Discussion

2nd Early Childhood Wellness and Nutrition Symposium

Managing Extremes of Weight and Nutritional Deficiencies in Young Children: What is the Role of Multisector Integration?

April 18, 2019

Nationwide Children's Hospital, Stecker Auditorium

For more information and to register, visit bit.ly/Nutrition2019 or call (614) 355-0650.

Topics will include:

- State of the art evidence on health conditions related to extremes of weight (under and overnutrition) among young children.
- Management of health conditions related to extremes of weight (under and overnutrition) among young children within the context of multi sector integration.
- Opportunities for multisector networking and collaboration for attendees who work with young children and their families.

For more information about CME at **Nationwide Children's** visit NationwideChildrens.org/Continuing-Medical-Education-CME. To contact the CME Office email cmeoffice@NationwideChildrens.org or call (614) 355-0650. For more information about Outreach courses, visit NationwideChildrens.org/Professional-Outreach-Education or call (614) 355-0669.

Behavioral Health Webinar Series for Primary Care Providers

The Behavioral Health Webinar Series equips pediatricians with the knowledge and resources to support at-risk patients. Webinars will take place in 2019 on the following days:

- Wednesday, February 13, 2019
- Thursday, April 11, 2019
- Wednesday, June 12, 2019
- Thursday, September 12, 2019
- Wednesday, October 16, 2019
- Thursday, November 14, 2019

Up-to-date information can be found at NationwideChildrens.org/Specialties/Behavioral-Health/For-Providers/Webinar-Series. For more information or to receive email updates, contact Megan.Rhodes@NationwideChildrens.org.

GRAND ROUNDS & LOUNGE AND LEARN

Pediatric Grand Rounds

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium.

They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home*SM Centers, visit NationwideChildrens.org/Maps-and-Directions.

Date	Topic	Speaker and Institution/Department
2/14	A Pirate's Life for Me: Love, Vulnerability, and Leadership	Richard Kirschner, MD; Nationwide Children's
2/21	Because All We Have is Each Other: Why All Pediatricians Need to be Effective Advocates for Kids	Benn Hoffman, MD; Oregon Health Sciences University, Doerenbecher Children's Hospital
2/28	Update on BPD Bronchial Pulmonary Dysplasia	Edward Shepherd, MD; Nationwide Children's
3/7	Child Abuse	Christopher S. Greeley, MD; Texas Children's Hospital Public Health Pediatrics
3/14	Cardiomyopathy associated with Duchene Muscular Dystrophy	Linda Cripe, MD; Nationwide Children's
3/21	Stroke	Melissa Chung, MD; Nationwide Children's
3/28	Screening Families for Social Determinants of Health	Arvin Garg, MD; School of Medicine Boston University General Pediatrics

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at NationwideChildrens.org/CME-On-Demand.

Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.

Child & Adolescent Psychiatry and Behavioral Health Grand Rounds

February 20, 2019

4 to 5 p.m.

Discovery Auditorium (Broadcasting to LAC 1A, Dublin CTH, East CTH, 185 & 187 W. Schrock Rd.)

Suicidal Ideation and Behavior in Elementary and Middle School-Aged Children: What Do We Know and Where Do We Go From Here?

Presenter: Arielle Sheftall, Ph.D.

Upcoming Child & Adolescent Psychiatry and Behavioral Health Grand Rounds

- May 15; 4 to 5 p.m.
- August 28; 4 to 5 p.m.
- November 20; 4 to 5 p.m.

LOUNGE AND LEARN

Lounge and Learn will take place from 7:30 to 8:30 a.m. in the Medical Staff Lounge (Bruce Graham Lounge) – RH1031.

Date	Topic	Speaker
2/15	Current Recommendations on Circumcision	Dr. Jayanthi/Designee
3/1	School Asthma Program	Dr. Beth Allen
3/15	How to Handle Behaviors that Mimic Seizures	Dr. Anup Patel/Designee



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Medical staff can sign-up to receive MedStat eAlerts once a month at [NationwideChildrens.org/MedStat-Preferences-Form](https://www.NationwideChildrens.org/MedStat-Preferences-Form).

2019 MEDICAL STAFF OFFICERS

Thomas Pommering, DO; *President*
Meredith Merz Lind, MD; *Vice President*

(614) 355-6000
(614) 722-6600

Allan C. Beebe, MD; *Past President*
Medical Staff Office

(614) 722-5175
(614) 722-3040

To contact the editor, e-mail Laura.Taylor@NationwideChildrens.org.



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