

Visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat) for additional information regarding many of these articles.

## NEWS YOU CAN USE

### 2019-20 Intern Classes Announced

*A message from John D. Mahan, MD, program director, General Pediatrics Residency*

We are excited about the caliber of the young physicians who will begin training with us in July this year. And, we expect great things from them – excellent patient and family focused care, effective communications within our health care teams, important contributions to our community and a drive towards research and education.

The residency programs at Nationwide Children's conduct recruitment through the Electronic Residency Application Service (ERAS) and the National Residency Matching Program (NRMP). Every year, our programs overall interview more than 400 applicants. We look forward to training these future pediatric practitioners and leaders.

- Number of Interns – 53
  - o 30 Categorical Peds
  - o 4 Primary Care Track
  - o 4 Osteopathic Recognition Track
  - o 5 Child Neurology
  - o 10 Med/Peds
- Female/Male Ratio – 32/21
- Total # of Medical Schools – 33 (31 US; 2 international schools)
- Total # of States – 16 states and 2 international locations

Thanks for all you do to help us run a top notch program and recruit the best to come to Columbus for this next step in their career development!

### Health-Related Social Needs Resource

When your patient families have health-related social needs, how can you help? The Health Related Social Need Resources flyer (see insert) lists resources for your families such as housing, food, transportation and utilities, broken down into categories for when they need help right away or for other times. It also lists resources for outside of Franklin County and numbers to other community agencies.

Remember that CAP4Kids is always a resource for your patient families. [CAP4Kids.org/Columbus](http://CAP4Kids.org/Columbus) is continually updated with free, up-to-date information about community resources, such as after-school programs, employment, health care, housing, counseling and more.

### Nationwide Children's Hospital Patient Financial Assistance Program

Nationwide Children's Hospital is committed to offering financial assistance to people who have health care needs and are not able to pay for care. No child will be denied care due to inability to pay for services. We accept most insurance plans, including Medicaid. For all other patients, Nationwide Children's has financial assistance programs for those who qualify. Financial support staff are available to help families sign up for insurance (including Medicaid) or to find out if they qualify for financial assistance. For more information or to receive a copy of Nationwide Children's Financial Assistance Policy, contact Patient Accounts at (614) 722-2055 or visit [NationwideChildrens.org/Financial-Assistance](http://NationwideChildrens.org/Financial-Assistance).



**NATIONWIDE  
CHILDREN'S**

*When your child needs a hospital, everything matters.<sup>SM</sup>*

## PRIMARY CARE MATTERS

*Primary Care Matters is a guest column written for MedStat by a local pediatrician or primary care provider.*

### New to Practicing in Central Ohio? Tips from a Former Medical Nomad

*Written by Lindsay Wylie, MD, Riverside Pediatrics*

Being an outsider is always difficult, but being new to the area, as a pediatrician, was a much easier transition here than in the other places I have worked.

I did my medical training and residency in St. Louis, and so when I took my first job in North Carolina I knew it would be more difficult than if I had stayed back where I did my training. Who would I call if I had a question in a particular specialty? Who do I call to direct admit a patient? There was a huge learning curve in the first few years, but eventually I figured out the system. Subsequently, I had to move again due to a job change for my husband, and it was back to square one.

However, my experience when joining my practice here in Columbus was different than my first two moves.

*To continue reading Dr. Wylie's article, see the insert in your packet or visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).*

## INNOVATION AND DISCOVERY

More news from The Research Institute can be found at [NationwideChildrens.org/Research-News](http://NationwideChildrens.org/Research-News). Additional information on these topics at [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).

### Guides to Evaluate Common Sports Injuries

Concussions and injuries to the knees and shoulders are the most common sports-related injuries among the 2.5 million reported annually. The Section of Sports Medicine at Nationwide Children's has written guides to help primary care physicians assess and diagnose these injuries. The concussion guide includes a return-to-play protocol aimed at ensuring a child or adolescent safely resumes athletics. Learn more and download the guides from [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).

### National Survey Shows Emergency Department Management of Self-Harm

Emergency departments regularly provide half of 10 evidence-based management practices when treating patients who present with self-harm. A national survey of hospitals showed

that 90 percent commonly assess patients for current and past suicidal thoughts/behaviors and access to lethal means and 79 percent provide a list of professionals or agencies patients may contact when in a crisis. However, just 15 percent of hospitals provided all the recommended safety-planning elements. Learn more at [PediatricsNationwide.org](http://PediatricsNationwide.org).

### Common Clinical Markers Predict End-stage Renal Disease in Children With Obstructive Uropathy

Children with obstructive uropathy may suffer significant damage to their kidneys and urinary tract during fetal development or after birth, increasing their risk of end-stage renal disease. Up to half will end up needing renal replacement therapy. Researchers have found that age-specific baseline measurements and measurements over time of eight common markers collected from testing urine and serum chemistries may help them predict who will need the therapy, and, ultimately, allow them to intervene earlier. Learn more at [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).

## AWARDS AND RECOGNITION

### Nationwide Children's Inductees to the Gold Humanism Honor Society

Each spring, The Ohio State University College of Medicine's chapter of the Gold Humanism Honor Society (GHHS) recognizes students who have demonstrated exemplary attitudes and behaviors characteristic of the most humanistic physicians: integrity, excellence, compassion, altruism, respect, empathy, and service. In keeping with the spirit of the Society, faculty members are also inducted each year.

The following Nationwide Children's Hospital faculty members and students were recently inducted in the GHHS:

- Don Hayes Jr., MD, MS, MEd, Pulmonary Medicine
- Rena T. Kasick, MD, Hospital Medicine
- Jack A. Kopechek, MD, Ambulatory Pediatrics
- Markita L. Suttle, MD, Critical Care
- Taylor Jersak, MD, fourth-year IM/Peds resident and IM chief

In addition, Jessica Rutsky, MD, who is a second-year pediatric resident received an Excellence in Teaching award and induction. Finally, Ashley K. R. Fernandes, MD, PhD, associate director of the Center for Bioethics received the Linda C. Stone, MD Award in Mentoring.

# Cystic Fibrosis Team Receives Grant for Research and Mission Work in India

Historically there has been a belief that Cystic Fibrosis (CF) does not occur in people of Indian descent. A member of Nationwide Children's Pulmonary Medicine team, Grace R. Paul, MD, sought to challenge that belief. Dr. Paul worked with her friend and colleague, Dr. Sneha Varkki from the Christian Medical College in Vellore, India, to demonstrate that CF does indeed occur in the Indian population. As a result of their work, Drs. Paul and Varkki were invited to submit a grant to the Cystic Fibrosis Foundation which resulted in them receiving nearly \$500,000 to fund a three-year demonstration project to train medical teams in India in the diagnosis and treatment of CF. Learn more about their work at [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).

## Help Us Recognize Steve Allen by Sharing Your Thoughts

This June, Steve Allen will retire after nearly 13 years as CEO of Nationwide Children's Hospital. Under his leadership, the hospital has seen unprecedented growth and countless accomplishments. To help us honor Steve's efforts, we are asking physicians and employees to share what they love about the hospital today and how we will carry Nationwide Children's into the future. In 50 words or less, share your stories, favorite memories, photos, etc. Submissions will be compiled into a keepsake book.

Prompts to consider:

- What do you love about where the hospital is today?
- What are you most excited about for our future?
- How has Steve's influence created best outcomes in what you do?
- How has working as one team helped you deliver best outcomes?
- Which Nationwide Children's Value is most meaningful to you?
- How has Steve impacted the patients and families we serve?

To participate, email your name, department and submission to [EverythingMatters@NationwideChildrens.org](mailto:EverythingMatters@NationwideChildrens.org).

### HEMOCARE UPDATE

## Lewis Center Store Continues to Increase Stock

The Medical Equipment and Supplies Store at Lewis Center continues to increase its inventory to answer the needs of the families we serve. The Store has everything from nebulizers to finger splints; to knee braces and carbon shoe inserts; to therapy putty and zipper pulls. It is well stocked with over-the-counter items parents most often need. Purchases can be made using

a debit or credit card. All items are competitively priced, and supported by a Nationwide Children's technician available 24/7. The new Therapies Supply Price Sheet is in the your packet.

In addition, as the largest breast pump provider in the region, we stock all the Medela accessories, from the kit, to the pads, to the membranes and all the needed cleaning supplies. An updated Store inventory list is available at [NationwideChildrens.org/Homecare](http://NationwideChildrens.org/Homecare), on the HME page.

To celebrate Spring Sports, we've included our 20 percent off total purchase coupon in the April mailing for you to use, or give to a friend. If you'd like a supply of coupons for your practice to provide families, email [Carolyn.Figi@NationwideChildrens.org](mailto:Carolyn.Figi@NationwideChildrens.org).

### EVENTS

#### Highlights of Upcoming Conferences:

Practice Fitness:

## The State of Telemedicine in Ohio – Why Your Practice Needs to be Prepared

May 9, 2019

Stecker Auditorium, Nationwide Children's Hospital

Livestreaming to: Adena Health System, Genesis – Zanesville, OhioHealth Mansfield Hospital, St. Rita's Hospital – Lima and Ohio University – Athens

Dinner and Networking 5:30 p.m.  
Program 6-8 p.m.

For more information and to register for **FREE**, visit [bit.ly/PFSpr19](http://bit.ly/PFSpr19) or call (614) 355-0650.

Telemedicine visits are increasing, with over 200,000 visits occurring in 2017, which represents a 260 percent average compound growth rate in the past two years. Our free, interactive CME will cover changes in Ohio regarding telemedicine including new insurance benefits and how to prepare your practice for these changes. Our panel of speakers includes:

- Aly DeAngelo, Health Economics and Policy Team, Ohio Hospital Association
- Dr. Ujjwal Ramtekkar, MD, Associate Medical Director, Partners for Kids
- Dr. Donald Wharton, MD, Assistant Medical Director, Ohio Department of Medicaid
- Michelle Mathieu, Vice President of Network Management for Ohio and Kentucky, Aetna Insurance Company
- John Jesser, President, Live Health Online, Anthem Insurance Company

# 10th Annual Pediatric Asthma Conference

May 9-10, 2019

Nationwide Hotel and Conference Center, Lewis Center, OH 43035

For more information, visit [NationwideChildrens.org/Asthma-Conference](http://NationwideChildrens.org/Asthma-Conference) or call (614) 355-0650.

## Keynote Speakers:

- Wanda Phipatanakul, MD, MS – Professor of Pediatrics, Division of Immunology, Boston Children’s Hospital and Harvard Medical School
- Alan P. Baptist, MD, MPH – Associate Professor of Internal Medicine, Division of Allergy and Immunology, University of Michigan School of Medicine

## Highlights:

- New Food Allergy Symposium on Day One
- Topics Related to the New Asthma Guidelines
- Hands-On Interactive Asthma Simulation session
- Vocal Cord Dysfunction session

**Intended Audience:** Pediatricians, Family Practitioners, Nurses, Respiratory Therapists, Social Workers, Pharmacists and Clinical Staff from hospital, urgent care, primary care, and school facilities with students/patients who have asthma and food allergies

# 2019 Neonatal/Perinatal Conference

May 14, 2019 – Special Event

May 15-16, 2019 – Main Conference

Nationwide Hotel and Conference Center, 100 Green Meadows Drive South, Lewis Center, OH

For more information and to register, visit [bit.ly/neonatal2019](http://bit.ly/neonatal2019) or call (614) 355-0650.

The 2019 Neonatal/Perinatal Conference will offer a kick-off special event day that will cover a wide range of legal topics.

Topics include

- The anatomy of a lawsuit
- A mock deposition
- Documentation dos and don’ts
- Communications concerning prevention strategies with families and for second victim phenomena with support strategies that all health care professionals can utilize in their day to day interactions with each other and with patients and families.

The main two-day conference will follow with comprehensive presentations covering evidence-based practices and quality improvement and safety.

For more information about CME at **Nationwide Children’s** visit [NationwideChildrens.org/Continuing-Medical-Education-CME](http://NationwideChildrens.org/Continuing-Medical-Education-CME). To contact the CME Office email [cmeoffice@NationwideChildrens.org](mailto:cmeoffice@NationwideChildrens.org) or call (614) 355-0650. For more information about Outreach courses, visit [NationwideChildrens.org/Professional-Outreach-Education](http://NationwideChildrens.org/Professional-Outreach-Education) or call (614) 355-0669.

# Behavioral Health Webinar Series for Primary Care Providers

The Behavioral Health Webinar Series equips pediatricians with the knowledge and resources to support at-risk patients. Webinars will take place in 2019 on the following days:

## Sheldon Cooper’s in my office, now what? Anxiety and OCD in clinical practice

Presented by: Heather Yardley, PhD  
Thursday, April 18, 2019

- Wednesday, June 12, 2019
- Thursday, September 12, 2019
- Wednesday, October 16, 2019
- Thursday, November 14, 2019

Up-to-date information can be found at [NationwideChildrens.org/Specialties/Behavioral-Health/For-Providers/Webinar-Series](http://NationwideChildrens.org/Specialties/Behavioral-Health/For-Providers/Webinar-Series). For more information or to receive email updates, contact [Megan.Rhodes@NationwideChildrens.org](mailto:Megan.Rhodes@NationwideChildrens.org).

## GRAND ROUNDS & LOUNGE AND LEARN

# Pediatric Grand Rounds

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium. They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home* SM Centers, visit [NationwideChildrens.org/Maps-and-Directions](http://NationwideChildrens.org/Maps-and-Directions).

Date	Topic	Speaker
4/11	Social Media	David Stukus, MD, and Michael Patrick, MD; Nationwide Children’s
4/18	Engaging the Village: Multisector Integration to Promote Weight Wellness in Children	Jaclyn Albin, MD; UT Southwestern Medical Center
4/25	Euthanasia: A Clinical and Ethical Update	Ashley Fernandes, MD; Nationwide Children’s
5/2	Neuro-Inflammatory Disorders: When to suspect and how to diagnose	Heather Van Mater, MD, Duke Health

5/9	Growth Hormone: Beyond Growth	Rohan Henry, MD, Nationwide Children's
5/16	Ethics/Palliative Care Topic	Lucia Wocial, RN, PhD, Indiana university Health
5/23	How to Manage Chronic Pain in Children	Laura Schanberg, MD, Duke University
5/30	Constipation in Children with Autism	Kent Williams, MD, Nationwide Children's

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at [NationwideChildrens.org/CME-On-Demand](http://NationwideChildrens.org/CME-On-Demand).

*Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.*

## Child and Adolescent Psychiatry and Behavioral Health Grand Rounds

### Upcoming Child & Adolescent Psychiatry and Behavioral Health Grand Rounds

- May 15; 4 to 5 p.m.
- August 28; 4 to 5 p.m.
- November 20; 4 to 5 p.m.

## Lounge and Learn

Lounge and Learn will take place from 7:30 to 8:30 a.m. in the Medical Staff Lounge (Bruce Graham Lounge) – RH1031.

Date	Topic	Speaker
4/19	Communication to PCP's	Dr. Marc Leder / Dr. Luci Berg
5/3	Community Practices and Nationwide Children's	Darrell Mosby
5/17	Retirement & View of Columbus	Dr. Steve Allen

## Don't Miss Out on 2019 Maintenance of Certification (MOC) Part 4 Credit

**New MOC Projects:** To get a new project approved for MOC Part 4 in 2019, you must submit all application materials no later than 10/25/2019.

**Physician Credit for MOC:** To get Part 4 credit for participating in an NCH-approved MOC project in 2019, you must submit an attestation form no later than 11/15/19.

For more information and forms, please see the ANCHOR MOC Page at <http://anchor.columbuschildrens.net/maintenance-of-certification-1>.

Send applications, attestation forms and questions to: Andrea Renner, QIE/MOC Coordinator  
[Andrea.Renner@NationwideChildrens.org](mailto:Andrea.Renner@NationwideChildrens.org)  
 (614) 722-4969





Medical staff can sign-up to receive MedStat eAlerts once a month at [NationwideChildrens.org/MedStat-Preferences-Form](https://www.nationwidechildrens.org/MedStat-Preferences-Form).

### 2019 MEDICAL STAFF OFFICERS

Thomas Pommering, DO; *President*  
Meredith Merz Lind, MD; *Vice President*

(614) 355-6000  
(614) 722-6600

Allan C. Beebe, MD; *Past President*  
Medical Staff Office

(614) 722-5175  
(614) 722-3040

To contact the editor, e-mail [Laura.Taylor@NationwideChildrens.org](mailto:Laura.Taylor@NationwideChildrens.org).



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