Visit **NationwideChildrens.org/MedStat** for additional information regarding many of these articles.

#### NEWS YOU CAN USE

## Change to MRI Procedures: Patient Must Wear MRI-Safe Attire

MRI-induced burns are now the leading source of patient injury related to the MRI environment. MRI uses radiofrequency (RF) energy as part of its image acquisition, which causes heating to occur in electrically conductive materials. While some electrically conductive materials are easily identifiable to be restricted from the MRI exam, some are not. Clothing manufacturers are incorporating metallically impregnated fibers into their products including clothes that are anti-microbial, moisture wicking, circulation improving and odor reducing. Current practices at Nationwide Children's allow patients to undergo an exam wearing the clothing they arrived in without knowing the metallic fiber status of the clothing. In order to prevent an RF-induced injury due to patient clothing while undergoing an MRI, all patients will be provided MRI-safe attire to change into prior to undergoing their MRI procedure.

## Central Scheduling Will Soon Offer Courtesy Call-backs

To improve the experience for our patient families, Central Scheduling will soon offer courtesy call-backs. This will help with families experiencing lengthy holds on the phone during high-volume call periods. When 10 callers or more are queued for a Central Scheduling staff member, callers will be asked if they would like to receive a call back instead of remaining on the line. Calls will be returned in the order received allowing families to use their wait time more effectively.

## **BC4Teens Now Offering Services Up to Age 25**

BC4Teens (Birth Control for Teens) at Nationwide Children's has extended its ages to provide services for adolescents and young women up to age 25. BC4Teens offers comprehensive, outpatient contraceptive services, including:



Andrea E. Bonny, MD

#### FEATURED PHYSICIAN

Andrea E. Bonny, MD, is the new chief of Adolescent Medicine at Nationwide Children's Hospital. Dr. Bonny is currently director of Adolescent Medicine research and associate medical director of Clinical Research Services (CRS) at Nationwide Children's. In addition, she is a principal investigator in the Center for Clinical and Translational Research and associate professor of Pediatrics at The Ohio State University College of Medicine.

Dr. Bonny's research focuses on reproductive health care for adolescents and adolescent substance abuse. She has served as a principal investigator on multiple externally funded grants including awards from the National Institutes of Health. She has authored more than 55 peer-reviewed publications and invited papers and has lectured nationally and internationally.

Dr. Bonny received her medical degree from Washington University School of Medicine and completed her residency and fellowship in Adolescent Medicine at Cincinnati Children's Hospital Medical Center. Prior to joining Nationwide Children's, she was director of the Division of Hispanic Services for Children and Adolescents at MetroHealth Medical Center, where she received a Certificate of Special Congressional Recognition for her commitment to the Cleveland Hispanic Community.



- Contraception counseling
- Access to contraceptives in a teen-friendly environment
- Same-day LARC (contraceptive implant, hormonal and non-hormonal IUDs) or method of choice for all medically eligible females
- Testing and treatment of sexually transmitted infections
- Learn more at NationwideChildrens.org/BC4Teens.

# Medical Leadership Program 2020 Accepting Interested Participants

Nationwide Children's Hospital and its medical staff are pleased to begin accepting interested participants for the Medical Leadership Program (MLP) starting January 2020. MLP is an effective overview of basic leadership/management skills taught by Nationwide Children's leaders for medical staff. The program provides a quick start for leaders who are assuming new or expanded leadership roles in the hospital, their practices and/or their community/professional associations.

Content includes:

- Mission & Strategic Planning
- Business Planning & Project Management
- Hospital Governance
- Overcoming Resistance to Change & Accountability
- Fostering Personal & Team Wellness
- Personal Leadership Style & Emotional Intelligence
- Communication Effectiveness
- Coaching, Mentoring & Delegation
- Conflict Management & Leadership Decision Making
- Diversity & Inclusion Leadership Imperative
- Leaving Your Leadership Legacy

Classes meet twice a month at 7 a.m. for one hour, and there are 7 two-hour sessions. One half-day (four-hour) workshop is offered. The sessions will begin January 2020 and end December 2020. There is a break during the month of July. CME Category 1 credit is provided. There is no cost to attend.

Interested medical staff should contact Kerry Rubadue at **Kerry.Rubadue@NationwideChildrens.org** or call (614) 722-4027 with their name, title and department. Final date for participant submissions is Friday, December 13.

#### **INNOVATION AND DISCOVERY**

Read more news from The Research Institute at NationwideChildrens.org/Research-News. Addition information on these topics at NationwideChildrens.org/ MedStat.

## It's Not All About Weight: Treating and Managing Obesity in Pediatric Patients

Weight loss is a moving target for children who are still growing. Body mass index (BMI), metabolic markers and fat and muscle mass percentages can be more informative, especially as a child's height catches up with weight. Learn more about employing these markers and a multidisciplinary approach to managing weight in this *PediatricsOnline* article found at **NationwideChildrens.org/MedStat**.

## How Do Brain Processes Change With Social Reorientation Toward Peers In Adolescence?

Compared to younger teenagers, older teenagers report being closer to their peers and less close with their parents. Using functional resonance imaging, biobehavioral health researchers at Nationwide Children's showed this closeness was associated with higher levels of activation of the social and rewards areas of their brains. Learn more at **PediatricsNationwide.org.** 

## Regular Physical Activities Tied to Improved Quality of Life in Adults With Fontan Circulation

Survivors of the Fontan procedure are at risk for a sedentary lifestyle, partly due to physicians' concerns that vigorous exercise could be harmful. But, a study of adults suggests the opposite, and benefits of vigorous exercise were associated with younger age. Nationwide Children's researchers recommend establishing healthy levels of activity early. Learn more in this *PediatricsOnline* article found at **NationwideChildrens.org/MedStat.** 

#### **MOMENTS IN HISTORY**

- 1957 Children's Hospital performs their first open heart surgery.
- 1958 Central Ohio Poison Control Center opened at Children's Hospital.

#### **AWARDS & RECOGNITION**

**Nilsa Del Carmen Ramirez-Milan, MD,** Pathology & Laboratory Medicine, has received the Lifetime Achievement Award from the College of American Pathologists (CAP). Established in 2006, the CAP Lifetime Achievement Award recognizes and honors a CAP member who has made a broad and positive impact on the pathology profession through contributions to one or more areas of the organization over an extended period of time. Congratulations!

#### **HOMECARE UPDATE**

### Homecare is Live on Epic

Homecare staff have been spending the past year preparing for Epic go-live, which was complete October 1, 2019. Integration of Homecare services into the Epic system supports best patient outcomes, giving providers within Nationwide Children's Hospital and the community better access to their patients' information. Homecare orders and Plan of Care documents can be signed from the provider's In Basket.

Physicians and staff within Nationwide Children's, or at practices using CareLink, are now able to view updated home visit documentation for Homecare and Hospice nursing, therapy, and social work visits, in addition to sending orders.

Pharmacy **only** and HME **only** patient orders and followup will continue using secure fax and phone with referring physicians and staff.

Nationwide Children's staff and providers can find additional Homecare Epic information on the "Homecare and Hospice – What's New" ANCHOR page.

Continue to visit **NationwideChildrens.org/Homecare** for support materials and updates on all Homecare services. Questions? Email **Carolyn.Figi@NationwideChildrens.org.** 

#### **EVENTS**

#### Nationwide Children's Hospital Medical Staff Holiday Social

Saturday, December 7, 2019 6:30 p.m. – 11 p.m. Columbus Athenaeum, Olympian Ballroom 32 North 4th Street Columbus, Ohio 43215

RSVP at **HolidayRSVP@NationwideChildrens.org** no later than November 30.

#### HIGHLIGHTS OF UPCOMING CONFERENCES:

### Pivotal Conversations in Primary Care: Responding to Common Behavioral Health Scenarios

#### October 30, 2019

Nationwide Children's Hospital Stecker Auditorium Live streaming to:

- Genesis, Zanesville, OH
- Holzer Regional Medical Center, Gallipolis, OH
- St. Rita's Hospital, Lima, OH

Hor d'Oeuvres and Networking at 5:30p.m. Interactive Presentation 6-8 p.m.

Register now for free! Visit bit.ly/BruceMeyerLectureship or call (614) 355-0650.

Join us as Ujjwal Ramtekkar, MD, provides a case based example of how pediatricians can integrate motivational strategies into pivotal conversations with caregivers who are experiencing a myriad of psychosocial factors that interfere with their ability to respond to a child's behavioral health challenges.

#### **2019 Pediatric Sports Medicine** and Orthopedics Conference

November 22, 2019 OCLC Conference Center, 6600 Kilgour Pl., Dublin, OH

Register now! Early bird rates in effect until August 30.

For more information and to register, call (614) 355-0650 or visit **bit.ly/SportsMedConf.** 

Featuring afternoon tracks in Sports Medicine and Rehabilitation. Topics will include:

- Benefits & Risks of Organized Sports
- Sports Performance & Injury Prevention
- Shoulder Injuries
- Orthopedic Conditions of the Hip
- Golf Medicine
- Genetic Testing in Young Athletes
- Nutrition for Athletes with Special Dietary Needs
- Medical Illness in Sports
- Treating Hypermobility
- High Level Soccer Specific Rehabilitation

## Annual Pediatric Infectious Diseases Conference

#### **38th Annual Dwight A. Powell Pediatric Infectious Diseases Conference**

in conjunction with

## **36th Annual Pediatric Infectious Diseases Nursing Conference**

In Honor of the Retirement of Dr. Michael Brady In Conjunction with the Medical Alumni Reunion

April 24, 2020 – Conference April 24-25 - Alumni Reunion Events

To register, visit **http://bit.ly/2020ID**. Watch for more information at **NationwideChildrens.org/For-Medical-Professionals** or call (614) 355-0650.

A selection of next year's topics include:

- Lyme Disease
- Measles
- Hepatitis C
- Health Department Trends
- Nursing Narratives
- Multidisciplinary Discussion Panel Alumni Events: Friday Reception and Dinner & Saturday

Family Fun Event

For more information about CME at Nationwide Children's visit NationwideChildrens.org/Continuing-Medical-Education-CME. To contact the CME Office email cmeoffice@ NationwideChildrens.org or call (614) 355-0650. For more information about Outreach courses, visit NationwideChildrens. org/Professional-Outreach-Education or call (614) 355-0669.

## Behavioral Health Webinar Series for Primary Care Providers

The Behavioral Health Webinar Series equips pediatricians with the knowledge and resources to support patients. Webinars will take place in 2019 on the following days:

- Wednesday, October 16, 2019 (12 p.m.)
- Thursday, November 14, 2019 (12 p.m.)

Up-to-date information can be found at NationwideChildrens.org/Specialties/Behavioral-Health/ For-Providers/Webinar-Series. For more information or to receive email updates, contact Sherry.Fletcher@ NationwideChildrens.org

#### GRAND ROUNDS & LOUNGE AND LEARN

# **Pediatric Grand Rounds**

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium.

They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home* <sup>SM</sup> Centers, visit **NationwideChildrens.org/Maps-and-Directions.** 

#### Date Topic Speaker and Institution/Department

10/17	Disparities in Infant and Maternal Morbidity and Mortality among African Americans and Other Minority Women	James W. Collins, MD, MPH; Northwestern Medicine Feinberg School of Medicine
10/24	Physician Struggling with Addiction	Adam B. Hill, MD; Riley Hospital for Children, Indiana University School of Medicine
10/31	2019 Update on Gender Medicine for the Pediatric Provider	Gayathri Chelvakumar, MD; Nationwide Children's Hospital
11/7	Immunodeficiency Update	Peter Mustillo, MD; Nationwide Children's Hospital
11/14	TBD	Murray Pollock, MD; Children's National Health System, Critical Care Medicine
11/21	Teratogenic Medication Safety	Elise Berlan, MD; Kelly Wise, PharmD; Fatima Barbar-Smiley, MD; Nationwide Children's Hospital
12/5	Gluten Related Disorders: People Shall Not Live on Bread Alone	Alessio Fasano, MD; Massachusetts General Hospital for Children

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at **NationwideChildrens.** org/CME-On-Demand.

Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.

### Child & Adolescent Psychiatry and Behavioral Health Grand Rounds

# Upcoming Child & Adolescent Psychiatry and Behavioral Health Grand Rounds

• November 20; 4 to 5 p.m.

#### LOUNGE AND LEARN

Lounge and Learn will take place from 7:30 to 8:30 a.m. in the Medical Staff Lounge (Bruce Graham Lounge) – RH1031.

Date	Торіс	Speaker
10/18	Dx and Rx of Pseudo Seizures	Dr. Neil Kulkarni
11/1	Review of Pertinent General Pediatrics Articles	Dr. Alex Kemper
11/15	Measles Vaccine Update	Dr. Matthew Washam

### Don't Miss Out on 2019 Maintenance of Certification (MOC) Part 4 Credit

**New MOC Projects:** To get a new project approved for MOC Part 4 in 2019, you must submit all application materials no later than 10/25/2019.

**Physician Credit for MOC:** To get Part 4 credit for participating in an NCH-approved MOC project in 2019, you must submit an attestation form no later than 11/15/19.

For more information and forms, please see the ANCHOR MOC Page at http://anchor.columbuschildrens.net/maintenance-of-certification-1.

Send applications, attestation forms and questions to: Andrea Renner, QIE/MOC Coordinator Andrea.Renner@NationwideChildrens.org (614) 722-4969



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Medical staff can sign-up to receive MedStat eAlerts once a month at NationwideChildrens.org/MedStat-Preferences-Form.

#### **2019 MEDICAL STAFF OFFICERS**

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