

INSIDE THIS ISSUE

- Featured Physician - Nicoleta Arva, MD, PhD
- Project ECHO's New Series in 2025
- Physician Recognition
- And more!



How do you prefer to receive *MedStat*? If you want to receive the email version only and not the paper version, please scan the QR code or go to <https://www.surveymonkey.com/r/859TSV6> to be removed from the printed mailing list.

NEWS YOU CAN USE



Nationwide Children's Recognized Among Best of the Best

Nationwide Children's has been named to U.S. News & World Report's Best Children's Hospitals Honor Roll for the 11th consecutive year. The Honor Roll is a top distinction awarded to only 10 children's hospitals across the country. Nationwide Children's also is ranked in the top 10 in seven of the 10 specialties.

For the first time, U.S. News has not given numbered rankings to its 10 Honor Roll hospitals but continues to rank individual pediatric specialties. U.S. News also recognizes the best children's hospitals in each state and region. Nationwide Children's has been named by U.S. News as tied for the No. 1 pediatric hospital in Ohio and the Midwest.

The annual Best Children's Hospitals rankings, now in their 18th year, are designed to assist parents and caregivers, along with their physicians, in navigating the challenges of choosing the best possible care for children with serious illnesses or complex medical needs.

The U.S. News & World Report Best Children's Hospitals ranking is one means of being recognized for continued progress and improvements in pursuing best outcomes, integrated care and research.

2024 Nationwide Children's Holiday Social

Join members of the medical staff for another fun evening at the Columbus Athenaeum.

Saturday, December 7, 2024 | 5:30 - 10:00 p.m.

The Columbus Athenaeum,
32 N. Fourth St., Columbus, OH 43215

Please RVSP by Friday, November 29 at
NationwideChildrens.org/Holiday-Social.

For additional questions, email
HolidayRSVP@NationwideChildrens.org.

COMMUNITY PROVIDER CORNER

Athens Close To HomeSM Center

Nationwide Children's *Close To Home*SM network arrives in Athens this month. This new location is located on OhioHealth's O'Bleness Hospital campus, within their medical office building, and will offer in-person and on-site nurse supported telehealth visits. Services offered will include cardiology, The Center for Family Safety and Healing, Center for Healthy Weight and Nutrition, ENT, gastroenterology, genetics, occupational and physical therapy, Pediatric Surgery Clinic, pulmonary, speech pathology and urology. For more information, visit NationwideChildrens.org/Athens.



**NATIONWIDE
CHILDREN'S®**

When your child needs a hospital, everything matters.

Winter Well-being: CAP4Kids Resources for Patient Families

As health care providers, we play a crucial role in ensuring the well-being of the families we serve. As the colder months approach, it's important to connect patients with essential resources to help them stay warm, safe and healthy this winter. CAP4Kids is a valuable tool you can share with families, offering a wide range of local services, including:

- Housing and job opportunities
- Walk-in food pantries
- Clothing assistance
- Help with utilities
- And more

Encourage patient families to visit [CAP4Kids.org/Columbus](https://www.nationwidechildrens.org/CAP4Kids.org/Columbus) to ensure our communities stay healthy and warm this winter and beyond.

Harvest a Love of Reading During Family Literacy Month

As the leaves change and the weather cools down, it's the perfect time to encourage patient families to cozy up with good books. This Family Literacy Month, we invite you to share Dolly Parton's Imagination Library of Ohio with families with children ages 0 to 5. By signing up, they can receive a free monthly book, fostering early language skills and cognitive development. Learn more at [NationwideChildrens.org/ImaginationLibrary](https://www.nationwidechildrens.org/ImaginationLibrary).

Community Education: Save The Date

Craniofacial Family Retreat

January 25, 2025 | Program at 1 p.m.

Education sessions and small group discussions designed for teens, school-age children and young children. All program participants are then invited to attend a Columbus Blue Jacket game at 7 p.m. that evening. For more information or to register, visit [NationwideChildrens.org](https://www.nationwidechildrens.org) and search "Craniofacial Retreat."

Rare Disease Day

March 1, 2025 | 9 a.m. to noon

This event will include presentations, exhibits and activities for kids of all ages. For more information, email RareDiseaseDay@NationwideChildrens.org or call Community Education at (614) 355-0662.

FEATURED PHYSICIAN



Nicoleta Arva, MD, PhD, serves as chief of anatomic pathology in the Department of Pathology and Laboratory Medicine at Nationwide Children's, as well as a professor in the Department of Pathology at The Ohio State University College of Medicine. She pursued residency training in anatomic and clinical pathology at the University of Illinois College of Medicine in Chicago, followed by two fellowships: first in general

surgical pathology completed at New York University Langone Medical Center, and second in pediatric pathology at Children's Hospital of Philadelphia, University of Pennsylvania. Dr. Arva is board certified in anatomic and clinical pathology and pediatric pathology by the American Board of Pathology.

Dr. Arva's clinical and research interests include transplant pathology, cardiovascular pathology and pediatric gastrointestinal pathology. She has made significant contributions to the field, authoring over 70 manuscripts and participating in task forces that have established clinical guidelines in these areas. Additionally, Dr. Arva serves as a central pathology reviewer for projects sponsored by the National Cancer Institute and the National Institutes of Health. She is also an active member of multiple committees affiliated with professional societies, such as the Society for Pediatric Pathology and the American Society for Clinical Pathology.

Her dedication also extends to medical education. She has previously served as the pediatric pathology fellowship and residency program director at Northwestern University/Ann & Robert H. Lurie Children's Hospital of Chicago, and she developed innovative learning modules for trainees, earning her multiple awards for these contributions.

MOMENTS IN HISTORY

- The Pediatric Academic Association (PAA) was initiated in 1981.
- Nationwide Children's Sports Medicine program began in January 2001.

Physician Recognition

Medical staff leadership would like to acknowledge physicians for recently receiving positive comments from patients and families. These comments are only a brief sample of the many compliments our physicians receive regularly.

Lori Deschene, MD, Pediatrics

"Everything was clearly explained, and I didn't feel that anyone was rushed when I was asking questions. We saw several different people between the evaluation and treatment phases, and I was impressed at how well-coordinated everyone was!"

Emile El-Shammaa, MD, Pediatrics

"The doctor was sweet to my daughter. He asked her questions and took time to help her feel comfortable. This was an outstanding experience."

Maya Iyer, MD, MEd, Pediatrics

"Dr. Maya Iyer was extremely attentive and treated our son efficiently and quickly. She was there as soon as we got in the room. She was talking and playing with our son. She asked lots of questions and gave us great information. This experience couldn't have gone better even though it was a bad situation for us."

Marc Leder, MD, Pediatrics

"The team was wonderful! Everyone was caring and spent time explaining everything. The crew worked together seamlessly. It put my son and I at ease. Each team member handed us off to the next, and we always knew what to expect. They were reassuring to my son who needed stitches for the first time."

Scott Leibowitz, MD, Psychiatry and Behavioral Health

"Dr. Scott Leibowitz is incredible! Kind, smart, hardworking, excellent listener, put my child at ease, extremely dedicated to providing excellent care."

Elizabeth Lucas, MD, Pediatrics

"My child's doctor is an exceptional care provider. She goes up and above my expectations. I will recommend her to anybody."

Rishabh Sethia, MD, Otolaryngology

"I was very impressed with our doctor. He had a wonderful bedside manner and helped put me at ease as a parent. He seemed genuinely interested in hearing my questions and answered them kindly."

Craig Smith, MD, Orthopedics

"Dr. Smith was great! He made sure my son and I both understood what was going on, has a super easygoing and upbeat personality that makes him easy to talk to and helped ease my son's anxiety over the procedure."

Amy Valasek, MD, Pediatrics

"We were blown away with the care the doctor showed to our son. She had already scheduled the appointments with the surgery care team before we arrived and then worked to get us an even earlier appointment. I can't say enough good things about the care team. We feel we're being taken care of by the best."

INTERPROFESSIONAL EDUCATION

40th Annual School Health Update Conference

December 13, 2024

This in-person conference will highlight dynamic speakers on topics such as sleep equity, substance misuse, mental health in school-aged children and more. Participants will have access to hands-on skills sessions in the simulation center. The event objectives include identifying new evidence-based practices in pediatric care that support student health. Register at NationwideChildrens.cloud-cme.com/SHU2024.

10th Annual Pediatric Update for Advanced Practice Providers

January 31, 2025

The Annual Pediatric Update for Advanced Practice Providers (APPs) is the continuing education conference hosted by the Nationwide Children's APP Council. A variety of topics will be covered that will provide all APPs with information that can improve their care of pediatric patients. Additionally, there will be opportunities for networking and gathering with other nurse practitioners and physician assistants. Register at NationwideChildrens.cloud-cme.com/APP25.

Kidney and Urinary Tract Symposium: State-of-the-Art in Pediatric UTI

February 20-21, 2025

The symposium provides a high-level summary of the latest in pediatric urinary tract infection (UTI) mechanisms and management. Experts will highlight knowledge gaps, research recommendations, host-pathogen interactions, host defense mechanisms, urologic evaluations, antibiotic prophylaxis and the impact of recurrent UTIs on the kidney. Discussions will also gather patient and caregiver perspectives to identify future research priorities for improving care for children with UTIs. Register at NationwideChildrens.cloud-cme.com/KUTC25.

Additional Conferences

To learn more or register for an upcoming conference, visit NationwideChildrens.org/conferences. For information on event and conference planning support, email IPEoffice@NationwideChildrens.org.

- February 28, Therapeutic Recreation Conference
- March 7, Ohio EMS for Children Conference
- March 14, CapABLE Conference: A Piece of the Pi – Sweetening the Pediatric to Adult Transition Journey
- March 19-20, Strengthening & Transforming Partnerships of Social Work in Health Care
- April 8-9, Center for Child Health Equity and Outcomes Research’s Communities Aiming to Reach Equity Summit (CCHEOR C.A.R.E.S)
- April 11, Infectious Diseases Conference
- April 23, Otolaryngology Research Symposium
- May 9, Asthma Conference
- May 13-15, Neonatal/Fetal Conference
- July 11, Sick Cell Trait and Disease in 2025: Primer for the Primary Care Provider

GRAND ROUNDS

Pediatric Grand Rounds

Pediatric Grand Rounds takes place every Thursday from 8 to 9 a.m. A schedule of upcoming and prior recorded sessions is on the Nationwide Children’s Physician Connect app and the ANCHOR calendar. The last presentation of 2024 will be on December 5. Learn more about Pediatric Grand Rounds at bit.ly/PediatricGrandRounds.

Upcoming sessions include:

| Date | Topic | Speaker and Institution/ Department |
|-------|--|---|
| 11/7 | The Changing Face of Bronchiolitis | Todd Karsies, MD Nationwide Children’s Hospital |
| 11/14 | Preparing the Next Generation of Pediatricians: Continuing the Transition to Competency-Based Education and Assessment | David Turner, MD American Board of Pediatrics |
| 11/21 | The Humphrey Family Hospice and Palliative Medicine Lectureship | Lindsay Ragsdale, MD Kentucky Children’s Hospital |
| 11/28 | No Grand Rounds – Thanksgiving Day | |
| 12/5 | The Power of Clinical Data (<i>This presentation is virtual only</i>) | Jennifer Muszynski, MD, MPH, FCCM Nationwide Children’s Hospital |

2025 Medical Leadership Program

The Medical Leadership Program (MLP) is a 12-month leadership program that consists of two monthly in-person sessions of 60 minutes each and includes quarterly peer coaching sessions with an assigned coach. Prior to each class, participants will complete short online assignments to prepare them for each interactive, experiential session.

Program goals:

- Develop early and mid-career physicians (approximately 5 to 8 years in practice) with demonstrated leadership strengths, identified by their leader as high potential
- Cultivate leaders to effectively navigate challenges and opportunities while building and supporting Nationwide Children’s culture and values
- Develop leadership competencies for future career advancement within the organization
- Engage participants with a physician mentor and peer coach to provide guidance and support
- Prepare physician leaders with leadership competencies to be successful in future leadership roles (e.g., Medical Director, Section Chief)

Applications are open now through November 30, 2024. For more information, search “Medical Leadership Program” on ANCHOR.

Revolutionizing Pediatric Care: Join Project ECHO's New Series in 2025

Project ECHO (Extension for Community Healthcare Outcomes) is launching a new series lineup for the first quarter of 2025, focusing on innovative pediatric care. This tele-mentoring program connects experts and community providers through videoconferencing, short presentations and case-based learning.

Upcoming programming includes:

- Behavioral Health in Primary Care: Foundations Series
- Cerebral Palsy
- Complex Constipation and Bowel Management
- Feeding
- Obesity: Continuity - Neurology (Pseudo Tumors)
- Obesity: Continuity - Orthopedics (SCFE)
- RUBI Integrated Care

These sessions foster collaboration, share best practices, reduce health disparities, improve patient outcomes and provide specialty care within communities. "Family ECHO: Autism" is also available for your patients' families. For more information, visit NationwideChildrens.org/echo.

Lounge and Learn

Plan to join the upcoming virtual sessions at 7:30 a.m. via Webex. If you have questions or want to receive session invitations, email Bruce.Meyer@NationwideChildrens.org or Rhonda.Burk@NationwideChildrens.org or call our office to leave a message at (614) 722-4550.

Upcoming virtual sessions:

November 8 – Patricia Witman, MD, Warts, Molluscum and Things That go Bump in the Night

December 13 – Laura Rust, MD, Future use of Artificial Intelligence for Practicing Clinicians

January 10 – Cynthia Zimm, MD, Update on Urgent Care and how Winter Coverage (Urgent Care offices) is Doing

BEHAVIORAL HEALTH

The Pam & Jack Beeler Psychiatry and Behavioral Health Grand Rounds

Make plans to join the upcoming session from noon to 1 p.m.

December 12 - Ariana Hoet, PhD, Jennifer Hughes, PhD, Whitney Raglin Bignall, PhD and John Ackerman, PhD, "Are Schools Too Focused on Mental Health?" Join in person at Nationwide Children's Conference Center's Allen Auditorium or Zoom at <https://zoom.us/j/98251092420>.

HOMECARE UPDATE

Celebrating Home Care, Hospice and Palliative Care Month

Homecare and Hospice is celebrating growth and best outcomes during the month of November. The Fall Quality Improvement (QI) Report highlights the home medical equipment (HME) QI study and enhanced performance delivery. Additionally, Homecare's clinical staff worked with a multidisciplinary team to implement QI initiatives aimed at reducing incidence of tracheitis, beginning in 2016. This resulted in a 70% improvement in tracheitis rates, which has decreased and remained stable through the second quarter of 2024.

Homecare's services continue to serve more patients in more counties throughout Ohio. HME services are available in all 88 counties, except for phototherapy. Territory expansion in 2024 and 2025 includes:

Skilled Therapies

- 2024: Fairfield County
- 2025: Licking County

Intermittent Skilled Nursing

- 2024: Knox, Muskingum
- 2025: Perry, Hocking

Skilled therapies and intermittent skilled nursing are also now available in the Toledo area (Wood, Lucas and Hancock counties).

Homecare's Hospice and Palliative Care team continues to recognize the month with NovemBeard activities. Learn more and join in the fun by participating in the events listed at Give.NationwideChildrens.org/Novembeard.

Visit NationwideChildrens.org/Homecare for the most current service area map and information, or email Carolyn.Figi@NationwideChildrens.org.



Visit [NationwideChildrens.org/MedStat](https://www.nationwidechildrens.org/medstat) for additional information regarding many of these articles.



**NATIONWIDE
CHILDREN'S®**

When your child needs a hospital, everything matters.

Nationwide Children's Hospital
700 Children's Drive
Columbus, OH 43205

NON-PROFIT ORG.
U.S. POSTAGE
PAID
COLUMBUS, OH
PERMIT NO. 777

Medical staff can sign up to receive MedStat eAlerts once a month at NationwideChildrens.org/MedStat-Preferences-Form.

2024 MEDICAL STAFF OFFICERS

Greg D. Pearson, MD; *President*

(614) 722-5845

Robert W. Snyder, MD; *Past President*

(614) 722-4550

Brent H. Adler, MD; *Vice President*

(614) 722-2331

Medical Staff Office

(614) 722-3040

To contact the editor, email Catherine.Roebuck@NationwideChildrens.org.



**NATIONWIDE
CHILDREN'S®**

When your child needs a hospital, everything matters.