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NEWS YOU CAN USE



The Kids Mental Health Foundation™

In April, Nationwide Children's announced that The On Our Sleeves Movement For Children's Mental Health is expanding its mission, moving forward as **The Kids Mental Health Foundation**. The new foundation aims to create a world where mental health is a vital part of every child's upbringing.

Since its inception in 2018, On Our Sleeves has grown exponentially, providing free educational tools and resources to more than 15 million people across the United States.

The Kids Mental Health Foundation's free resources — guides, videos, curriculum, articles — are custom-built by Nationwide Children's experts to help parents learn how to start talking about mental health and build skills around mental health with their children before there's a concern or emergency. To learn more, visit KidsMentalHealthFoundation.org.

Alpha Omega Alpha Honor Medical Society

The Medical Staff Office would like to congratulate Nationwide Children's trainees and physicians inducted into The Ohio State University College of Medicine chapter of Alpha Omega Alpha (AOA) under each of the following categories:

Fellow and Residents:

Monica Hoff, MD, Hospital Medicine Fellow
Elizabeth (Tess) Murray, MD, Year 3 Resident
Sebastian Powell, MD, Year 3 Resident

Faculty:

Dr. Vidya Sivaraman, MD, Rheumatology

Alumni:

Rebecca Wallihan, MD, Infectious Diseases, Residency Program Director
Marcel Casavant, MD, Emergency Medicine and Medical Toxicology
Roger Friedman, MD, Allergy/Immunology

Election to AOA is an honor signifying lasting commitment to professionalism, leadership, scholarship, research and community service.



NATIONWIDE CHILDREN'S®

When your child needs a hospital, everything matters.

Clinical Pathways Now Online

Nationwide Children's Clinical Pathways are peer-reviewed, evidence-based best practice recommendations for the management and treatment of medical conditions. The goal of sharing Clinical Pathways is to standardize best practices, leading to the best patient outcomes.

- Clinical Pathways are informed by national clinical practice guidelines and a review of current literature.
- They are meant to complement clinical judgment; they are not meant to be applied rigidly in all cases.
- Clinical Pathways are developed by content experts, including physician and nursing leaders from medical subspecialties, and representatives from pharmacy, respiratory therapy and other allied health practitioners.



Scan the QR code or visit [NationwideChildrens.org/for-medical-professionals](https://www.NationwideChildrens.org/for-medical-professionals) to view pathways and other tools for your practice.

Attention Deficit Hyperactivity Disorder Prescribing Guidelines

In collaboration with subject matter experts from Nationwide Children's and Dayton Children's Hospital, Partners For Kids® has created prescribing guidelines for Attention Deficit Hyperactivity Disorder (ADHD). This tool is designed to assist providers with screening and treating ADHD. Resources within the guidelines include screening tools, treatment algorithms and medication dosing recommendations. You can access the prescribing resources at [NationwideChildrens.org/Clinical-Tools](https://www.NationwideChildrens.org/Clinical-Tools). For questions and more information, contact PFKPharmacy@childrensdayton.org.

New Comfort Ability Program

The Comfort Ability Program was launched at Nationwide Children's in 2023. This one-day, in-person workshop is designed for youth ages 10 to 17 who experience chronic or recurring discomfort, such as pain, nausea, fatigue, weakness and dizziness. The program teaches kids, teens and their caregivers valuable skills to better manage their discomfort and improve their quality of life. Participants learn ways to manage recurring physical discomfort, connect with other teens and caregivers facing similar challenges and develop personalized plans to enhance important areas of their lives despite

discomfort. Improvements are observed in a child's quality of life within one week of completing this program. Do you know someone who may benefit from Comfort Ability? Learn more at [NationwideChildrens.org/ComfortAbility](https://www.NationwideChildrens.org/ComfortAbility).

Project ECHO Upcoming Offerings

Project ECHO (Extension for Community Healthcare Outcomes) is a collaborative and innovative tele-mentoring program designed to create virtual communities of practice by bringing together subject matter experts and community providers. This guided-practice model uses videoconferencing technology, brief didactic presentations, and case-based learning to create an "all teach, all learn" environment, where best practices are shared to reduce health disparities, improve patient outcomes in underserved areas and provide specialty care to patients in their communities.

Check out new program offerings, including:

- ECHO Autism: Primary Care
- ECHO Pain Continuity
- ECHO Behavioral Health in Primary Care: Foundations
- ECHO Obesity: Continuity
 - Preventive Cardiology
 - Nephrology

For your patient families, Family ECHO: Autism is available. Learn more at [NationwideChildrens.org/ECHO](https://www.NationwideChildrens.org/ECHO).

FEATURED PHYSICIAN



John D. Mahan, MD, is the director of Nationwide Children's Center for Faculty Development and professor of Pediatrics at The Ohio State University College of Medicine. He formerly was the long-standing program director for the Pediatric Residency program and Pediatric Nephrology Fellowship program at Nationwide Children's and The Ohio State University. He is director of the Nationwide Children's Metabolic Bone Disease Clinic. His clinical and research interests include pediatric dialysis and chronic kidney disease, treatments of glomerular disorders and emerging therapies for metabolic bone disorders in children.

Dr. Mahan received his medical degree from Hahnemann University and completed his residency in Pediatrics (and Pediatric Chief Residency) and fellowship in Pediatric

Nephrology at the University of Minnesota in 1984. Dr. Mahan is actively engaged in advancing medical education through innovative teaching methods and efforts to develop evidence-based medical education, particularly through his work as co-founder of the Pediatric Resident Burnout-Resilience Study Consortium, the Health Resources and Services Administration-funded national faculty-trainee Sustaining and Training for Resilience, Engagement, and Meaning (STREAM) program and the Specialty Pediatric Investigators Network.

He is involved in several organizations at a regional, national and international level, including the International Pediatric Nephrology Association Executive Committee, where he serves as the treasurer, the American Society of Pediatric Nephrology, where he co-chairs the Leadership Development Program, and the Pediatric Nephrology Research Consortium which he co-founded and serves as president of the Board. Locally, Dr. Mahan is a member of the Medical Advisory Board of the National Kidney Foundation serving Central Ohio.

MOMENTS IN HISTORY

- In 1995, Thomas N. Hansen, MD, was named chairman of the Department of Pediatrics at The Ohio State University and medical director of Nationwide Children's.
- In 1995, the Stecker Scholars Program was established.

AWARDS & RECOGNITION

Physician Recognition

Medical staff leadership would like to acknowledge physicians for recently receiving positive comments from patients and families. These comments are only a brief sample of the many compliments our physicians receive regularly.

Ralph Beltran, MD, Anesthesiology & Pain Medicine

"Dr. Beltran talked to my son and made him as comfortable as possible while staying professional. His focus on my son made me feel more comfortable. Dr. Beltran used my son's stuffed toy to show him how he would do anesthesia and really focused on making my son as comfortable as possible before surgery."

Matthew Beran, MD, Orthopedics

"Dr. Beran was amazing. We are going through a very impactful, stressful injury, and he was so patient and kind. I would recommend him to anyone."

Aaron Buban, DDS, Pediatric Dentistry Resident

"This was such an amazing experience for how harsh our situation was. We had one <child> who needed major work and another

<child> who needed little work but is still very young. Nationwide Children's gave us hope that they could save every tooth and gave my little guy the confidence to get his work done with little to no help! They were so nice and explained everything with as much understanding as they could! The room was full of support! For a three-hour drive, I knew they were at the perfect spot!"

Tara Cosgrove, MD, Pediatrics

"I had an excellent experience with Dr. Cosgrove. It was obvious she cared about my daughter. Dr. Cosgrove took so much time going over everything, and she explained it very well. One of the best experiences I have ever had with a doctor."

Jack Kopechek, MD, Pediatrics

"I have known Dr. Kopechek since my son was a baby. One of the reasons I always come back to see him is that the care provided has always been genuinely concerning, gentle, kind and flexible. What I appreciate the most is that he always involves the family and child in the plan of care."

Dana Miller, MD, Pediatrics

"Dr. Miller was able to reschedule this appointment for a day we were already there so my daughter wouldn't miss a school field trip!"

Gregory Pearson, MD, FAAP, FACS, Pediatric Plastic & Reconstructive Surgery

"Surgery is never a fun day for the child or the parent. This was my son's fourth surgery, but our first experience at Nationwide Children's for it. The care and compassion that everyone showed was so great to see. I felt like my son was cared for."

HEMOCARE UPDATE

Continued Expansion of Homecare's Services

Nationwide Children's Homecare Hospice and home-based Palliative Care programs have added a child life specialist position to their team. Homecare is fortunate to offer child life specialist support to patients and siblings at home. The role of child life specialists is to help children and families cope with their medical experiences. They do this through non-threatening, developmentally appropriate education, creating positive coping strategies, bereavement support and legacy building.

The Hospice and Palliative Care team currently serves 110 patients in a nine-county central Ohio region and is proud to have this child development expertise added to their ranks. Therapy Services provides care to pediatric patients in Delaware and Fairfield counties, in addition to Franklin. The Intermittent Skilled Nursing team is accepting referrals for patients living

in Knox and Muskingum counties, in addition to the primary nine-county referral area. Homecare is also now providing Intermittent Skilled Nursing and Therapy Services to pediatric patients in the Toledo counties of Lucas, Wood and Hancock. Homecare has a satellite office in Toledo to provide those specific services. Home Medical Equipment delivers medical supplies and equipment to all 88 Ohio counties.

Visit [NationwideChildrens.org/Homecare](https://www.NationwideChildrens.org/Homecare) to learn more. For questions regarding any Homecare services or programs, email Carolyn.Figi@NationwideChildrens.org.

INTERPROFESSIONAL EDUCATION

Future Directions Forum

July 25-27

The Future Directions Forum offers an array of professional development training led by an engaging and expert-laden professional development team and delivered in person through workshops, small groups and one-on-one consultations. The team provides mentorship to attendees pursuing careers in mental health and academia via an innovative array of educational events and networking opportunities. Register at [NationwideChildrens.cloud-cme.com/FDF24](https://www.NationwideChildrens.cloud-cme.com/FDF24).

2024 Clinical and Scientific Advances in Urinary Tract Infection

July 19-21, in person at Hyatt Regency, 350 N. High St., Columbus, Ohio 43215

Presented by Nationwide Children's and Urinary Tract Infection Global Alliance, this conference will specifically focus on promoting the next generation of researchers and clinicians. As a result, the conference strives to highlight the accomplishments of junior faculty members and trainees as we bring together medical professionals, biomedical scientists, government agencies, and industrial partners dedicated to eradicating the disease, broadly defined as urinary tract infections. Register at [NationwideChildrens.cloud-cme.com/2024UTI](https://www.NationwideChildrens.cloud-cme.com/2024UTI).

2nd Annual Robotic Surgery for Pediatric Surgeons Conference: Program Development and Beyond

August 21-23

The conference will focus on robotic surgery program development and common clinical applications in addition to a hands-on lab experience designed to introduce robotic surgery to practicing pediatric surgeons. Register at [NationwideChildrens.cloud-cme.com/robotics2024](https://www.NationwideChildrens.cloud-cme.com/robotics2024).

Sickle Cell Trait and Disease in 2024: Primer for the Primary Care Provider

September 27

This symposium aims to educate primary care providers (PCPs) and other health care professionals regarding the diagnosis and management of sickle cell trait and sickle cell disease. A solid knowledge and understanding of sickle cell disease is essential for PCPs to diagnose sickle related conditions, counsel patients appropriately, and know when to refer to the academic center for evaluation and treatment. Register at [NationwideChildrens.cloud-cme.com/SCD24](https://www.NationwideChildrens.cloud-cme.com/SCD24).

Multidisciplinary Early Recovery After Pediatric Cardiac Surgery (MERCURY) Meeting

October 3-4

Learn to safely reduce postoperative morbidity and ICU/hospital length of stay by utilizing Nationwide Children's MERCURY approach to early recovery after surgery. Immerse your team in a two-day hands-on experience to gain confidence in achieving reliable and safe intraoperative extubation, lowered device days and reduced blood transfusion for congenital heart surgery. Register at [NationwideChildrens.cloud-cme.com/MERCURY24](https://www.NationwideChildrens.cloud-cme.com/MERCURY24).

2nd Annual Pediatric Cardiology Symposium

October 11

The Pediatric Cardiology Symposium is for health care providers who treat and evaluate pediatric patients. The conference will address the diagnosis, management, and indications for referral for common pediatric cardiology diagnoses through lectures, panel discussions and small group sessions. Register at NationwideChildrens.cloud-cme.com/Cardio2024.

3rd Annual Pediatric Dermatology Conference

October 18

Hosted by Nationwide Children's Dermatology Clinic, this conference will highlight updates on pediatric dermatologic conditions frequently seen in the primary care practice. The goal is to equip primary care providers with the knowledge and resources to confidently care for these patients and to gain insights into the pediatric dermatology clinic. Registration at NationwideChildrens.cloud-cme.com/2024Derm.

Additional Conferences

To learn more or register for an upcoming conference, visit NationwideChildrens.cloud-cme.com. For information on event and conference planning support, email IPEoffice@NationwideChildrens.org.

- August 16, Adaptive Sports Medicine Conference
- September 19-20, IMPAACT Summit
- November 1, Pediatric Gastroenterology for Primary Care Clinicians
- November 7-9, Pediatric Oncology Integrated Diagnostics and Targeted Therapies Symposium
- November 15, Pediatric Sports Medicine and Orthopedics Conference

GRAND ROUNDS

Pediatric Grand Rounds

Pediatric Grand Rounds takes place every Thursday from 8 to 9 a.m. A schedule of upcoming and prior recorded sessions is on the Nationwide Children's Physician Connect app and ANCHOR. Learn more at bit.ly/PediatricGrandRounds.

Upcoming sessions include:

Date	Topic	Speaker and Institution/ Department
6/6	Resident Graduation - No Grand Rounds	
6/13	Fellow Graduation - No Grand Rounds	
6/20	What Level of Blood Pressure is Concerning in Children and Adolescents?	Joseph Flynn, MD, MS Seattle Children's Hospital

BEHAVIORAL HEALTH

The Pam & Jack Beeler Psychiatry and Behavioral Health Grand Rounds

Join upcoming virtual sessions via the listed Zoom link from noon to 1 p.m.

June 20 - Allison Siroky, PhD, and Jennifer Hansen-Moore, PhD, ABPP, Selective Mutism, Virtual
<https://zoom.us/j/97125623797>

July 18 – Oliver Lindiem, PhD, Digital Tools for the Assessment of Child Psychopathology and Delivery of Parenting Interventions, attend in person at Allen Auditorium at Nationwide Children's Conference Center, 520 Butterfly Gardens Drive, or via Zoom at
<https://zoom.us/j/98503682841>

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Visit [NationwideChildrens.org/MedStat](https://www.nationwidechildrens.org/medstat) for additional information regarding many of these articles.

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