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## NEWS YOU CAN USE

### Elaine Mardis, PhD, Named to Reuters List of 20 Trailblazing Women in Healthcare



Congratulations to Elaine Mardis, PhD, who was named to the 2024 Reuters List of 20 Trailblazing Women in Healthcare. Dr. Mardis is an internationally recognized expert in cancer genomics and immunogenomics, with more than

550 published manuscripts. Her early work contributed to the Human Genome Project, considered one of the greatest scientific feats in history. She co-led the effort to sequence and analyze the first cancer genome using massively parallel sequencing technology and was integral to large-scale cancer genomics discovery projects, including The Cancer Genome Atlas and the Pediatric Cancer Genome Project. Her ongoing research interests pursue integrated molecular characterization of pediatric and adult cancers with a focus on precision oncology. She leads an NCI-funded study that performs clinical molecular profiling of pediatric cancers, which has tested more than 2500 cases to date. Dr. Mardis serves as an advisor to international cancer centers, including the DKFZ (Germany), Institute for Molecular Medicine (Portugal), Ontario Institute for Cancer Research (Canada), and four US NCI-designated cancer centers. In 2019, Dr. Mardis was elected a Fellow of the American Association for Cancer Research and a member of the U.S. National Academy of Medicine.

## Clinical Pathway Program

A clinical pathway is defined as an institutional-specific, multidisciplinary plan of best clinical practices tailored to specific diagnoses to promote delivery of high-quality care. Within Nationwide Children's Center for Clinical Excellence, the Clinical Pathway Program (CPP) vision is to create these pathways with a goal to improve patient outcomes and decrease harm by eliminating unnecessary variation, increasing efficiency of care across all continuums, and optimizing the cost of care delivery. CPP has grown tremendously over the past three years, as there are now over 80 clinical pathways across multiple care settings.

Clinical pathways are developed by Nationwide Children's clinical experts, including physician and nursing leaders from medical subspecialties and representatives from pharmacy, respiratory therapy and other allied health practitioners. These teams review available national guidelines, evidence and expert consensus to drive standardized care. With each new pathway, the CPP team partners with internal informatics and electronic health record analyst teams to implement the recommended care through Epic tools (e.g., order sets, smart sets, best practice alerts). After implementation, CPP distributes targeted communication highlighting the new pathway.

Pathways can be accessed directly from Epic (within pathway order sets) or CPP ANCHOR. In January, there were over 3,000 pathways viewed and accessed from ANCHOR. Most pathways are also available at **NationwideChildrens.org** (search Clinical Pathways).



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In 2024, the CPP team has prioritized the development and revision of an additional 30 pathways, including malnutrition, psychosis, septic arthritis and sickle cell disease. If you have any questions or suggestions for a new pathway, please email [ClinicalPathwaysProgram@NationwideChildrens.org](mailto:ClinicalPathwaysProgram@NationwideChildrens.org).

## Physician Recognition Awards – 25<sup>th</sup> Anniversary Celebration

Save the date – September 25

Presented from Nationwide Children's in Stecker Auditorium Social hour will begin at 4:30 p.m., and the program starts at 5:30 p.m.

This year will mark the 25 years of the presentation of the Career Contribution Awards. From its inception in 1999, this award has been given to a member of the medical staff of Nationwide Children's who has made a substantial contribution over multiple years to the success of the institution's mission, hospital operations or functions of the medical staff. This prestigious award acknowledges contributions and efforts well beyond those ordinarily encompassed in the member's scope of professional duty.

The Medical Staff Office will also present and honor past recipients of the Golden Stethoscope Awards (Since 2004) and Bruce P. Meyer, MD, Family Art of Medicine Awards (Since 2014). Your invitation will be mailed this summer with RSVP details.

## Match Day 2024

The Nationwide Children's Pediatric Residency programs have wrapped up recruitment season and are excited to share the results of another successful match. There will be 57 new residents who will begin training in July. The new physicians come from 32 schools in 15 states and four international, including 42 Pediatric, 10 Internal Medicine-Pediatrics and five Child Neurology.

### FEATURED PHYSICIAN



**Daniel L. Coury, MD**, is a professor of Clinical Pediatrics and Psychiatry at The Ohio State University College of Medicine and a member of the Division of Developmental and Behavioral Pediatrics at Nationwide Children's. Dr. Coury received his medical degree from the University of Tennessee Center for Health Sciences, followed by an internship and residency in pediatrics at the University of Tennessee Center for Health Sciences. He was a fellow in ambulatory pediatrics at Brown University.

Activities over the past four decades include federally funded projects in the areas of drug exposed infants, training in developmental and behavioral pediatrics, pediatric residency curriculum guidelines, pediatric psychopharmacology, training professionals in dual diagnosis and the establishment of a website for developmental and behavioral pediatrics. He also is active in conducting pediatric psychopharmacology clinical trials in ADHD and autism. In addition to his patient care and research activities, he is the medical director of the Autism Care Network of Autism Speaks, a consortium of twenty autism specialty centers across North America. In 2022, he was the recipient of the C. Anderson Aldrich Award for Lifetime Achievement in Developmental-Behavioral Pediatrics from the American Academy of Pediatrics.

### PRIMARY CARE MATTERS

## Navigating the Mental Health Crisis in Rural Ohio

by Mikell Rase, MD, FAAP



When I graduated from residency nearly 10 years ago, I did not foresee the struggle I would have when it comes to mental health in the children of my community in rural Ohio.

I grew up in Scioto County, so I was familiar with the culture and the devastating effects the opioid crisis has had here. Generational trauma, drug abuse, and poverty have all contributed to the mental health crisis of many here, but, as the rest of the nation, we are seeing a mental health crisis in our youth who have not experienced these things firsthand. It is uncommon to see a routine well-child check without concerns about tantrums, behavior, ADHD, anxiety, depression or even suicidal ideations. Resources for mental health and behavioral therapies are limited in our area, especially for younger children. Mental and behavioral health providers who prescribe medications are even more limited. Help for these children and their families often comes from the hands of their general pediatrician.

The burden of mental and behavioral health visits in my primary care practice has inspired me to attend many CME courses on such topics. A fantastic resource for us has been the Nationwide Children's ECHO series. These courses offer much-needed education on a spectrum of mental and behavioral health disorders. They give you the basics you can build upon with more advanced courses.

Even though I have become more comfortable with treating mental and behavioral health conditions in my practice, there are always cases that I need more expert advice on. The Behavioral Health Treatment Insights and Provider Support

(BH-TIPS) program has become invaluable to me and many of my colleagues. BH-TIPS is a five-day-a-week, on-demand, virtual consultation service for community providers. It offers a quick peer-to-peer consultation with a psychiatrist and social worker, who can offer recommendations, resources, and advice on treatment through easily scheduled virtual sessions. This service has benefited many children and their families who would have otherwise had to wait months for a specialist appointment.

Unfortunately, I do not foresee this mental health crisis ending any time soon. I always take the time to ask questions related to mental health. I am often surprised at the answers I get. I am thankful for the tools Nationwide Children's has given me in my practice here, and I hope we continue to collaborate to change the outcome.

#### **Mikell Rase, MD, FAAP**

*Dr. Rase grew up in the rural town of Minford, Ohio, two hours south of Columbus. After graduating residency from Cincinnati Children's in 2014, she decided to serve her community by accepting a position at Southern Ohio Medical Center (SOMC) in Portsmouth. Since then, she has taken on the role of senior medical director and chief of pediatrics. Over the past 10 years, SOMC Pediatrics has grown to include 14 providers at over five locations.*

### **AWARDS & RECOGNITION**

## **Physician Recognition**

Medical staff leadership would like to acknowledge physicians for recently receiving positive comments from patients and families. These comments are only a brief sample of the many compliments our physicians receive regularly.

#### **Kim Bjorklund, MD, Pediatric Plastic & Reconstructive Surgery, and Nicole Elsey, MD, Anesthesiology & Pain Medicine**

*"One of the things that stood out to me on this visit was how well the team (Westerville Surgery Center) worked together to care for my daughter. The nurses were so kind and thoughtful to not only us as a family but to each other as well. This facility seems to work as a well-oiled machine and is extremely efficient."*

#### **Victoria Elliott, MD, Pediatrics**

*"We are so thankful for the providers at Nationwide Children's! They have made us feel heard and supported us through our daughter's diagnosis. The endocrinology office has been amazing as we navigate this new journey. Prior to discharge, all our appointments had been set and utilizing the MyChart app has made it even more efficient. I would recommend Nationwide Children's to anyone as they have been a huge asset as we navigate through this new diagnosis. The staff has been amazing as well."*

#### **Aaron Maki, MD, PhD, Pediatrics**

*"This was a minor injury, and I really appreciated the same amount of attention as if it was a major one."*

#### **Hilary Michel, MD, Pediatrics**

*"Dr. Michel is the absolute best pediatric doctor we have ever seen. And because my son is an older teenager, she treated him as such and not like a little kid. She truly cares for her patients and will do whatever it takes to get the best possible outcome for his condition."*

#### **Julie Racine, PhD, Ophthalmology**

*"Dr. Racine is truly one of the best medical professionals we've met. She's an incredible doctor and made what could have been a difficult test for our son - enjoyable. He left and exclaimed, 'That was so much fun!'"*

#### **Kimberly Schubert, PhD, Psychiatry and Behavioral Health**

*"Dr. Schubert is the most knowledgeable, caring, relatable caregiver my son has worked with and the most compassionate expert in her field. She is dynamic, insightful and compassionate. She is an asset to your organization and is top tier in her profession. You are very blessed she is on your staff."*

### **COMMUNITY PROVIDER CORNER**

## **Free Summer Resources for Families**

The Children's Advocacy Project (CAP4Kids) is a website that provides free and low-cost resources for your patient families – all in one place. With warmer weather right around the corner, it's never too early to think about summer. Find helpful information on summer programs and activities, such as free meal programs, arts, science and technology programs, college prep and more. Learn more at [CAP4Kids.org/Columbus](https://CAP4Kids.org/Columbus).

### **HEMOCARE UPDATE**

## **Homecare Now Serving Pediatric Patients in Northwest Ohio**

Nationwide Children's Homecare is now providing Intermittent Skilled Nursing care and Therapy Services (OT, PT and ST) to pediatric patients in Lucas, Wood and Hancock counties. In addition, Home Medical Equipment services are available in all 88 Ohio counties, except phototherapy, which is available in the primary nine-county service area. The announcement sheet regarding the services available in northwest Ohio and the Homecare Quality Initiatives Report for Spring 2024 are in the MedStat mailer.

Referrals for Homecare services in the Toledo area are initiated by calling (614) 355-1100 or (800) 466-2727, Monday through Friday, 8 a.m. to 5 p.m., excluding national holidays. Referral forms, along with other resources, are available at [NationwideChildrens.org/specialties/homecare/for-professionals](https://www.nationwidechildrens.org/specialties/homecare/for-professionals). For questions regarding services or programs, email [Carolyn.Figi@NationwideChildrens.org](mailto:Carolyn.Figi@NationwideChildrens.org).

## INTERPROFESSIONAL EDUCATION

### ECHO Obesity

April 25, noon to 1 p.m.

Pediatric ECHO (Extension for Community Healthcare Outcomes) Obesity will empower primary care providers to treat their overweight patients utilizing the best treatment methods available. This session will present strategies to help providers feel more confident interpreting lab results and knowing when to refer patients to a specialist. For more information or to register, go to [NationwideChildrens.org/ECHO](https://www.NationwideChildrens.org/ECHO).

### 14<sup>th</sup> Annual Pediatric Asthma Conference

May 3

This conference will highlight emerging information and practical advice regarding asthma management for providers of asthma patients across all levels of care. This conference is designed for pediatricians, family practitioners, nurses, respiratory therapists, social workers, pharmacists and clinical staff from hospital, urgent care, primary care and school facilities with students/patients who have asthma and allergies. For more information, visit [NationwideChildrens.cloud-cme.com/asthma2024](https://www.NationwideChildrens.cloud-cme.com/asthma2024).

### 2024 Neonatal/Fetal Conference: From the Womb and Beyond

May 14, Neonatal Main Conference  
May 15, Neonatal and Fetal Main Conference  
May 16, Fetal Main Conference, Neonatal Post Conference: Foundations of Care and Infant Function

This conference will highlight concepts of continuous quality improvement and safety in fetal and neonatal practice. The rapidly expanding evidence in both specialty areas poses challenges for the health care professional to remain current and

to recognize opportunities for change in thought and practice. Register online at [tinyurl.com/2jw2249x](https://tinyurl.com/2jw2249x).

### 2<sup>nd</sup> Global Symposium of Research Methodology Innovation in Trauma and Emergency Care

May 22-23

The overarching goal of the symposium is to share innovative ideas, new research methodologies, and emerging technologies that address gaps in trauma and emergency care research. Experts in trauma care, emergency medicine, and research recognize the need for innovative approaches, rigorous scientific methods, and strong implementation science to ensure robust study design, sound statistical approaches, unbiased reporting of results, and effective translational efforts to disseminate research findings into medical care in real-world settings. For more information or to register, go to [NationwideChildrens.cloud-cme.com/TEC24](https://www.NationwideChildrens.cloud-cme.com/TEC24).

### 14<sup>th</sup> Annual Bodies in Motion Conference: Evaluation and Treatment Considerations for the Adolescent Athlete

June 7

This course will educate participants on unique return to sport considerations for the adolescent athlete. Areas addressed in this course will include the management of growth plate injuries, the role of imaging in rehabilitation, identifying and managing clinician burnout, ACL return to sport guidelines and testing, motion analysis and more. Also presented will be concepts of physical therapy evaluation, differential diagnosis, treatment considerations and progressions. Labs will further expand this knowledge base with hands-on experience in the return to sport interventions and tests of adolescent athletes. Register today at [NationwideChildrens.cloud-cme.com/BIM2024](https://www.NationwideChildrens.cloud-cme.com/BIM2024).

### Future Directions Forum

July 25-27

The Future Directions Forum offers an array of professional development training led by an engaging and expert-laden professional development team and delivered in person through workshops, small groups and one-on-one consultations. The team provides mentorship to attendees pursuing careers



in mental health and academia via an innovative array of educational events and networking opportunities. Attendees across career stages benefit from an immersive experience. Programming also integrates academic proficiency with essential work/life balance skills. Register at **NationwideChildrens.cloud-cme.com/FDF24**.

## 2024 Clinical and Scientific Advances in Urinary Tract Infection

July 19-21, at Hyatt Regency,  
350 N. High St., Columbus, Ohio 43215

Presented by Nationwide Children's and Urinary Tract Infection Global Alliance, this conference will specifically focus on promoting the next generation of researchers and clinicians. As a result, the conference strives to highlight the accomplishments of junior faculty members and trainees as we bring together medical professionals, biomedical scientists, government agencies, and industrial partners dedicated to eradicating the disease, broadly defined as urinary tract infections. This conference will explore specific manifestations of infection in different patient populations and their sequelae for the discovery of new diagnostic, therapeutic and preventative approaches. Register at **NationwideChildrens.cloud-cme.com/2024UTI**.

## 2<sup>nd</sup> Annual Robotic Surgery for Pediatric Surgeons Conference: Program Development and Beyond

August 21-23

The conference will focus on robotic surgery program development, and common clinical applications in addition to a hands-on lab experience designed to introduce robotic surgery to practicing pediatric surgeons. Register at **NationwideChildrens.cloud-cme.com/robotics2024**.

## Sickle Cell Trait and Disease in 2024: Primer for the Primary Care Provider

September 27

This symposium aims to educate primary care providers (PCPs) and other health care professionals regarding the diagnosis and management of sickle cell trait and sickle cell disease. A

solid knowledge and understanding of sickle cell disease is essential for PCPs to diagnose sickle related conditions, counsel patients appropriately, and know when to refer to the academic center for evaluation and treatment. Good communication between the academic center and the primary care providers and appreciation of each other's roles is essential to ensure the patients receive optimal care. Register at **NationwideChildrens.cloud-cme.com/SCD24**.

## Multidisciplinary Early Recovery After Pediatric Cardiac Surgery (MERCURY) Meeting

October 3-4

Learn to safely reduce postoperative morbidity and reduce ICU/hospital length of stay by utilizing Nationwide Children's MERCURY approach to early recovery after surgery. Immerse your team in a two-day hands-on experience to gain confidence in achieving reliable and safe intraoperative extubation, lowered device days and reduced blood transfusion for congenital heart surgery. Develop your multidisciplinary teams' coordination through live cases and simulations that will allow you to take home knowledge and skills to achieve best patient outcomes by utilizing Nationwide Children's MERCURY approach. Register at **NationwideChildrens.cloud-cme.com/MERCURY24**.

## Additional Conferences

To learn more or register for an upcoming conference in 2024, visit **NationwideChildrens.cloud-cme.com**. For information on event and conference planning support, email **IPEoffice@NationwideChildrens.org**.

- August 16, Adaptive Sports Medicine Conference
- September 19-20, 2024 IMPAACT Summit
- October 11, 2<sup>nd</sup> Annual Cardiology Symposium
- October 18, Dermatology Symposium
- November 7-9, Integrated Diagnostics and Targeted Therapies in Pediatric Oncology Symposium
- November 15, Pediatric Sports Medicine and Orthopedics Conference

# Pediatric Grand Rounds

Pediatric Grand Rounds takes place every Thursday from 8 to 9 a.m. A schedule of upcoming and prior recorded sessions is on the Nationwide Children’s Physician Connect app and the (ANCHOR) calendar. Learn more about Pediatric Grand Rounds at [bit.ly/PediatricGrandRounds](https://bit.ly/PediatricGrandRounds).

Upcoming sessions include:

Date	Topic	Speaker and Institution/ Department
4/11	Neurodevelopmental Outcomes of High-Risk Infants	Samudragupta Bora, PhD  University Hospitals Rainbow Babies & Children’s Hospital
4/18	Storytelling and Neurosurgery: Why I Write	Jay Wellons III, MD  Vanderbilt Health
4/25	Personalized Management of Sleep Disordered Breathing in Children	Maninder S. Kalra, MD, PhD  Nationwide Children’s Hospital
5/2	Management of Difficult to Control Asthma	<b>Asthma Conference</b> William Anderson, MD  Children’s Hospital Colorado
5/9	Illness Doesn’t Mean Stillness: Liberating Children Across the Perioperative and Critical Care Home	<b>Critical Care Medicine/Surgery Visiting Professor</b>  Sapna R. Kudchadkar, MD, PhD, FCCM  Johns Hopkins University School of Medicine

# International Scholars Program

The International Scholars Program hosts international pediatricians, nurses, and other health care allied professionals to observe our clinical activities and multi-disciplinary teams and interact with our families and communities to improve the health care of children globally.

This short-term program is for clinical observation only and cannot be used for academic credit or to fulfill requirements for specialty training. If you are interested in mentoring an international scholar or learn more about the program, email [ISP@NationwideChildrens.org](mailto:ISP@NationwideChildrens.org).

# Lounge and Learn

Plan to join the upcoming virtual sessions at 7:30 a.m. via Webex. If you have questions or would like to receive session invitations, email [Bruce.Meyer@NationwideChildrens.org](mailto:Bruce.Meyer@NationwideChildrens.org) or [Rhonda.Burk@NationwideChildrens.org](mailto:Rhonda.Burk@NationwideChildrens.org) or call our office to leave a message at (614) 722-4550.

Upcoming virtual sessions:

- April 12 – Laura Hart, MD, Future Use of Artificial Intelligence
- May 10 – Joshua Watson, MD, Lyme Disease

# BEHAVIORAL HEALTH

# New ADHD Prescribing Guidelines Now Available

Partners For Kids has updated the ADHD Prescribing Guidelines designed to help primary care practitioners and behavioral health providers offer timely and effective treatment for children with attention deficit hyperactivity disorder (ADHD). Topics include screening and pharmacogenomic testing, treatment options, long-acting stimulant conversions, patient-related considerations and more. Review the updated guidelines at [NationwideChildrens.org](https://NationwideChildrens.org) and search “ADHD Prescribing Guidelines.”

# Behavioral Health Learning Library

The Behavioral Health Learning Library (BHLL) is a collection of free, interactive and on-demand courses for professionals. The courses teach evidence-based pediatric mental and behavioral health assessment and treatment, specifically tailored for different professional practices, like nursing, social work, psychology, pharmacy and more. The courses can even be used for continuing education credits. Through relevant and meaningful curricula, BHLL strives to ensure all children can access timely and effective mental and behavioral health treatment. Learn more and get started today at [NationwideChildrens.org/BH-Learning-Library](https://NationwideChildrens.org/BH-Learning-Library).

# The Pam & Jack Beeler Psychiatry and Behavioral Health Grand Rounds

Join upcoming virtual sessions via the listed Zoom link from noon to 1 p.m.

May 16 - Mattina Davenport, PhD, Sleep

**<https://zoom.us/j/96989460670>**

June 20 - Allison Siroky, PhD, and Jennifer Hansen-Moore, PhD, ABPP, Selective Mutism

**<https://zoom.us/j/97125623797>**

Visit **[NationwideChildrens.org/MedStat](https://www.NationwideChildrens.org/MedStat)** for additional information regarding many of these articles.



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