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THE CENTRAL OHIO PEDIATRIC SOCIETY AND PRACTICE FITNESS
..... PRIMARY CARE SERIES PRESENTS

Flourishing at Work: Mindful Lessons for Clinicians and Leaders

October 30, 2018



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CENTRAL OHIO
PEDIATRIC SOCIETY

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Flourishing at Work: Mindful Lessons for Clinicians and Leaders

October 30, 2018

Social hour at 6 p.m. | Dinner at 6:45 p.m. | Program begins at 7 p.m.

La Navona, 154 N Hamilton Rd, Gahanna, OH 43230

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**Featuring national speaker and best-selling author of
Attending, Dr. Ronald Epstein**

Mindful practice refers to a quality of mind, during every day practice, in which clinicians can better know themselves, be more attentive, curious, flexible and present in the service of improving the quality of care they provide, responding to stress with creativity and resilience, and enhancing their own sense of connection with their work. Mindful clinicians provide higher quality care, make fewer errors, form stronger relationships with patients, listen more effectively, and are less subject to cognitive biases in decision-making and implicit racial and gender bias. Dr. Epstein will propose ways of becoming more mindful at work, and institutional cultures that promote mindfulness. Nationwide Children's Hospital, Children's Practicing Pediatricians, Partners For Kids and The Central Ohio Pediatric Society (COPS) are excited to present an interactive, Practice Fitness Series to help your practice navigate the evolving health care landscape.

Cost for event is \$20 for COPS members and \$30 for guests.

Please note that due to the sales of this book, no CME will be offered at this event.

For more information, visit, NationwideChildrens.org/Practice-Fitness.

To register, visit CoPeds.org/Calendar



Nationwide Children's Hospital
700 Children's Drive
Columbus, Ohio 43205

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