

Visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat) for additional information regarding many of these articles.

## NEWS YOU CAN USE

### Launching *On Our Sleeves* Campaign on October 10 for World Mental Health Day

At Nationwide Children's Hospital, we believe in caring for the whole child — that mental health is just as important as physical health. That's why we are launching *On Our Sleeves* — because we don't wear our thoughts on our sleeves. This effort emphasizes the need to end misconceptions about behavioral health, provides critical education and resources for families, and raises funds to advance research discoveries that will improve how we care for children with mental illness. To learn more and access resources just for health care providers, visit [OnOurSleeves.org](http://OnOurSleeves.org).

### Medical Leadership Program 2019 Accepting Interested Participants

Nationwide Children's Hospital and its medical staff are pleased to begin accepting applicants for the Medical

Leadership Program (MLP) starting January 2019. MLP is an effective overview of basic leadership/management skills taught by Nationwide Children's leaders for medical staff. The program provides a quick start for leaders who are assuming new or expanded leadership roles in the hospital, their practices and/or their community/professional associations.

Content includes:

- Mission & Strategic Planning
- Business Planning & Project Management
- Hospital Governance
- Overcoming Resistance to Change & Accountability
- Fostering Personal & Team Wellness
- Personal Leadership Style & Emotional Intelligence
- Communication Effectiveness
- Coaching, Mentoring & Delegation
- Conflict Management & Leadership Decision Making
- Diversity & Inclusion Leadership Imperative
- Leaving Your Leadership Legacy

Classes meet twice a month at 7 a.m. for one hour, and there are 6-7 two-hour sessions. One half-day (four-hour) workshop is offered. The sessions will begin January 2019 and end December 2019. There is a break during the month of July. CME Category 1 credit is provided. There is no cost to attend.

Interested medical staff should contact Jordan Kuntz at [Jordan.Kuntz@NationwideChildrens.org](mailto:Jordan.Kuntz@NationwideChildrens.org) or call (614) 722-4027 with their name, title and department. Final date for participant submissions is Friday, December 15.



Janice A. Townsend,  
DDS, MS

## FEATURED PHYSICIAN

**Janice A. Townsend, DDS, MS**, is the chief of Pediatric Dentistry at Nationwide Children's Hospital and the chair of the Division of Pediatric Dentistry at The Ohio State University College of Dentistry. Dr. Townsend received her Doctor of Dental Surgery degree from Marquette University's School of Dentistry in Milwaukee. She then earned a Master of Science degree in pediatric dentistry from The Ohio State University College of Dentistry, and a certificate in pediatric dentistry from Nationwide Children's Hospital. Dr. Townsend has been published on a number of topics including dental education, pain management after dental procedures and dentistry for special needs children. Before joining Nationwide Children's, Dr. Townsend was the chair of Pediatric Dentistry at the Louisiana State University Health Science Center School of Dentistry in New Orleans. While in New Orleans, Dr. Townsend was named "Woman of the Year" in 2017 by *CityBusiness*, and named to New Orleans' list "Top Dentists" since 2013.



NATIONWIDE  
CHILDREN'S

*When your child needs a hospital, everything matters.<sup>SM</sup>*

## PRIMARY CARE MATTERS

*Primary Care Matters is a guest column written for MedStat by a local pediatrician or primary care provider.*

### Letting Go of The Screen (My 15-year Journey with an EMR)

*Written by William W. Long, MD, FAAP, Pediatric Associates, Inc.*

When our practice first “went live” with electronic medical records in 2003, my fellow physicians compared the process to two other important events from that year. Some compared it to the completion of the human genome project, while others compared it to the massive Allied air strikes on the country of Iraq. It was a painful transition for a group that had many cumulative years of documenting on paper. As a physician who learned how to document on paper, sharing my physician/patient relationship with a computer screen was initially not comfortable for me.

After the initial transition from paper was over, and the electronic chart was populated with all of this excellent data, I relished in having the information at my fingertips. A slight touch of the screen or a click of the mouse, and I was omniscient — yes ma’am the head circumference percentile was 57% and yes that prescription was refilled last week, and no you did not have strep throat at that visit three years ago. I was a wizard.

But, my “superpower” also came with a price.

*To continue reading Dr. Long’s article, visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).*

## INNOVATION AND DISCOVERY

More news from The Research Institute can be found at [NationwideChildrens.org/Research-News](http://NationwideChildrens.org/Research-News). Additional information on these topics at [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).

### Easy-to-Use Phone App Better at Measuring Hydration Status Than Common Clinical Tests

An application for mobile phones performs better than many current clinical urine concentration tests, providing clinicians or patients a practical way to monitor hydration status. The app, developed by a team at Nationwide Children’s, may be particularly useful in helping children with kidney stones, urinary tract infections, autosomal dominant polycystic kidney disease or other conditions prevent complications. The team of nephrologists and technology development specialists describe the app and performance in *Frontiers in Pediatrics*.

### Pulmonary Rehabilitation for Children With Asthma Yields Clinical Benefits

Pulmonary rehabilitation, a standard treatment for adults with chronic lung diseases, can also improve lung function and quality of life (QOL) for children with asthma, physician-researchers at Nationwide Children’s show. The program, featuring exercise, asthma education and nutritional counseling, led to significant improvements in the 6-minute walk test, FEV1, shortness of breath score and patient-reported physical QOL. More than 60 percent of participants had evidence of a positive clinical outcome after completing the program. The program study is in *Pediatric Pulmonology*.

### Guidance and Resources for Talking With Kids About Suicide

Physicians can help support and educate parents on the importance of talking about depression or suicide with their children. Suicide experts say that asking a child directly about suicidal thoughts is usually the best way a parent can help their child open up about their emotions. Checking-in regularly cannot only foster a life-saving conversation but let children know it’s healthy to talk about serious emotional concerns with them or other trusted adults, or to reach out to their own friends to have these conversations. For more tips, guidance and resources, visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).

## GME FUN FACTS

In 2017-18 Nationwide Children’s trained more than 900 residents and fellows. It sponsored 67 different programs for 164 residents and 152 fellows plus nearly 600 rotating trainees.

Nationwide Children’s has always been committed to GME.

- The pediatric residency was the first officially accredited program (1931).
- Pediatric surgery started in 1952, pathology in 1953, and neonatology in 1984.
- The most recent ACGME-accredited program is Hospital and Palliative Medicine (2015).
- The majority of other programs began after 2000.

## Phototherapy Referral Process

As with all Homecare referrals, phototherapy referrals are initiated with a call from the referring physician/practice.

- To make a referral, call (614) 355-1100 or (800) 466-2727.
- Calls are answered between 8:30 a.m. to 5 p.m., Monday through Friday.
- Be prepared to discuss insurance eligibility, demographics and patient scheduling.

Referrals for phototherapy are made based on high bilirubin levels read by the patient's physician.

Until recently, Homecare's phototherapy program used nurses to train families on how to use the phototherapy equipment. Nurses would take the equipment to the families homes, or meet them at a *Close to Home* Center to train parents. The Phototherapy Program is now managed by Homecare Medical Equipment (HME), and HME technicians deliver the equipment to the home and train the family how to use it.

Patients are under supervision of their primary care physician who will continue to monitor bilirubin levels daily. When the baby is released from use of the phototherapy equipment, Nationwide Children's Homecare will discharge the service and arrange to pick-up the equipment at the patient's home or physician office.

HME technicians are scheduled to deliver and setup phototherapy equipment in patients' homes between 8 a.m. and 8 p.m., seven days a week. Homecare HME technicians are available after regular business hours, 24 hours a day, seven days a week to answer patient and referral questions on the phone.

To learn more, visit our webpage at [NationwideChildrens.org/Homecare](http://NationwideChildrens.org/Homecare). If you have questions, contact [Carolyn.Figi@NationwideChildrens.org](mailto:Carolyn.Figi@NationwideChildrens.org).

## Positive Comment

Hello! Just a message to let you know how great your Cardiology Department is. My daughter is 16 and has been a patient of Dr. Feltes since she was born and in the NICU. Recently, my son was having some episodes of chest pain. He is 14 and plays football. They were very good about getting him in quickly and checking him out. Dr. Feltes is always pleasant, kind, and explains everything in great detail. He really makes you feel like he cares, and I really think he does care. What a great doctor and department you have!

## Moments in Nationwide Children's History

- In 1926 an internship affiliation was started with The Ohio State University.
- In 1928 a heart clinic was established.
- In 1930 nursing training began.

What an amazing start to our present national highly ranked research programs!

## Events

Save the Date!

- Medical Staff Holiday Social at The Columbus Athenaeum on December 1, 2018

## Highlights of Upcoming Conferences:

### The Central Ohio Pediatric Society and Practice Fitness Primary Care Series Presents

### Flourishing at Work: Mindful Lessons for Clinicians and Leaders

October 30, 2018  
La Navona, 154 N Hamilton Rd, Gahanna, OH 43230

Social hour at 6 p.m.  
Dinner at 6:45 p.m.  
Program begins at 7 p.m.

For more information, visit [NationwideChildrens.org/Practice-Fitness](http://NationwideChildrens.org/Practice-Fitness).

To register, visit [CoPeds.org/Calendar](http://CoPeds.org/Calendar)

Join us for an interactive session with Dr. Ronald Epstein, national speaker and best-selling author of *Attending* presented by Nationwide Children's Hospital, Children's Practicing Pediatricians, Partners For Kids and The Central Ohio Pediatric Society (COPS). Dr. Epstein will discuss mindful practice — quality of mind, during every day practice, in which clinicians can better know themselves, be more attentive, curious, flexible and present in the service of improving the quality of care they provide, responding to stress with creativity and resilience, and enhancing their own sense of connection with their work.

### Third Annual Pediatric Home Care Conference

November 2, 2018  
Nationwide Children's Hospital Education Center, |Columbus, Ohio

For more information and to register, visit [bit.ly/HomeCare2018](http://bit.ly/HomeCare2018).

To register, visit [CoPeds.org/Calendar](http://CoPeds.org/Calendar)

Nationally known motivational speaker and author, Matthew Jones, will present "Pediatric Home Care is a Marathon: How to Stay Motivated." The first 100 people to RSVP for the

conference will receive a free copy of Matt's most recent book, "Happiness is a Marathon: 26.2 Ways to Stay Happy at Work and in Life." Other topics covered at the conference include challenges of pediatric DME and toy adaptation; best practices for occupational, physical and speech therapies; new standards for home infusions and home health; implementation of a falls risk assessment; and pediatric trach simulation education for caregivers and staff. CEs available for Nursing, OT, PT, Speech Therapy and Social Work.

## 7th Annual Nationwide Children's Hospital Pediatric Sports Medicine and Orthopedics Conference

November 9, 2018

OCLC Conference Center, 6600 Kilgour Pl., Dublin, Ohio 43017

For more information and to register, visit [bit.ly/2018Sports](http://bit.ly/2018Sports).

Contact Kelly Hallberg at (614) 355-0676 with questions.

Featuring the 2018 Rohyan's Visiting Professor Keynote Presentation: "Lindsay's Law: Sudden Cardiac Arrest in Athletes" by Anastasia Fischer, MD, FACSM and Naomi Kertesz, MD

Register to hear the 2018 Rohyans Visiting Professor keynote presentation "Lindsay's Law: Sudden Cardiac Arrest in Athletes" by Anastasia Fischer, MD, FACSM and Naomi Kertesz, MD. Other topics covered will include: opioid safety in sports medicine, pediatric gait abnormalities, adaptive sports medicine, golfing injuries, exercise prescriptions, surgical issues of the elbow in young athletes, importance of vitamin D in bone health, sports supplements, concussion rehab & return to play, and many more. This conference is designed for physicians, athletic trainers, physical therapists and nurses who treat pediatric patients with sports medicine injuries and orthopedic problems.

For more information about CME at Nationwide Children's visit [NationwideChildrens.org/Continuing-Medical-Education-CME](http://NationwideChildrens.org/Continuing-Medical-Education-CME). To contact the CME Office email [cmeoffice@NationwideChildrens.org](mailto:cmeoffice@NationwideChildrens.org) or call (614) 355-0650. For more information about Outreach courses, visit [NationwideChildrens.org/Professional-Outreach-Education](http://NationwideChildrens.org/Professional-Outreach-Education) or call (614) 355-0669.

### GRAND ROUNDS & LOUNGE AND LEARN

## Pediatric Grand Rounds

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium. They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To*

*Home* Center. For directions to *Close to Home*<sup>SM</sup> Centers, visit [NationwideChildrens.org/Maps-and-Directions](http://NationwideChildrens.org/Maps-and-Directions).

Evaluation forms are now available online by visiting <http://tinyurl.com/PGREval2018>.

Date	Topic	Speaker
10/11	Resuscitation of the Newly Born: The Golden Minutes	Dr. Myra Wyckoff, University of Texas, SW Medical Center
10/18	Autism and Spectrum Disorders	Dr. Jacqueline Wynn, Nationwide Children's
10/25	Tuberous Sclerosis	Dr. Elizabeth Thiele, Massachusetts General Hospital
11/1	Climbing the Quality Tree	Dr. Rahul Shah, Children's National Health System
11/8	Effective Communication Strategies for Vaccine Hesitancy	Dr. Amanda Dempsey, University of Colorado Hospital
11/15	Much More than Just a Rash: SJS, DRESS, and Other Serious Drug Reactions	Dr. Patricia Witman, Nationwide Children's Hospital
11/22	No Grand Rounds	

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at [NationwideChildrens.org/CME-On-Demand](http://NationwideChildrens.org/CME-On-Demand).

*Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.*

## Child and Adolescent Psychiatry and Behavioral Health Grand Rounds

December 5, 2018

Discovery Auditorium, Nationwide Children's Hospital  
4-5 p.m.

## Lounge and Learn

Lounge and Learn will take place from 7:30 to 8:30 a.m. in the Medical Staff Lounge (Bruce Graham Lounge) – RH1031.

Date	Topic	Speaker
10/19	Changes in Immunizations & Schedules	Mike Brady, MD
11/2	New Guidelines for Reflux	Carlo DiLorenzo, MD
12/7	Protocols for Possible Penicillin Sensitivities	Margaret Redmond, MD
12/21	Update on Gene Therapy Trials	Kevin Flanigan, MD

# Don't Miss Out on 2018 Maintenance of Certification (MOC) Part 4 Credit

New MOC Projects: To get a new project approved for MOC Part 4 in 2018, you must submit all application materials no later than 10/26/2018.

Physician Credit for MOC: To get Part 4 credit for participating in an NCH-approved MOC project in 2018, you must submit an attestation form no later than 11/21/2018.

For more information and forms, please see the ANCHOR MOC Page at <http://anchor.columbuschildrens.net/maintenance-of-certification-1>.

Send applications, attestation forms and questions to:  
Andrea Renner, QIE/MOC Coordinator  
[Andrea.Renner@NationwideChildrens.org](mailto:Andrea.Renner@NationwideChildrens.org)  
(614) 722-4969





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Medical staff can sign-up to receive MedStat eAlerts once a month at **[NationwideChildrens.org/MedStat-Preferences-Form](http://NationwideChildrens.org/MedStat-Preferences-Form)**.

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