

Visit NationwideChildrens.org/MedStat for additional information regarding many of these articles.

NEWS YOU CAN USE

You Still Have Time to Join the 2019 Medical Leadership Program

Interested medical staff should contact Jordan Kuntz at Jordan.Kuntz@NationwideChildrens.org or call (614) 722-4027 with their name, title and department. Final date for participant submissions is Friday, December 15.

Don't Miss Out on 2018 Maintenance of Certification (MOC) Part 4 Credit

Physicians participating in existing MOC projects seeking Part 4 credit in 2018 must submit attestation forms no later than **11/23/2018**. For more information (including

a list of approved MOC projects and forms), please see the Anchor MOC Page at <http://anchor.columbuschildrens.net/maintenance-of-certification-1>. Send attestation forms and questions to Andrea Renner, QIE/MOC Coordinator at Andrea.Renner@NationwideChildrens.org or call (614) 722-4969.

Nationwide Children's Hospital Patient Financial Assistance Program

Nationwide Children's is committed to offering financial assistance to people who have health care needs and are not able to pay for care. No child will be denied care due to inability to pay for services. We accept most insurance plans, including Medicaid. For all other patients, Nationwide Children's has financial assistance programs for those who qualify. Financial support staff are available to help families sign up for insurance (including Medicaid) or to find out if they qualify for financial assistance. For more information, contact Financial Services at (614) 722-2070 or visit NationwideChildrens.org/Financial-Assistance.



Roshini Abraham, PhD

FEATURED PHYSICIAN

Roshini Abraham, PhD, is the associate chief of Academic Affairs and founding director of the Diagnostic Immunology Laboratory in the Department of Pathology and Laboratory Medicine. Previously, Dr. Abraham was the founding director of the Cellular and Molecular Immunology Laboratory at the Mayo Clinic and professor of Medicine, and Laboratory Medicine and Pathology at the Mayo Clinic College of Medicine.

Dr. Abraham received her PhD in Immunology from the National Institute of Immunology, New Delhi, India, and completed post-doctoral fellowships in Immunology, and Clinical Immunology and Biochemistry at the Mayo Clinic. She is a diplomat of the American Board of Medical Laboratory Immunology and a fellow of the American Academy of Allergy, Asthma and Immunology. She is the current president of the Clinical Immunology Society and has been active in the field of clinical diagnostic immunology, developing flow cytometry assays for immunodeficiencies and immune monitoring in post-transplant settings, and molecular immunology testing including next generation sequencing assays for primary immunodeficiencies and immune dysregulatory diseases.



NATIONWIDE CHILDREN'S

When your child needs a hospital, everything matters.SM

PRIMARY CARE MATTERS

Primary Care Matters is a guest column written for MedStat by a local pediatrician or primary care provider.

The Joys and Challenges of Rural Pediatrics

Written by Jill Neff, DO, owner/pediatrician of Hometown Pediatrics, Jackson, Ohio

I often tell my medical students to not just pick out a specialty, but first, pick out a place where they want to live. Being happy with one's life is more important than just being happy with one's job. If a person prefers to live in a rural setting, then they probably should not become a neuro- or cardiovascular surgeon that requires a fairly dense population to support their specialty. Happiness needs to surround a person in all aspects.

I knew I needed rural life and pediatrics fit that just fine. At times, it has been frustrating: there have been few, if any, peers with whom to converse, there have been precious few medical support systems such as labs and X-rays readily available. The call schedule ... well, that doesn't exist as I am the only one on call. Time off has been few and far between, and hardly any other physician/hospital has ever felt the need to help. I have been told not once, but multiple times, "you picked it, you live (deal) with it". And the pay — well, it's rural — jobs are not readily available, family incomes are low ... need I say more? Those are just a few of the frustrations that come to mind.

But, on the other hand, the opportunities and joys are many.

To continue reading Dr. Neff's article, visit see the insert in your packet or visit NationwideChildrens.org/MedStat.

FEATURED PROGRAM

Adolescent Medicine Substance Abuse Program

Incidences of drug overdose are continuing to climb. In the United States from August 2016 to August 2017, there were more than 67,000 deaths due to drug overdose. Between 1999 and 2016 almost 57,000 adolescents and young adults (ages 15-25 years) have died from a drug overdose. Almost 4 million 12-25 year olds have a substance abuse problem in the United States, but only 9 percent get any sort of treatment.

Because virtually all addictions start during adolescence, Nationwide Children's Adolescent Medicine Substance Abuse Program is designed to help adolescents who are abusing a full range of substances. Our multidisciplinary team of adolescent medicine and substance abuse experts include physicians, nurses, social workers and a substance abuse counselor.

Our team conducts a formal substance abuse assessment and medical exam and determines the appropriate treatment plan as well as the best place for that treatment. Located on the Nationwide Children's Hospital campus, Adolescent Medicine is able to care for the whole patient including basic medical care and mental health issues. Our team works in a partnership with the referring primary care physician, or we can take over all of the medical care if that is what is desired.

To make referral, call (614) 355-8614 or visit NationwideChildrens.org/Adolescent-Medicine.

INNOVATION AND DISCOVERY

Read more news from The Research Institute at NationwideChildrens.org/Research-News. Addition information on these topics at NationwideChildrens.org/MedStat.

Resources for Addressing Youth's Behavioral Health

Studies and treatments for mental illnesses, disorders of brain development, and behaviors affecting emotional, psychological and physical health of adolescents are inadequate to address the needs of the one in five teens in the United States who are impaired by a mental health disorder. Much less the behavioral health of younger children and the effects on families. As part of Nationwide Children's *On Our Sleeves* campaign to raise awareness and begin addressing minors' health care needs, pediatric care providers may download resources for their practices. Learn more at PediatricsNationwide.org.

Guidance for Workup and Imaging for Lower Back Pain and Possible Spondylolysis

School-age children commonly suffer lower back pain but in up to 80 percent of cases, no specific etiology is found. Thomas L. Pommering, DO, chief of Sports Medicine at Nationwide Children's, provides guidance on employing a workup to rule in or out causes, when an inflammatory etiology is suggested and how to proceed accordingly. Dr. Pommering also offers parameters for identifying spondylolysis and the benefits and potential harms of different imaging modalities used to diagnose the causes of pain. Learn more at NationwideChildrens.org/MedStat.

Measure Helps to Detect Hemiplegic Cerebral Palsy Early

Early detection of cerebral palsy (CP) allows for earlier interventions and increases chances for better outcomes, but diagnoses without specialized tools and training have proven

difficult. Researchers at Nationwide Children's, led by Nathalie Maitre, MD, PhD, director of NICU Follow-up Programs, may have found a simple solution. In a study of 74 infants with CP, the researchers discovered that an asymmetry score from the Hammersmith Infant Neurological Examination (HINE) used in combination with a total HINE score can differentiate young children with hemiplegic CP from typically-developing children. Learn more at [NationwideChildrens.org/MedStat](https://www.nationwidechildrens.org/MedStat).

AWARDS & RECOGNITION

Physician Recognition Awards Photos

Visit [NationwideChildrens.org/MedStat](https://www.nationwidechildrens.org/MedStat) to view photos from the Physician Recognition Awards held September 26, 2018. Congratulations to all our award recipients!

Nationwide Children's Recognized as BlackDoctor.org 2018 Top Hospital for Diversity

The leading health and wellness online destination for African Americans, BlackDoctor.org, recently honored Nationwide Children's Hospital as a "2018 Top Hospital for Diversity." This is another showcase of our commitment to delivering high quality care to all patients and how a diverse hospital environment improves patient outcomes.

ABMS Names Nationwide Children's as Recipient of its First-Ever Quality Improvement Award

The American Board of Medical Specialties (ABMS) has awarded Nationwide Children's Hospital its first-ever ABMS Multi-Specialty Portfolio Program™ Outstanding Achievement in Quality Improvement Award. The award was established to recognize the exemplary efforts and activities of Portfolio Program Sponsors that are working to improve patient care quality, safety, outcomes and experiences. The organizations recognized will have demonstrated leadership and innovation in QI planning, implementation, and the ability to spread and sustain QI effort improvement and outcomes in their organization. Nationwide Children's Hospital was selected because of QI excellence it demonstrated for its efforts to Reduce Adverse Drug Events.

Nationwide Children's Physicians Receive Awards from Ohio AAP

The Ohio Chapter, American Academy of Pediatrics (Ohio AAP), awarded the Elizabeth Spencer Ruppert "Outstanding Pediatrician" award, which is Ohio AAP's highest honor, to Michael Brady, MD, FAAP, for his distinguished achievements and outstanding contributions to the advancement of pediatric care and education for patients and physicians of Ohio. The 2018 Arnold Friedman Community Pediatrician Award was given to Olivia Thomas, MD, FAAP, for her long-term service to the children and youth of the Columbus area.

HOMECARE UPDATE

One Team – Bringing Nationwide Children's Expertise Home

In recognition of National Home Care and Hospice month, Homecare is celebrating growth and their One Team approach to delivering the expertise of Nationwide Children's Hospital to the homes of patient families.

As part of the nation's largest pediatric hospital, Homecare offers several services:

- Infusion Pharmacy
- Pediatric Home Medical Equipment
- Intermittent Nursing
- Private Duty Nursing
- Skilled Therapy (OT, PT and Speech)
- Hospice and Palliative Care Services

Each one of our service lines adheres to the same JC quality standards as Nationwide Children's, and as a result, Homecare is leading our pediatric home care peers in QI outcomes.

Because Nationwide Children's Hospital has experienced tremendous growth over the past decade, Homecare's services have continued to expand. We now provide services such as Asthma Express, Factor and Phototherapy. An updated Phototherapy fact sheet is in the November mailing. We have also opened central Ohio's first pediatric-specific Medical Equipment and Supplies Store at Lewis Center, offering everything from therapy, and feeding products sized for infants and children, as well as sports medical supplies for young athletes.

For information on all our services and our team, visit [NationwideChildrens.org/Homecare](https://www.nationwidechildrens.org/Homecare).

MOMENTS IN NATIONWIDE CHILDREN'S HISTORY

- 1930 — Eye and orthodontic treatment clinics opened
- 1931 — Marked the first recorded OSU pediatric resident
- 1931 — Hospital began to take private paying patients at \$4/week. Prior to this, only the indigent were inpatients.

What an amazing start to our present national highly ranked research programs!

PHARMACY & THERAPEUTICS COMMITTEE UPDATES

Visit NationwideChildrens.org/MedStat for actions taken at the Pharmacy & Therapeutics Committee meetings in September. For more information, contact Michael Storey at Michael.Storey@NationwideChildrens.org.

EVENTS

Medical Staff Holiday Social

Saturday, December 1, 2018

6:30 p.m. to 11 p.m.

The Columbus Athenaeum, Olympian Ballroom, 32 North 4th St., Columbus, OH

Cocktails and heavy hors d'oeuvres
Complimentary valet parking available

Please RSVP your attendance to (614) 355-0847 or by email at HolidayRSVP@NationwideChildrens.org.

Highlights of Upcoming Conferences:

Annual Pediatric Infectious Diseases Conference

37th Annual Dwight A. Powell Pediatric Infectious Diseases Conference in conjunction with 35th Annual Pediatric Infectious Diseases Nursing Conference

April 12, 2019

The Fawcett Event Center at The Ohio State University, Columbus, Ohio

For more information and to register, visit <http://bit.ly/2019ID> or call (614) 355-0650.

Nationally recognized speaker Dr. Sarah S. Long, a professor of Pediatrics at Drexel University College of Medicine and chief of the Section of Infectious Diseases at St. Christopher's Hospital

for Children in Philadelphia, will be presenting "Vaccine Policy 2019: Between Rocks and Hard Places" and "The Year's Top ID Articles for the Practitioner."

A selection of this year's topics include:

- Spectrum of Streptococcus pyogenes infections
- *Kingella kingae* infections
- A primer of the respiratory viruses
- Nursing narratives
- Disseminated MRSA – A Transdisciplinary Discussion

2019 Neonatal/Perinatal Conference

May 14, 2019 – SPECIAL EVENT

May 15-16, 2019 – Main Conference

Nationwide Hotel and Conference Center, 100 Green Meadows Drive South, Lewis Center, OH

For more information and to register, visit <http://bit.ly/neonatal2019> or call (614) 355-0650.

The 2019 Neonatal/Perinatal Conference will offer a kick-off special event day that will cover a wide range of legal topics including:

- The anatomy of a lawsuit
- Mock deposition
- Documentation dos and don'ts
- Communications concerning prevention strategies with families and for second victim phenomena with support strategies that all health care professionals can utilize in their day-to-day interactions with each other and with patients and families.

The main 2-day conference will follow with comprehensive presentations covering evidence-based practices and quality improvement and safety.

Communicating Medicine: Harnessing the Power of Social Media in Healthcare

June 14, 2019

Nationwide Children's Hospital, Stecker Auditorium, Columbus, Ohio

For more information and to register, visit <http://bit.ly/SoMe2019> or call (614) 355-0650.

Unsure why or how health care professionals should be involved with social media? Then you won't want to miss this conference. Topics covered will inform health care providers how they can use social media to grow their practice, improve their patient relationships and address situations where social media can be used to place them in a negative light. Attendees will participate

in hands-on workshops in order to become more skilled in utilizing social media as part of their professional practice.

2019 Clinical and Scientific Advances in Urinary Tract Infections Conference

Integrating the Bench and the Bedside Perspectives in the Management of UTI

June 28-30, 2019

Hyatt Regency Columbus, 350 North High Street Columbus, Ohio

For more information and to register, visit <http://bit.ly/2019UTICongress> or call (614) 355-0650.

Accepting abstracts starting January 1 with trainee speaking opportunities available!

For more information about CME at Nationwide Children's visit NationwideChildrens.org/Continuing-Medical-Education-CME. To contact the CME Office email cmeoffice@NationwideChildrens.org or call (614) 355-0650. For more information about Outreach courses, visit NationwideChildrens.org/Professional-Outreach-Education or call (614) 355-0669.

GRAND ROUNDS & LOUNGE AND LEARN

Pediatric Grand Rounds

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium.

They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home* SM Centers, visit NationwideChildrens.org/Maps-and-Directions.

Evaluation forms are now available online by visiting <http://tinyurl.com/PGREval2018>.

Date	Topic	Speaker
11/22	No Grand Rounds	
11/29	Updates in pediatric obesity: Medical and surgical implications	Drs. Marc Michalsky and Ihuoma Eneli, Nationwide Children's
12/6	Update on Bronchial Pulmonary Dysplasia (BPD)	Dr. Edward Shepherd, Nationwide Children's Hospital
12/20& 12/27	No Grand Rounds	

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at NationwideChildrens.org/

CME-On-Demand.

Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.

Child and Adolescent Psychiatry and Behavioral Health Grand Rounds

December 5, 2018

Discovery Auditorium, Nationwide Children's Hospital 4-5 p.m.

Lounge and Learn

Lounge and Learn will take place from 7:30 to 8:30 a.m. in the Medical Staff Lounge (Bruce Graham Lounge) – RH1031.

Date	Topic	Speaker
12/7	Protocols for Possible Penicillin Sensitivities	Margaret Redmond, MD
12/21	Update on Gene Therapy Trials	Kevin Flanigan, MD



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