

Visit NationwideChildrens.org/MedStat for additional information regarding many of these articles.

PRIMARY CARE MATTERS

Behavioral Health in a Pediatric Primary Care Office

Written by Brad Dickson MD, Health One

Health One (formerly South West Pediatrics) has been incorporating mental health diagnostics and treatment in earnest since I joined the practice in 1999. My interest and training in caring for patients with behaviorally pathologic diagnoses of the brain stemmed from personal experiences with children having mental illnesses and a recognition of the typically great intellect of children with mental health pathology. These patients are simply fascinating human beings to know.

To manage a large amount of children with serious mental health diagnoses in a primary care pediatric practice is an overwhelming but very rewarding endeavor. It is overwhelming work because of how complicated and time consuming their problems are to figure out and then in turn making a plan to help them attain functionality in life. It is typically an extremely emotional process for all parties involved as well. This ironically tends to be a large part of the rewarding aspect of treating these incredible children.

To continue reading Dr. Dickson's article, visit NationwideChildrens.org/MedStat.

INNOVATION AND DISCOVERY

More news from The Research Institute can be found at NationwideChildrens.org/Research-News.

Medical Home Care for Teens Appears to Benefit Caregiver Health as Well

Studies have shown that a medical home can improve the health-care quality of life among patients, but the effect appears to be broader. Parents of chronically-ill teens report a better health-care quality of life for themselves when their children receive care consistent with a medical home, especially if the care is family-centered and coordinated care, in a new study led by Deena Chisolm, PhD, program director of the Patient-Centered Pediatric Research Program at the Center for Pediatric Innovation at Nationwide Children's. The study is in *Academic Pediatrics*.

Primary Care Providers Can Improve Outcomes for Patients and Families Who Have Suffered Trauma

Why should primary care providers know the signs and symptoms associated with trauma? More than 60 percent of children and caretakers experience at least one trauma and evidence shows an association between traumatic events and long-term physical and mental health issues. There are questions to ask, answers to listen for and appropriate interventions. Anna Kerlek, MD, a psychiatrist at Nationwide Children's, concedes that pediatricians may feel this is beyond their traditional role but argues the payoff for families and children is well worth it.



**NATIONWIDE
CHILDREN'S**

When your child needs a hospital, everything matters.SM

Preventative and Acute Therapies for Migraine Offer More Management Options

Migraines cause children stress and to miss school, and interrupts parents' work and schedules. While educating patients and families about healthy lifestyles and avoiding migraine triggers remains the foundation of treatment, new advances and approved use of triptans for children offer new options. The Division of Neurology at Nationwide Children's reviewed potential strategies for migraine management and created charts on preventative and acute therapies. Learn more at NationwideChildrens.org/MedStat.

AWARDS & RECOGNITION

Nationwide Children's Recognized Among Forbes 2018 List of America's Best Employers

Every year *Forbes* recognizes 500 large (over 5,000) and mid-size employers on their list of America's Best Employers. This year Nationwide Children's Hospital has made the list. Nationwide Children's is the top-ranked children's hospital and one of only 25 health care organizations who made the large employer list. To view the entire list visit Forbes.com/Best-Employers/List.

PHARMACY & THERAPEUTICS COMMITTEE UPDATES

Visit NationwideChildrens.org/MedStat for actions taken at the Pharmacy & Therapeutics Committee meeting in April and May. For more information, contact Michael Storey at Michael.Storey@NationwideChildrens.org.

EVENTS

Save the Date!

- Physician Recognition Awards at Stecker Auditorium on September 26, 2018
- Medical Staff Holiday Social at The Columbus Athenaeum on December 1, 2018

Highlights of Upcoming Conferences:

2018 Pediatric Pearls Conference: Harnessing the Power of Social Media to Improve Health Outcomes

August 30, 2018

Stecker Auditorium, Nationwide Children's Hospital, Columbus, Ohio

For more information and to register, visit tinyurl.com/Pearls2018 or call (614) 355-0676

Keynote Presentation: Anti-Vax Social Media Attacks
Todd Wolynn MD, MMM, IBCLC, President and CEO, Kids Plus Pediatrics, Executive Director, Breastfeeding Center of Pittsburgh, Pittsburgh, PA

Additional Topics:

- Crafting Focused Messages for a Target Audience
- Establishing and Growing a Social Media Presence
- Curating and Sharing Digital Content
- Creating Original Content with Blog Posts
- Pediatric Gynecology
- Managing Gender Dysphoria
- Tongue Tie
- Dyslexia Update

Screening, Assessment and Referral for Substance Abuse in the Primary Care Setting

September 27, 2018

Stecker Auditorium, Nationwide Children's Hospital, Columbus, Ohio

Dinner and networking at 5:30 p.m.
Program from 6-8 p.m.

For more information and to register for this free CME, visit tinyurl.com/BHSept18

This free session will review the current trends in the research on adolescent substance abuse and addiction, specifically focusing on identifying common drugs of abuse and evidenced-based screening tools developed for primary care settings. Levels of care, recommendations for referral, and care management will also be discussed.

The Central Ohio Pediatric Society and Practice Fitness

Primary Care Series Presents Flourishing at Work: Mindful Lessons for Clinicians and Leaders

Featuring national speaker and best-selling author of "Attending,"
Dr. Ronald Epstein

October 30, 2018
La Navona, 154 N Hamilton Rd, Gahanna, OH 43230

Social hour at 6 p.m.
Dinner at 6:45 p.m.
Program begins at 7 p.m.

For more information, visit NationwideChildrens.org/Practice-Fitness.

To register, visit CoPeds.org/Calendar

Mindful practice refers to a quality of mind, during every day practice, in which clinicians can better know themselves, be more attentive, curious, flexible and present in the service of improving the quality of care they provide, responding to stress with creativity and resilience, and enhancing their own sense of connection with their work. Nationwide Children's Hospital, Children's Practicing Pediatricians, Partners For Kids and The Central Ohio Pediatric Society (COPS) are excited to present this interactive session with Dr. Epstein who will propose ways of becoming more mindful at work and institutional cultures that promote mindfulness.

For more information about CME at **Nationwide Children's** visit NationwideChildrens.org/Continuing-Medical-Education-CME. To contact the CME Office email cmeoffice@NationwideChildrens.org or call (614) 355-0650. For more information about Outreach courses, visit NationwideChildrens.org/Professional-Outreach-Education or call (614) 355-0669

GRAND ROUNDS & LOUNGE AND LEARN

Grand Rounds

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium. They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home* SM Centers, visit NationwideChildrens.org/Maps-and-Directions.

Remember to log onto the following link to complete your online evaluation: <http://tinyurl.com/PGREval2018>.

Date	Topic	Speaker
6/14	Behavioral Feeding Difficulties in Children	Dr. Wendelin Burdo-Hartman and Dr. Robert Dempster, Nationwide Children's Hospital
6/21	Update in Pediatric Burn Care	Dr. Amalia Cochran, University of Utah
6/28	No Grand Rounds. Resident Orientation.	
7/5	The Use of Cells as Therapy – Promises and Perils	Dr. Dean Lee, Nationwide Children's Hospital
7/12	The Clot Thickens – Thrombosis in Children	Dr. Riten Kumar, Nationwide Children's Hospital
7/19	Thyroid, Lumps, What Next?	Dr. Jennifer Aldrink and Dr. Robert Hoffman, Nationwide Children's Hospital

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at

NationwideChildrens.org/CME-On-Demand.

Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.

Surgical Grand Rounds

Surgical Grand Rounds will be held the fourth Wednesday of the month from 7 to 8 a.m. in WA1020, Discovery Auditorium. Please note: these topics are tentative and subject to change.

Date	Topic	Speaker
6/27	No Surgical Grand Rounds due to Department of Surgery Faculty Meeting	

Child and Adolescent Psychiatry and Behavioral Health Grand Rounds

Upcoming dates:

- 8/15/2018
- 12/5/2018

Lounge and Learn

Lounge and Learn will be taking a break during the summer months and will resume in the fall.



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