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NEWS YOU CAN USE

Nationwide Children's Named to U.S. News Honor Roll

Nationwide Children's Hospital has once again been named to *U.S. News & World Report's* Best Children's Hospitals Honor Roll at number seven. Honor Roll is a top distinction, awarded to only 10 children's hospitals nationally. The 2018-19 Honor Roll designation marks the fifth consecutive year the hospital has received this recognition. Nationwide Children's has also been recognized in all 10 specialties for eight consecutive years. To view all rankings, visit NationwideChildrens.org/News-Room.

Ebola Awareness and Monitoring

There is a small outbreak of Ebola in the Democratic Republic of the Congo. The World Health Organization has stated the risk at the global level is low. Nationwide Children's Emergency Preparedness team and the Special Pathogens Steering Committee will continue to monitor news from the WHO and CDC.

Fast facts:

- Ninth Ebola outbreak in Democratic Republic of the Congo since Ebola was first detected there in 1976.
- This outbreak has not been declared as an international threat by the World Health Organization.
- There are no travel restrictions in or out of the Democratic Republic of the Congo.
- Travel history should be obtained from any patient/ family if a patient has Ebola-like signs or symptoms.

Update: Child Abuse Assessments

Nationwide Children's Hospital recently defended a federal lawsuit in which families alleged that the hospital's assessment for suspected child abuse violated the families' Constitutional rights. The courts denied this challenge and held that child abuse assessments performed in accordance with the medical standard of care cannot be used as a basis to hold medical providers liable for Constitutional violations. This supports the common medical practice of assessing children with suspicious injuries to ensure that they have not suffered additional injuries. In addition, Ohio law requires us to report any concern (question) of child abuse/neglect that we have. Please continue to report these cases and discuss with the families the need for protection while not accusing any person(s).



Sean Rose, M.D.

FEATURED PHYSICIAN

Sean Rose, MD, is co-director of the Complex Concussion Program and a pediatric sports neurologist at Nationwide Children's. Dr. Rose is also an assistant professor of Pediatrics and Neurology at The Ohio State University. He completed his medical degree at the University of Virginia, residency in Child Neurology at Nationwide Children's, and fellowship in Sports Neurology at The Sports Neurology Clinic. He is board certified in Neurology with special qualifications in Child Neurology.

Dr. Rose's clinical practice focuses on concussion and other neurological conditions in athletes. Research interests include neurocognitive effects of sub-concussive impacts and the physiological and autonomic characteristics of concussion and post-concussion syndrome. Among his experiences, Dr. Rose has provided sideline coverage for multiple Division 1 collegiate athletics programs, was a consultant for the NBA's concussion program, and led a multi-year prospective outcomes study in youth football players.



When your child needs a hospital, everything matters.SM

PRIMARY CARE MATTERS

Primary Care Matters is a guest column written for MedStat by a local pediatrician or primary care provider.

Using Social Media to Enhance Your Primary Care Practice

Written by Mary Lynn Niland, MD, Step by Step Pediatrics

It was 2009, and the novel Influenza virus, H1N1, was scaring the nation. An unprecedented number of calls flooded our practice from parents worried about what they were hearing and reading in the news. Needing to widely and efficiently share current, reliable information with patients, our practice's Facebook page – "COPC - Step by Step Pediatrics" – was born.

It's hard to remember a time when Facebook and other social media platforms were not our primary sources for news, information, and communication. Parents, especially mothers, are heavily engaged on social media. Over the nearly ten years of managing our practice's Facebook page (and its offshoots, *Step by Step Wellness*, and *What's McClellan Cooking?*), I've learned about building and maintaining a medical social media community. Whether your practice hasn't yet taken the plunge or if you're already engaging patients via social media, read on for ways to use it to enhance your practice.

To continue reading Dr. Niland's article, see the insert in your MedStat packet or visit NationwideChildrens.org/MedStat.

COMMUNITY PROVIDER COMMUNICATIONS

Order Care Navigation using CareLink

The Partners for Kids Care Navigation Program improves the lives of children and their families by making health care easy to use. When a child is enrolled, a Care Navigation team member is assigned to work with schools, insurance companies, community groups and the health care team to help the child get what he or she needs.

Which patients best benefit from Care Navigation services?

- Children and families with complex medical problems or special health care needs.
- Families who have many people involved in their child's health care including specialists, homecare nurses and schools.
- Families who frequently visit their primary care provider, emergency room, or hospital.

If you are enrolled in CareLink, you can order a referral for Care Navigation services, as well as identify your patients currently enrolled and review their individual care plans. Included in your MedStat packet are instructions for using this service.

If you have questions about Care Navigation, contact Meghann Rice, RN, at Meghann.Rice@NationwideChildrens.org.

If you have questions or would like more information about CareLink, visit NationwideChildrens.org/CareLink.

INNOVATION AND DISCOVERY

More news from The Research Institute can be found at NationwideChildrens.org/Research-News. Addition information on these topics can be found at NationwideChildrens.org/MedStat.

Newly Formed Biostatistics Resource Supports Clinical, Lab-Based and Population Health Research

The newly formed Biostatistics Resource at Nationwide Children's Hospital (BRANCH) merges the existing Nationwide Children's Biostatistics Core with The Ohio State University's Center for Biostatistics. BRANCH provides biostatistical support for Nationwide Children's investigators and is led by Guy Brock, PhD, research associate professor in the Department of Biomedical Informatics and deputy director of the Center for Biostatistics. BRANCH consists of five PhD faculty / research scientists and six MS biostatisticians with expertise in a variety of areas including clinical trials, complex observational studies, and high-throughput statistical bioinformatics. To learn more, visit NationwideChildrens.org and search "BRANCH."

Questions to Ask, Signs to Look for in Young Women at Risk for von Willebrand Disease

Nearly 90 percent of girls with heavy menstrual bleeding are not screened for von Willebrand Disease, despite recommendations by the American College of Obstetricians and Gynecologists, a study led by Sarah O'Brien, MD, MSc, a pediatric hematologist at Nationwide Children's, found. She and colleagues recommend pediatricians ask young women some specific questions about their periods during health supervision visits, look for underlying causes of anovulatory bleeding or menstrual bleeding well-controlled by hormonal contraceptives and more. The study is in *Obstetrics & Gynecology*.

Guide to Lyme Disease, West Nile Virus and Other Conditions

With summer comes increased risks for tick- and mosquito-borne diseases. The number of cases of Lyme disease in Ohio continues to grow annually and West Nile virus has been found in all counties within the state and, under some conditions, seasonal epidemics occur. Laboratory Services and

the Division of Infectious Diseases at Nationwide Children's have developed a guide for primary care providers reviewing signs and symptoms, testing and diagnosis for these and other conditions. For more information, visit NationwideChildrens.org/MedStat.

PEG 3350 Use Not Associated With Abnormally High Glycol Levels in Children

Recent reports of behavioral changes in children taking the laxative polyethylene glycol (PEG) 3350 laxative, commonly sold as MiraLAX, spurred the U.S. Food and Drug Administration to request research into whether the laxative contributes to neuropsychiatric events. A study in *The Journal of Pediatrics*, led by Kent Williams, MD, a member of the Division of Gastroenterology at Nationwide Children's, found low levels of potentially neurotoxic glycol compounds in children taking PEG3350 and untreated children. The researchers suggest behavioral changes are more likely associated with constipation.

IN MEMORIAM

Remembering E. Thomas Boles, MD, Pediatric Surgeon

Dr. E. Thomas Boles, Jr., born May 6, 1921, grew up in Columbus and attended The Ohio State University for two years before transferring to William and Mary College where he graduated in 1942. He then attended Harvard Medical School where he received his medical degree in 1945. After taking a surgical internship in New York City at St. Luke's Hospital, he served in the United States Army Medical Corps for two years, primarily in post-war Japan serving first as a base surgeon at Ashiya Air Base and then at Tachikawa Air Base as head of the surgical service. He moved to New York City in 1948 to complete a two-year residency at St. Luke's Hospital.

In 1950, Dr. Boles accepted the invitation of Dr. Robert Zollinger to train as a surgical resident at The Ohio State University. It was during this time that he became particularly interested in pediatric surgery. After this residency, he continued his career at Nationwide Children's Hospital as a pediatric surgeon, earning the respect of colleagues at home and abroad. In 1969 he was named chief and associate medical director of the Department of Pediatric Surgery, positions he held until retirement in 1991. He was also director of the Division of Pediatric Surgery at The Ohio State University for 19 years. He was a founding member of the American Pediatric Surgical Association and served as its president in 1977.

Dr. Boles valued scholarship, had a deep and abiding love of the arts, and enjoyed many outdoor sports including skiing, bicycling, sailing and golf. His family looked forward to summer trips to Glen Lake in northern MI and winter ski holidays. Later in life he took up the game of bridge and became a skilled player.

Dr. Boles passed away in June 2018. To share a memory of Dr. Boles, visit www.Shoedinger.com/Obituaries/Ewing-Boles/.

AWARDS & RECOGNITION

Nationwide Children's Earns "LGBTQ Healthcare Equality Leader" Designation

Nationwide Children's recently announced its "LGBTQ Healthcare Equality Leader" designation from the Human Rights Campaign Foundation (HRC). The designation was awarded in the 11th edition of the Healthcare Equality Index (HEI). Nationwide Children's joins only 418 healthcare providers nationwide to earn the "LGBTQ Healthcare Equality Leader" designation. To learn more, visit NationwideChildrens.org/News-Room.

PHARMACY & THERAPEUTICS COMMITTEE UPDATES

Visit NationwideChildrens.org/MedStat for actions taken at the Pharmacy & Therapeutics Committee meeting in June. For more information, contact Michael Storey at Michael.Storey@NationwideChildrens.org.

EVENTS

Save the Date!

- Physician Recognition Awards at Stecker Auditorium on September 26, 2018
- Medical Staff Holiday Social at The Columbus Athenaeum on December 1, 2018

Highlights of Upcoming Conferences:

2018 Pediatric Pearls Conference: Harnessing the Power of Social Media to Improve Health Outcomes

August 30, 2018
Stecker Auditorium, Nationwide Children's Hospital, Columbus, Ohio

For more information and to register, visit tinyurl.com/Pearls2018 or call (614) 355-0676

Keynote Presentation: Anti-Vax Social Media Attacks

- Todd Wolynn MD, MMM, IBCLC, President and CEO, Kids Plus Pediatrics, Executive Director, Breastfeeding Center of Pittsburgh, Pittsburgh, PA

- Chad Hermann, MA, PhD ABD, Communications Director, Kids Plus Pediatrics, Pittsburgh, PA

Additional Topics:

- Crafting Focused Messages for a Target Audience
- Establishing and Growing a Social Media Presence
- Curating and Sharing Digital Content
- Creating Original Content with Blog Posts
- Pediatric Gynecology
- Managing Gender Dysphoria
- Tongue Tie
- Dyslexia Update

Screening, Assessment and Referral for Substance Abuse in the Primary Care Setting

September 27, 2018
Stecker Auditorium, Nationwide Children's Hospital, Columbus, Ohio

Dinner and networking at 5:30 p.m.
Program from 6-8 p.m.

For more information and to register for this free CME, visit tinyurl.com/BHSept18

This free session will review the current trends in the research on adolescent substance abuse and addiction, specifically focusing on identifying common drugs of abuse and evidenced-based screening tools developed for primary care settings. Levels of care, recommendations for referral, and care management will also be discussed.

The Central Ohio Pediatric Society and Practice Fitness Primary Care Series Presents Flourishing at Work: Mindful Lessons for Clinicians and Leaders

Featuring national speaker and best-selling author of "Attending," Dr. Ronald Epstein

October 30, 2018
La Navona, 154 N Hamilton Rd, Gahanna, OH 43230

Social hour at 6 p.m.
Dinner at 6:45 p.m.
Program begins at 7 p.m.

For more information, visit NationwideChildrens.org/Practice-Fitness.

To register, visit CoPeds.org/Calendar

Mindful practice refers to a quality of mind, during every day practice, in which clinicians can better know themselves, be more attentive, curious, flexible and present in the service of improving the quality of care they provide, responding to stress with creativity and resilience, and enhancing their own sense of connection with their work. Nationwide Children's Hospital, Children's Practicing Pediatricians, Partners For Kids and The Central Ohio Pediatric Society (COPS) are excited to present this interactive session with Dr. Epstein who will propose ways of becoming more mindful at work and institutional cultures that promote mindfulness.

For more information about CME at **Nationwide Children's** visit NationwideChildrens.org/Continuing-Medical-Education-CME. To contact the CME Office email cmeoffice@NationwideChildrens.org or call (614) 355-0650. For more information about Outreach courses, visit NationwideChildrens.org/Professional-Outreach-Education or call (614) 355-0669

GRAND ROUNDS & LOUNGE AND LEARN

Grand Rounds

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium. They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home* SM Centers, visit NationwideChildrens.org/Maps-and-Directions.

Remember to log onto the following link to complete your online evaluation: <http://tinyurl.com/PGREval2018>.

Date	Topic	Speaker
7/19	Thyroid, Lumps, What Next?	Dr. Jennifer Aldrink and Dr. Robert Hoffman; Nationwide Children's
7/26	Concussions	Dr. Sean Rose; Nationwide Children's
8/2	Imaging and Physician Decision-Making: Insights gained from Decision Science	Dr. Pari Pandharipande; Massachusetts General Hospital
8/9	International Adoption Update	Dr. Aarti Chandawarkar and Dr. Rebecca Hellenthal; Nationwide Children's
8/16	Medical Cannabis, seizures and treatments	Dr. Anup Patel; Nationwide Children's
8/23	Bad Advice: Or why celebrities, politicians and activists aren't your best source of health advice.	Dr. Paul Offit; Children's Hospital of Philadelphia
8/30	Anti-Vax Social Media Attacks	Dr. Todd Wolynn and Dr. Chad Hermann; Kids Plus Pediatrics, Pittsburgh

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at

NationwideChildrens.org/CME-On-Demand.

Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.

Child and Adolescent Psychiatry and Behavioral Health Grand Rounds

Upcoming dates:

- 8/15/2018
- 12/5/2018

Lounge and Learn

Lounge and Learn will be taking a break during the summer months and will resume in the fall.

Medical staff can sign up to receive MedStat eAlerts once a month at **NationwideChildrens.org/MedStat-Preferences-Form.**

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