

Visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat) for additional information regarding many of these articles.

## PRIMARY CARE MATTERS

*Primary Care Matters is a guest column written for MedStat by a local pediatrician or primary care provider.*

## Beyond Seeing Patients: Rewards of a Career in Medicine

*Written by Miller J. Sullivan, Jr., MD, Provider Physicians East*

My initial career goals while going to college were to get an advanced degree after graduation in some basic science discipline, do some basic science research, teach at a post-college level and interact with trainees. I accomplished that through a degree in Anatomy and taught medical and graduate students for over six years. While this was very satisfying, I periodically found myself involved in certain clinical scenarios

with my students which I greatly enjoyed. This prompted me to re-evaluate things, and I decided to pursue a career in clinical medicine. I started my training and then practice in pediatrics over 30 years ago, and I have tremendously enjoyed primary care and found this to be very satisfying. While I always have tried to be involved with many related subjects outside of the office, I never envisioned doing something significantly different in medicine. However, 18 years ago I was given the opportunity to work with our local Franklin County Public Health Department as their medical director. Like many of the health departments in the state, they were looking for a part-time physician to fill this role. In many cases these positions are filled by physicians who practice in the communities they serve. While I embarked on this endeavor with some trepidation, because I did not have formal public health training, it has not been difficult to learn and get appropriate training in these areas.

*To continue reading Dr. Sullivan's article, visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat).*



Ujjwal Ramtekkar,  
MD, MPE, MBA

## FEATURED PHYSICIAN

**Ujjwal Ramtekkar, MD, MPE, MBA**, is the new associate medical director for Partners For Kids (PFK). At PFK, his top priority will be to develop an integrated primary care/behavioral health model. Dr. Ramtekkar is also a member of the Department of Psychiatry and Behavioral Health at Nationwide Children's and the Division of Child and Adolescent Psychiatry at The Ohio State University.

Before coming to Nationwide Children's, Dr. Ramtekkar served as the physician director of Specialty Clinics and Telehealth Outreach for Compass Health Network in Saint Louis and adjunct assistant professor of Psychiatry for University of Missouri School of Medicine in Columbia. His breadth of experience in pediatric behavioral health includes co-leadership of Project ECHO – a learning collaborative for integrated care in a primary care setting.

Dr. Ramtekkar completed his medical education at Government Medical College and Super Specialty Hospital in Nagpur, India. He completed a Master of Psychiatric Epidemiology (MPE) at Washington University, Saint Louis, where he also completed his Psychiatry residency. He completed a clinical fellowship in child and adolescent psychiatry at Boston Children's Hospital, and he received his Executive MBA from Maryville University in Saint Louis.



*When your child needs a hospital, everything matters.<sup>SM</sup>*

## New Location for Olentangy Primary Care Center

The Olentangy Primary Care Center moved to a new location at 5070 N. High St. at the end of July. Doctors and staff members moved to the new location

### FEATURED PROGRAM

## Single Visit Surgery

The Section of Pediatric Surgery offers a Single Visit Surgery program for outpatient surgeries at the Westerville Surgery Center. Identified patients are seen in clinic in the morning and receive surgery in the afternoon, upon diagnosis confirmation. Follow up is typically completed via phone call from a nurse.

Single Visit Surgery is reserved for patients with definite surgical conditions that can be treated on an outpatient basis. Potential diagnoses include:

- Umbilical hernias
- Epigastric hernias
- Inguinal hernias
- Hydroceles
- Undescended testicles, greater than 12 mo of age
- Lumps, bumps or cysts
- Circumcisions over 4 mo of age

If you have identified an appropriate patient for this service, please have parent(s) and/or your scheduling staff contact Melissa Deming, RN, at (614) 722-0444 for appointment scheduling.

### INNOVATION AND DISCOVERY

More news from The Research Institute can be found at [NationwideChildrens.org/Research-News](https://www.nationwidechildrens.org/Research-News). Addition information on these topics can be found at [NationwideChildrens.org/MedStat](https://www.nationwidechildrens.org/MedStat).

## Updated Practice Tool Offers Guidance to Diagnosing and Managing Pediatric Hypertension

To determine pediatric hypertension, physicians must consider blood pressure, gender, age and height. The Section of Nephrology at Nationwide Children's has developed a practice

tool to help providers evaluate and manage the condition. The tool includes updates from the American Academy of Pediatrics, definitions and guides to taking measurements, diagnosing and treating hypertension. To download, visit [NationwideChildrens.org/MedStat](https://www.nationwidechildrens.org/MedStat).

## Use of an Ultrasound Template to Diagnose Appendicitis Cuts Radiation Exposure and Costs

To diagnose appendicitis, a common reason for children to undergo abdominal surgery, the American College of Radiology recommends use of ultrasound before CT scans, to reduce radiation exposure. Surgeons at Nationwide Children's developed a standardized ultrasound template, in order to improve the quality of the ultrasound diagnoses. Using the template, they reduced CT rates by 78 percent, which not only reduce the risk for malignancy due to radiation exposure but saved more than \$100,000 in imaging costs, the surgeons estimate. They suggest other institutions would also benefit by incorporating a template. To learn more, visit [PediatricsNationwide.org](https://www.PediatricsNationwide.org).

## When Should Breastfed Babies be Supplemented?

Breastmilk is the preferred option for feeding babies and while supplementation is sometimes needed, it has been applied with great variation, often to the detriment to the child and breastfeeding success. Vanessa L. Shanks, MD, a neonatologist and director of the Lactation Program at Nationwide Children's answers common questions from primary care providers and suggests useful resources. To learn more, visit [NationwideChildrens.org/MedStat](https://www.NationwideChildrens.org/MedStat).

### IN MEMORIAM

## Remembering Edward James Kosnik Jr., MD

Dr. Edward James Kosnik Jr., was born at home in Baltimore, MD, in 1945. He grew up with five sisters who called him Buzzy and was a graduate of Loyola College and University of Maryland Medical School. During a surgical internship at Columbia Presbyterian Medical Center, he met the love of his life, Sally. They were engaged ten days after meeting and married three months later. After one year training in neurology at NYU - Bellevue Medical Center, they moved to Columbus in 1971 for his residency in neurological surgery at The Ohio State University.

As a pediatric neurosurgeon, Dr. Kosnik devoted 34 years of his life to patients at Nationwide Children's performing more than 12,000 surgeries. He held many leadership positions including Medical Staff President. In 2008, he was named Ohio Neurosurgeon of the Year. He trained many neurosurgeons including several who also specialized in

pediatric neurosurgery; his youngest daughter was the most meaningful.

While accomplishing professional goals, Dr. Kosnik and his wife Sally raised four daughters and have been blessed with eight grandchildren. He instilled in his daughters the values of hard work, compassion, perseverance, and selflessness, while inspiring them to pursue careers related to health care. He was an avid fisherman and loved spending time in Charleston, SC, on his boat "Special Lady" named after Sally. His other interests included crabbing, collecting Corvettes, antiques, carousels, Lionel trains, wood working, furniture building and restoring boat motors.

Dr. Kosnik passed away in June 2018. To share a memory, visit [www.ORWoodyard.com/Obituaries/Edward-Kosnik/](http://www.ORWoodyard.com/Obituaries/Edward-Kosnik/).

## AWARDS & RECOGNITION

**Jiabin Shen, PhD**, a research scientist in the Center for Pediatric Trauma Research at Nationwide Children's was selected as chair of the Pediatric Trauma Society Injury Prevention/Advocacy Committee. Dr. Shen will serve a two-year term from 2018-2020. Dr. Shen is a pediatric psychologist who currently collaborates with Henry Xiang, MD, MPH, PhD, director of the Center for Pediatric Trauma Research, in developing evidence-based interventions based on psycho-behavioral theories and virtual reality technology to improve outcomes for pediatric patients with traumatic brain and burn injuries. They are part of a research team at the Center for Injury Research and Policy in the Research Institute at Nationwide Children's. Dr. Shen earned his PhD in Lifespan Development Psychology with a focus on pediatric unintentional injury prevention research from the University of Alabama at Birmingham.

## Nationwide Children's Selected as a Contract Awardee for Phase 1 of Fannie Mae's Sustainable Communities Innovation Challenge

Nationwide Children's proposal for "South Side Career Homes" was named as a \$500,000 contract awardee in Phase 1 of Fannie Mae's Sustainable Communities Innovation Challenge (The Challenge). Nationwide Children's is partnering with Community Development for All People (CD4AP) and Goodwill Columbus Workforce Development on the South Side Career Homes project. The project will include affordable housing within one mile of the hospital and integrated health care workforce training that goes beyond entry-level jobs. The Challenge is a \$10 million initiative launched in December 2017, aimed at developing collaborative, cross-sector approaches that advance sustainable communities to help address the nation's affordable housing issues. Phase 1 focused on supporting the research, design, and development of new ideas and innovative solutions at the intersection of affordable housing and employment and economic opportunities. Fannie Mae received hundreds of proposals from across the U.S., and Nationwide Children's submission was one of three selected as contract awardees for Phase 1 of The Challenge. To learn more, visit [NationwideChildrens.org/News-Room](http://NationwideChildrens.org/News-Room).

## Physician Recognition Awards

Wednesday, September 26, 2018

Stecker Auditorium, Nationwide Children's Hospital

4:30 p.m. Social Hour - Meet and greet new members of our Medical Staff.

5:30 p.m. Program Begins

Nationwide Children's Hospital and the Medical Staff cordially invite you and a guest to join us for this special event as we celebrate accomplishments of our fellow physicians and welcome new members of the Medical Staff. Please RSVP your attendance, along with the name of your guest, by Wednesday, September 12 by emailing [CCArsvp@NationwideChildrens.org](mailto:CCArsvp@NationwideChildrens.org) or call Annette McClure at (614) 355-0884.

2018 Career Contribution Awardees

- Steve J. Allen, MD, MBA; Chief Executive Officer
- William J. Barson, MD; Infectious Diseases
- Karen S. McCoy, MD; Pulmonary Medicine

2018 Golden Stethoscope Awardees

- Charles A. Elmaraghy, MD; Otolaryngology
- Stephen J. Hersey, MD; Ambulatory Pediatrics
- Melissa B. Holtzlander, MD; Pulmonary Medicine

Bruce P. Meyer, MD Family Art of Medicine Awardees

- V. Rama Jayanthi, MD; Urology
- Richard A. Petrella, MD; General Pediatrics

## HEMOCARE UPDATE

## Newest Homecare Medicaid Regulations and Forms

This year the Centers for Medicare and Medicaid Services (CMS) instituted significant revisions to the conditions of participation (CoPs) that home health agencies are required to implement in order to participate as a Medicaid provider.

CMS requires Homecare provide a comprehensive approach to coordination of care and must:

1. Assure communication with all physicians involved in the plan of care.
2. Integrate orders from all physicians involved in the plan of care to assure the coordination of all services and interventions provided to the patient.

This expectation requires Homecare clinicians and staff communicate with referring physicians more often in order to provide the expected patient-centered, interdisciplinary approach to care.

Help us keep Homecare compliant and always provide physician signatures at the point of referral.

- Physician signatures are required on verbal orders, including supplemental or prn, and the Plan of Care (POC) Form.

- Physician review and signature on revision of the plan of care. The individualized plan of care must be reviewed and revised by the physician who is responsible for the home health plan of care and the HHA as frequently as the patient's condition or needs require, but no less frequently than once every 60 days, beginning with the start of care date.

The most recent referral forms and links to more information are available at [NationwideChildrens.org/Homecare](http://NationwideChildrens.org/Homecare). Questions? Contact [Carolyn.Figi@NationwideChildrens.org](mailto:Carolyn.Figi@NationwideChildrens.org).

## POSITIVE COMMENT

I would like to say how amazing each and every one of the staff members were that we came in contact with during our five days at your hospital. I would send a card to each of them if I had kept a record of their names. Each person that interacted with our daughter did their best to make her smile and feel comfortable. The doctors and nurses were very patient and understanding answering our questions and sometimes answering the same questions repeatedly. We received some scary news and one nurse in particular was very helpful in bringing a smile to an otherwise scared little girl's face. I only know her first name - Sarah from 12 B. Thank you for the most amazing care a family can receive during such a scary time!

## MOMENTS IN NATIONWIDE CHILDREN'S HISTORY

- In 1921 there was \$518,000 donated to the hospital.
- In 1924 the new hospital building on the present site opened with 30 staff physicians, 1 intern, 3 externs and 74 beds.

## PHARMACY & THERAPEUTICS COMMITTEE UPDATES

Visit [NationwideChildrens.org/MedStat](http://NationwideChildrens.org/MedStat) for actions taken at the Pharmacy & Therapeutics Committee meetings in July. For more information, contact Michael Storey at [Michael.Storey@NationwideChildrens.org](mailto:Michael.Storey@NationwideChildrens.org).

## EVENTS

### Save the Date!

- Medical Staff Holiday Social at The Columbus Athenaeum on December 1, 2018

## Highlights of Upcoming Conferences:

### 2018 Pediatric Pearls Conference: Harnessing the Power of Social Media to Improve Health Outcomes

August 30, 2018

Stecker Auditorium, Nationwide Children's Hospital, Columbus, Ohio

For more information and to register, visit [tinyurl.com/Pearls2018](http://tinyurl.com/Pearls2018) or call (614) 355-0676

Keynote Presentation: Anti-Vax Social Media Attacks

- Todd Wolynn MD, MMM, IBCLC, President and CEO, Kids Plus Pediatrics, Executive Director, Breastfeeding Center of Pittsburgh, Pittsburgh, PA
- Chad Hermann, MA, PhD ABD, Communications Director, Kids Plus Pediatrics, Pittsburgh, PA

### Screening, Assessment and Referral for Substance Abuse in the Primary Care Setting

September 27, 2018

Stecker Auditorium, Nationwide Children's Hospital, Columbus, Ohio

Dinner and networking at 5:30 p.m.  
Program from 6-8 p.m.

For more information and to register for this free CME, visit [tinyurl.com/BHSept18](http://tinyurl.com/BHSept18)

This free session will review the current trends in the research on adolescent substance abuse and addiction, specifically focusing on identifying common drugs of abuse and evidenced-based screening tools developed for primary care settings. Levels of care, recommendations for referral, and care management will also be discussed.

### The Central Ohio Pediatric Society and Practice Fitness Primary Care Series Presents Flourishing at Work: Mindful Lessons for Clinicians and Leaders

October 30, 2018

La Navona, 154 N Hamilton Rd, Gahanna, OH 43230



Social hour at 6 p.m.  
Dinner at 6:45 p.m.  
Program begins at 7 p.m.

For more information, visit [NationwideChildrens.org/Practice-Fitness](http://NationwideChildrens.org/Practice-Fitness).

To register, visit [CoPeds.org/Calendar](http://CoPeds.org/Calendar)

Nationwide Children's Hospital, Children's Practicing Pediatricians, Partners For Kids and The Central Ohio Pediatric Society (COPS) are excited to present this interactive session with national speaker and best-selling author of "Attending," Dr. Ronald Epstein, who will discuss mindfulness at work.

## Third Annual Pediatric Home Care Conference

November 2, 2018

Nationwide Children's Hospital Education Center, |Columbus, Ohio

For more information and to register, visit [bit.ly/HomeCare2018](http://bit.ly/HomeCare2018).

This conference is designed for home care nurses, (RNs, CPNs, APNs, LPNs), social workers; hospice and palliative care providers; occupational, physical and speech therapists; discharge planners; care coordinators; and home health administrators. CEs will be provided for nursing, occupational therapy, physical therapy, speech therapy and social work.

## 7th Annual Nationwide Children's Hospital Pediatric Sports Medicine and Orthopedics Conference

November 9, 2018

OCLC Conference Center, 6600 Kilgour Pl., Dublin, Ohio 43017

For more information and to register, visit [bit.ly/2018Sports](http://bit.ly/2018Sports).

Contact Kelly Hallberg at (614) 355-0676 with questions.

Featuring the 2018 Rohyan's Visiting Professor Keynote Presentation: "Lindsay's Law: Sudden Cardiac Arrest in Athletes" by Anastasia Fischer, MD, FACSM and Naomi Kertesz, MD

This conference is designed for physicians, athletic trainers, physical therapists and nurses who treat pediatric patients with sports medicine injuries and orthopedic problems.

Topics include:

- Opioid Safety in Sports Medicine
- Pediatric Gait Abnormalities
- Adaptive Sports Medicine
- Golfing Injuries
- Exercise Prescriptions

- Surgical Issues of the Elbow in Young Athletes
- Importance of Vitamin D in Bone Health
- Sports Supplements
- Concussion Rehab & Return to Play

For more information about CME at Nationwide Children's visit [NationwideChildrens.org/Continuing-Medical-Education-CME](http://NationwideChildrens.org/Continuing-Medical-Education-CME). To contact the CME Office email [cmeoffice@NationwideChildrens.org](mailto:cmeoffice@NationwideChildrens.org) or call (614) 355-0650. For more information about Outreach courses, visit [NationwideChildrens.org/Professional-Outreach-Education](http://NationwideChildrens.org/Professional-Outreach-Education) or call (614) 355-0669.

### GRAND ROUNDS & LOUNGE AND LEARN

## Grand Rounds

Pediatric Grand Rounds lectures are provided every Thursday from 8 to 9 a.m. at the main hospital in Stecker Auditorium. They can also be seen in the following locations: Dublin *Close To Home* Center, Dublin Sports Medicine and Orthopedic Center, East Columbus *Close To Home* Center, Lewis Center *Close To Home* Center, Livingston Ambulatory Center, Marysville *Close To Home* Center and Westerville *Close To Home* Center. For directions to *Close to Home* SM Centers, visit [NationwideChildrens.org/Maps-and-Directions](http://NationwideChildrens.org/Maps-and-Directions).

Remember to log onto the following link to complete your online evaluation: <http://tinyurl.com/PGREval2018>.

Date	Topic	Speaker
8/16	Medical Cannabis, seizures and treatments	Dr. Anup Patel; Nationwide Children's
8/23	Bad Advice: Or why celebrities, politicians and activists aren't your best source of health advice.	Dr. Paul Offit; Children's Hospital of Philadelphia
8/30	Anti-Vax Social Media Attacks	Dr. Todd Wolynn and Dr. Chad Hermann; Kids Plus Pediatrics, Pittsburgh
9/6	Situational Awareness – Improving Care on the Inpatient Ward	Dr. Ryan Bode; Nationwide Children's
9/13	The Challenges of speech impediment from the other side	Mr. D. Hugh Gillard; Author and Keynote Speaker for The Velopharyngeal Dysfunction Symposium
9/20	Recent Advances in the Management of Pediatric Acute Recurrent and Chronic Pancreatitis	Dr. Aliye Uc; University of Iowa, Carver College of Medicine
9/27	Endometriosis in the Adolescent and Young Adult: Improving Outcomes through Multi-disciplinary Care	Dr. Leslie Appiah; Nationwide Children's

Did you miss a grand rounds lecture? View past lectures, with the option of earning CME credit, at [NationwideChildrens.org/CME-On-Demand](http://NationwideChildrens.org/CME-On-Demand).

*Category 1 CME Credit Note: After a grand rounds lecture is featured live it will take approximately three weeks to post before you can view and test for credit.*

## Child and Adolescent Psychiatry and Behavioral Health Grand Rounds

August 15, 2018  
Stecker Auditorium, Nationwide Children's Hospital  
4-5 p.m.

Speaker: Linda James Myers, PhD, The Ohio State University  
Topic: Achieving Sustainable Well Being: Optimal Conceptual Theory's Approach to Rectifying Unconscious Bias and Its Impact

## Lounge and Learn

Lounge and Learn will be taking a break during the summer months and will resume in the fall.

Medical staff can sign up to receive MedStat eAlerts once a month at [NationwideChildrens.org/MedStat-Preferences-Form](http://NationwideChildrens.org/MedStat-Preferences-Form).

Date	Topic	Speaker
9/7	When do you do an entire evaluation for concussions & what is included?	Dr. Thomas Pommering, Sports Medicine
9/21	When to do a renal ultrasound after birth for suspected defects found on prenatal ultrasound	Dr. Daryl McLeod, Urology
10/5	CPP: Present & Future	Frank Combs, CPP

## Don't Miss Out on 2018 Maintenance of Certification (MOC) Part 4 Credit

**New MOC Projects:** To get a new project approved for MOC Part 4 in 2018, you must submit all application materials no later than 10/26/2018.

**Physician Credit for MOC:** To get Part 4 credit for participating in an NCH-approved MOC project in 2018, you must submit an attestation form no later than 11/21/2018.

For more information and forms, please see the ANCHOR MOC Page at <http://anchor.columbuschildrens.net/maintenance-of-certification-1>.

Send applications, attestation forms and questions to:  
Andrea Renner, QIE/MOC Coordinator  
[Andrea.Renner@NationwideChildrens.org](mailto:Andrea.Renner@NationwideChildrens.org)  
(614) 722-4969





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CHILDREN'S**

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