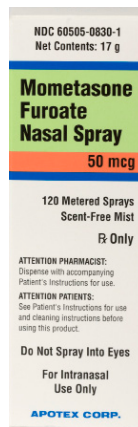


# Nasonex<sup>®</sup> (mometasone furoate) Nasal Spray

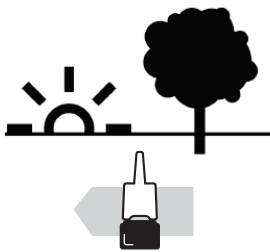


Reason for taking this medicine:

- To help reduce and prevent swelling in the nose and sinuses.
- This is a controller medicine for allergies.

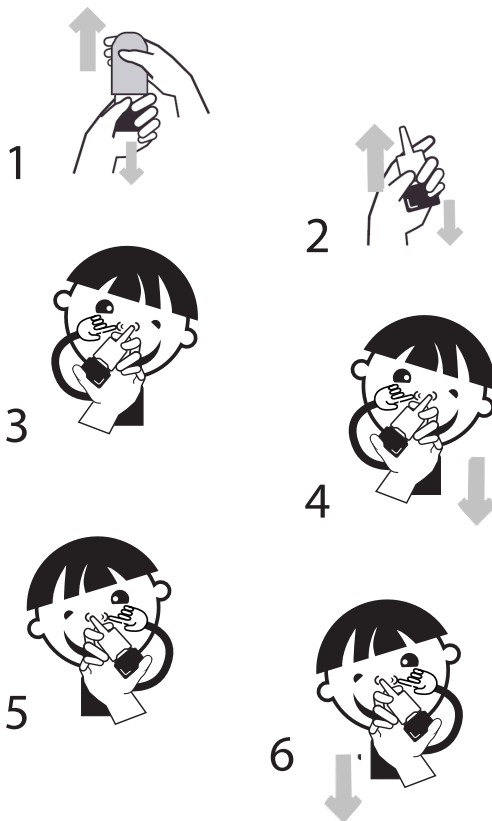
How and when to take this medicine:

- Use this medicine in the nose.
- Use 1 or 2 sprays in each nostril 1 time a day, as directed by your doctor.



The first time you use this medicine:

- Shake and then push down the sprayer 10 times or until you see a mist to prime or waste the medicine.
- Gently blow your nose.



1. Remove cap from bottle.
2. Shake well for 10 seconds.
3. Press on right nostril and put the tip of the bottle in left nostril.
4. Point the bottle towards the outside wall of the nose.
  - Breathe in after spraying.
  - Push down again for second dose, if directed by your doctor.
5. Press on left nostril and put tip of medicine in right nostril.
6. Point the bottle towards the outside wall of the nose.
  - Breathe in after spraying.
  - Push down again for second dose, if directed by your doctor.

### Possible side effects:



- Burning and stinging
- Strong smell or taste of the medicine
- Nosebleeds
- Dryness in the nose
- Headache

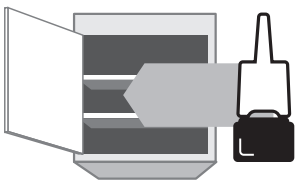
### Call the doctor or clinic if:

- You are exposed to chickenpox or measles.
- You have nosebleeds that do not stop with pressure after 10 minutes.
- You have had nose surgery or a nose injury.
- You have redness or swelling around or inside your nose.
- You have questions about this medicine or how to use it.

### Important things to remember:

- Nasonex® may take a few weeks before it starts to work.  
Use this medicine during your allergy season, even if you feel better.
- Controlling your allergies will help prevent coughing, wheezing, or shortness of breath.
- Do not spray into the eyes.
- Wipe the tip of the bottle after each use.
- Refill your medicine, depending on your dose:  
2 sprays total per day = every 60 days  
4 sprays total per day = every 30 days

### How to store:



- Store in a cool dry cabinet.
- Do not store in bathroom.
- Keep away from children.