

# Fluticasone propionate HFA with spacer Metered dose inhaler 120 puffs per inhaler







□ 44 mcg

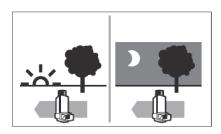
□ 110 mcg

220 mcg

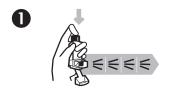
# Reason for taking this medicine:

- To help reduce and prevent swelling in the lungs.
- This is a controller medicine and will not help if you are coughing, wheezing or have shortness of breath.
- This is a medicine that must be used every day.

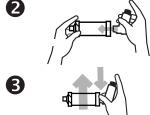
### How and when to take this medicine:



- Use a spacer with this inhaler.
- Use 2 times each day 2 puffs in the morning and 2 puffs in the evening.



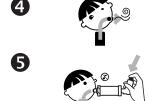
- 1. The <u>first time</u> you use this inhaler:
  - Shake and then push down on the inhaler 4 times to prime or waste the inhaler.
  - Spray the medicine into the air.
  - Dose counter should show: "120."



2. Place the <u>inhaler</u> in the end of spacer.



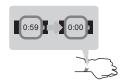
3. Shake well for 10 seconds.



- 4. Turn your head to the side and breathe out.
- 5. Close your mouth around the mouthpiece of the spacer.
  - Push down on the inhaler.
  - Take a slow deep breath.
  - If the spacer makes a whistle sound, breathe in slower.



- 6. Hold your breath for 10 seconds.
- 7. Wait 1 minute.



8. Repeat steps 3–6 for second puff.

## Possible side effects:



- Dry mouth
- Sore throat
- Hoarse voice
- Headache

#### Call the doctor or clinic if:

- You are exposed to chickenpox or measles.
- You can see blood when you spit.
- You have white spots in the mouth, called thrush.
- You have questions about this medicine or how to use it.

## Important things to remember:



Fill mouth with water



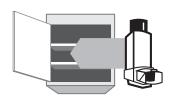
Swish around water



Spit out water

- Rinse your mouth out with water, brush teeth, or get a drink after every use. This can help avoid getting thrush.
- If you suddenly have trouble breathing, <u>use your rescue</u> inhaler, albuterol.
- Flovent® HFA may take a few weeks before it starts to work.
  - Use this medicine until your doctor tells you to stop.
- Never put metal canister in water.
- Clean plastic holder each week:
  - Flovent® has a built-in counter; do not remove the metal canister. Use a cotton swab to clean the opening where the medicine sprays out of the canister.
- Clean spacer each week:
  - Soak in warm soapy water for 15 minutes.
  - Run water through it, shake off water, and set out to dry.
- Flovent® HFA has a dose counter to tell you when the inhaler is empty.
- Refill your inhaler when the dose counter shows: "020".

#### How to store:





- Store in a cool dry cabinet.
- Do not store in bathroom.
- Keep out of reach of children.