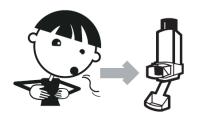


# Atrovent® HFA

(Ipratropium with spacer)
200 puffs per inhaler
Metered dose inhaler



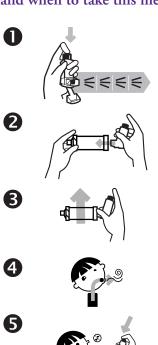
Reason for taking this medicine:



- This medicine will give you **quick relief** by opening the airways.
- This is a rescue medicine and should be used for coughing, wheezing, or shortness of breath.
- If you are in the **orange zone** on your asthma action plan, use this medicine.



How and when to take this medicine:



- Use a spacer with this inhaler.
- Use 4 to 8 puffs when signs of an asthma attack are starting.
- 1. The first time you use this medicine:
  - Shake and then push down on the inhaler 2 times to prime or waste the inhaler.
  - Spray the medicine into the air.
  - The dose counter should show: 200.
- 2. Place the <u>inhaler</u> in the end of the spacer.
- 3. Shake well for 10 seconds.
- 4. Turn your head to the side and breathe out.
- 5. Close your mouth around the mouthpiece of the spacer.
  - Push down on the inhaler.
  - Take a slow, deep breath.
  - If the spacer makes a whistle sound, breathe in slower.
- 6. Hold your breath for 10 seconds.
- 7. Wait 1 minute.



8. Repeat steps 3-6 for second puff.





### Possible side effects:



- Dizziness, headache
- Dry mouth
- Urinary tract infection
- Cough, difficulty breathing
- Runny nose, sinus infection

#### Call the doctor or clinic if:

- Albuterol doesn't help your asthma and you need to use ipratropium
- You need to use a breathing treatment more than 2 days a week for asthma symptoms.
- Changes in vision or eye pain
- You have questions about this medicine or how to use it.

## Important things to remember:

- Prime or waste inhaler with 2 puffs the very first time you use this inhaler.
- If you do not use this inhaler in 3 days, prime or waste 2 puffs before using.
- Never put the metal canister in water to see if it is full or empty.
- Clean the inhaler each week:
  - Remove the metal canister from the plastic holder.
  - Wipe the tip of the metal canister with a clean dry cloth.
  - Clean plastic holder each week: run warm water through it, shake off water, and set out overnight to dry.
- Clean spacer each week:
  - -Soak in warm soapy water for 15 minutes.
  - -Run water through it, shake off water, and set out to dry.
- Atrovent<sup>®</sup> HFA has a dose counter to tell you when the inhaler is empty.
- Refill your inhaler when the dose counter shows: "020."

#### How to store:

- Store in a cool dry cabinet.
- Do not store in bathroom.
- Keep out of reach of children.

