

## Albuterol for the nebulizer

2.5mg/3mL solution



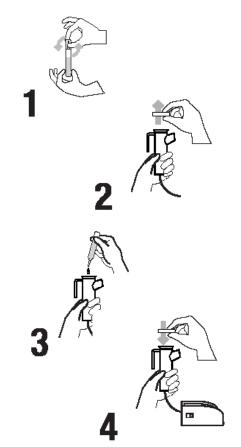
Reason for taking this medicine:



- To give you <u>quick relief</u> by opening the airways.
- This is a rescue medicine and should be used for coughing, wheezing, or shortness of breath.
- If you are in the yellow zone on your asthma action plan, use this medicine.
- If your doctor tells you, use this medicine 15-30 minutes before exercising.

How and when to take this medicine:

- Use with a nebulizer machine.
- Use 1 vial for coughing, wheezing, or shortness of breath.
- 1. Twist open 1 vial.
- 2. Lift cap off nebulizer.
- 3. Empty the liquid into the nebulizer chamber.
- 4. Put cap back onto nebulizer.







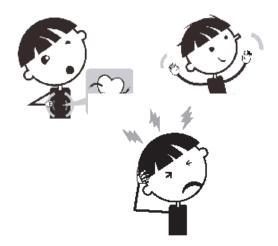
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- 5. Children 6 years and older:
  - <u>Use a mouthpiece</u>
  - Sit up and breathe in and out
- 6. Children under 6 years old:
  - Use mask
  - Sit up and breathe in and out
- 7. Turn on the nebulizer.
- 8. It will take 10-15 minutes to get the full treatment. The nebulizer will start to sputter near the end of the treatment. Turn off the nebulizer when the chamber is empty.



Wait at least 4 hours between uses.

## Possible side effects:



- Fast heartbeat.
- Can make you hyper or cause your body to shake.
- Can make you fussy
- Sore throat
- Headache

Call the doctor or clinic if:

- Medicine does not help your coughing, wheezing, or shortness of breath.
- You need to use a breathing treatment in less than 4 hours.
  Use 1 or 2 more vials and go to your doctor's office, urgent care,
  ER, or call 9-1-1.
- You need to use a breathing treatment more than 2 days a week for coughing, wheezing, or shortness of breath.
- You have questions about this medicine or how to use it.

## Important things to remember:

- Clean nebulizer machine daily.
  - Unscrew plastic chamber.
  - Soak in warm soapy water for 15 minutes.
  - Run water through it, shake off water, and set out to dry.

## How to store:

- Store in a cool dry cabinet.
- Do not store in bathroom.
- Keep out of reach of children.

