Albuterol HFA With Spacer and Mask

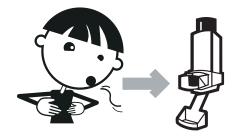


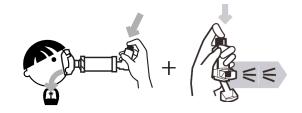
Reasons for Taking This Medicine:

- To give you fast relief from asthma symptoms of coughing, wheezing, or shortness of breath.
- This medicine works by opening the airways. It usually works within 15 minutes.
- If you are in the **yellow**, **orange or red** zone of your asthma action plan, use this medicine.
- Your doctor may also tell you to use this medicine 15-30 minutes before exercising.

When and How to Use This Medicine:

- Use the prescribed number of puffs for coughing, wheezing, or shortness of breath.
- Use a spacer and mask with this inhaler.







©2008, revised 2023. Mediglyphs[®], Nationwide Children's Hospital Use the information on this sheet only after your healthcare provider has talked with you about it and explained how to use this medicine. The information on this sheet does not replace your healthcare provider's instructions or advice.

The first time you use a new albuterol inhaler:

- Shake it and then push down on the top of the inhaler.
- Spray the medicine into the air 4 times.
- After you do this, the dose counter will be at 200.
- Now it is ready to use (primed).

Use These Steps to Take the Medicine

1 Place the <u>inhaler</u> in the end of spacer.

2 Shake well for 10 seconds.

3 Place mask tightly over the nose and mouth.

• Push down on the inhaler



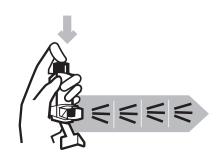
A Breathe in and out 6-8 times.

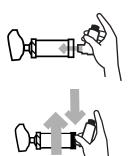
• If the spacer has a nose valve (flap), you will see it move with each breath.

6 Wait 1 minute.

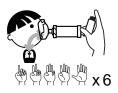
6 Repeat steps 2-4 for your next puffs.

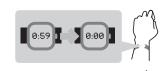


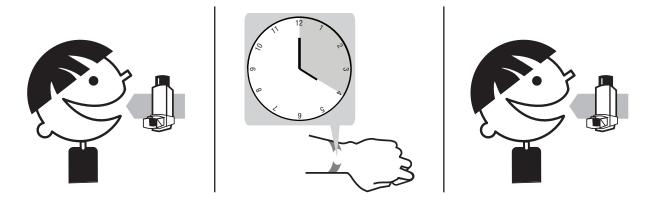












Wait at least 4 hours between doses.

Possible Side Effects:

- Fast heart beat
- Can make you feel hyper or shaky
- Can make you fussy or irritable
- Sore throat
- Headache

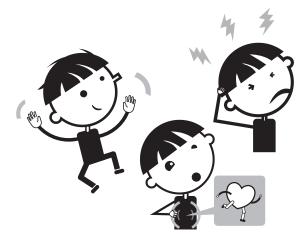
Call the Doctor or Clinic If:

- This medicine doesn't help your coughing, wheezing, or shortness of breath.
- You need to use your inhaler again in less than 4 hours.
- You often need to use your inhaler many times a week for relief of symptoms.
- You have questions about your medicine.

Go to an Urgent Care, ER or Call 911:

• After using this medicine and it is still hard to breathe or you are wheezing badly.





Important Things to Remember:

- If you haven't used this inhaler in 2 weeks, prime with 1 puff before using.
- Never remove the metal canister from the inhaler or put the inhaler in water.
- One time each week, clean the inhaler by wiping a cotton swab in the opening where the medicine sprays out.
- One time each week, clean spacer and mask by:
 - Soaking in warm soapy water for 15 minutes.
 - Running warm water through it.
 - Shaking off water and setting it out to dry.
- This inhaler does have a dose counter. Refill your inhaler when the dose counter reads 20. (The inhaler will run out of medicine at "0" even if it still sprays.)

How to Store:

- In a cool, dry cabinet
- Don't store it in the bathroom.
- Keep it out of reach of young children even when the inhaler is for your child.

