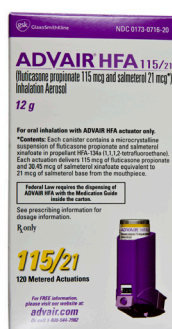


Advair® HFA (Fluticasone and Salmeterol with spacer and mask)

Metered dose inhaler



□ 45/21 mcg



□ 115/21 mcg

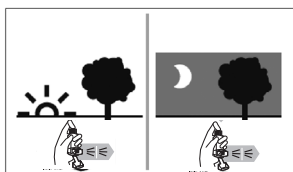


□ 230/21 mcg

Reason for taking this medicine:

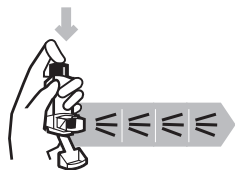
- To help reduce and prevent swelling in the lungs.
- This is a controller medicine and will not help if you are coughing, wheezing or have shortness of breath.
- This is a medicine that must be used every day.

How and when to take this medicine:



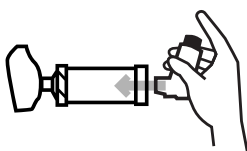
- Use a spacer and mask with this inhaler.
- Use 2 times each day - 2 puffs in the morning and 2 puffs in the evening.

1



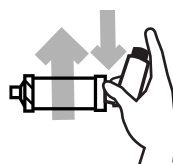
1. The first time you use this inhaler:
 - Shake and then push down on the inhaler 4 times to prime or waste the inhaler.
 - Spray the medicine into the air.
 - The dose counter should show "120."

2



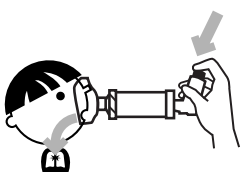
Place inhaler in the end of spacer.

3



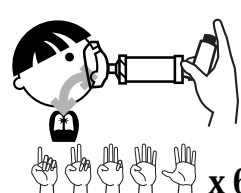
2. Shake well for 10 seconds.

4



3. Place mask tightly over the nose and mouth.
 - Push down on the inhaler.
 - Take slow deep breaths.

5



4. Breathe in and out 6 times.

5. Wait 1 minute

6. Repeat steps 3-5 for second puff.



Possible side effects:



- Dry mouth
- Sore throat
- Hoarse voice
- Headache
- Fast heartbeat
- Can make you hyper or cause your body to shake.

Call the doctor or clinic if:

- You are exposed to chickenpox or measles.
- You can see blood when you spit.
- You have white spots in the mouth, called thrush.
- You have questions about this medicine or how to use it.

Important things to remember:



Fill mouth with water



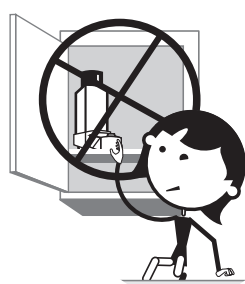
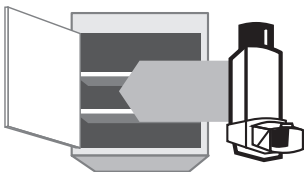
Swish around water



Spit out water

- Rinse your mouth out with water, brush teeth, or get a drink after every use. This can help avoid getting thrush.
- If you suddenly have trouble breathing, use your rescue inhaler, albuterol.
- ADVAIR® may take a few weeks before it starts to work.
 - Use this medicine until your doctor tells you to stop.
- Never put the metal canister in water.
- Clean the plastic holder each week:
 - Advair® has a built-in counter; do not remove the metal canister. Use a cotton swab to clean the opening where the medicine sprays out of the canister.
- Clean the spacer and mask each week:
 - You may place this in the top rack of your dishwasher
 - OR
 - Soak in warm soapy water for 15 min.
 - Run water through it, shake off water and set out to dry.
- Advair® has a dose counter to tell you when the inhaler is empty.
- Refill your inhaler when the dose counter shows “020.”

How to store:



- Store in a cool dry cabinet.
- Do not store in bathroom.
- Keep out of reach of children.