

# Pulmonary COVID-19 Clinic

Nationwide Children's Pulmonary COVID-19 Clinic comprehensively evaluates post-acute COVID-19 syndrome pulmonary symptoms (Long-COVID pulmonary symptoms) in pediatric patients. Candidates for this clinic include pediatric patients who are over 8 years of age and have experienced post-acute COVID-19 syndrome pulmonary symptoms for at least one month after their initial infection date.

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**Objective:** Comprehensively evaluate post-acute COVID-19 syndrome pulmonary symptoms in pediatric patients (Long-COVID pulmonary symptoms).

**Candidates:** Pediatric patients >8 years with post-acute COVID-19 syndrome pulmonary symptoms for at least one month after initial infection date. Athletes and non-athletes welcomed.

**Symptoms:** Typical post-acute COVID-19 syndrome pulmonary symptoms include shortness of breath (resting or with activity), cough, wheezing, chest/throat pain and decreased exercise capacity.

**Referrals:** Please refer to pulmonary medicine with Pulm-COVID clinic in the referral description.

**Evaluation:** Pulmonary will schedule evaluations weekly. Testing will include a six-minute walk, chest x-ray (if not obtained within the last month) and lung function with bronchodilator testing. Further evaluation and treatment will be determined by the evaluating pulmonologist.

**Prior Testing:** No prior testing or interventions are required by the clinic, but if the patient has a past history of asthma or atopy, a trial of albuterol for symptoms prior to coming to clinic is useful for our continued management. Further, addressing behavioral health concerns with appropriate management and referrals is a critical factor in continued team care.

**Children <9:** Due to the nature of testing involved in our clinic, younger children are not able to adequately perform these tests. For young children with persistent wheezing, cough or other pulmonary concerns post-COVID, please place a general referral to Pulmonary Medicine and note recent COVID-19 infection in the description.

**Other (non-pulmonary) Long-COVID Symptoms:**

If you are a provider requesting a physician-to-physician consultation, referral, transport, or direct admission, call Physician Direct Connect, the 24-hour physician/provider consult-transfer center, at (614) 355-0221 or 1 (877) 355-0221.

**Questions about post-acute pulmonary symptoms related to COVID-19?**  
**Contact Ben Kopp at [Benjamin.Kopp@NationwideChildrens.org](mailto:Benjamin.Kopp@NationwideChildrens.org)**  
**or call 614-722-4766 and ask for Kelly Taylor.**



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