

Grief Support Resources

Book List

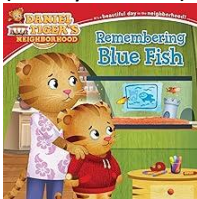
**All books listed may still be appropriate for ages over their listed developmental age-range so you may see the same book within multiple age ranges.*

Developmental Ages 1-4yo:

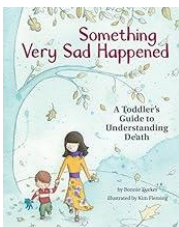
1. **Where's Jess?** By Marvin Johnson (1-5 years old)



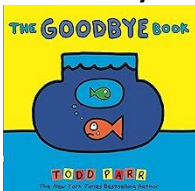
2. **Remembering Blue Fish** (Daniel Tiger's Neighborhood) By Becky Friedman and Jason Fruchter (2-5+ years old)



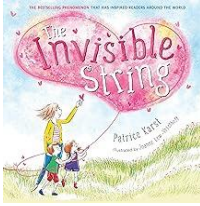
3. **Something Very Sad Happened: A Toddler's Guide to Understanding Death** by Bonnie Zucker and Kim Fleming (2-5+ years old)



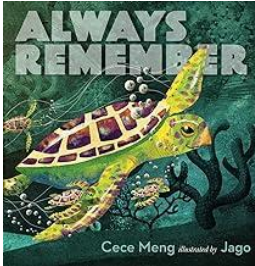
4. **The Goodbye Book** by Todd Parr (2-5+ years old)



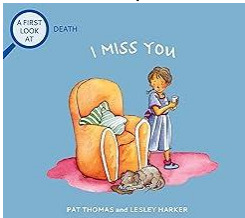
5. **The Invisible String** by Patrice Karst and Joanne Lew-Vriethoff (3-10+ years old)



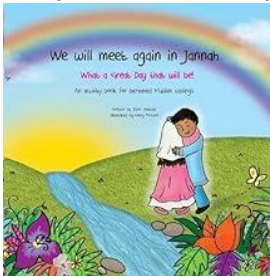
6. **Always Remember** by Cece Meng and Jago (3-10+ years old)



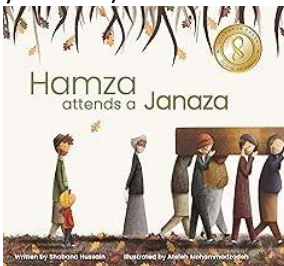
7. **I Miss You** (A First Look at...Series) by Pat Thomas and Lesley Harker (4-9+ years old)



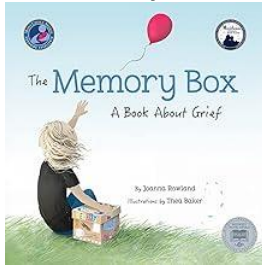
8. **We will meet again in Jannah: What a Great Day that will be!** (Muslim) by Zamir Hussain and Emily McCann (4-10+ years old)



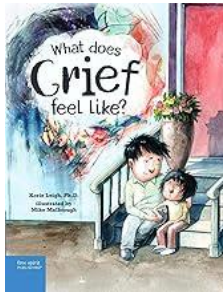
9. **Hamsah Attends a Janaza** (Muslim) by Shabana Hussain and Atefah Mohammadzadeh (4-10+ years old)



10. **The Memory Box: A Book About Grief** by Joanna Rowland and Thea Baker (3-7+ years old)

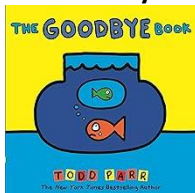


11. **What Does Grief Feel Like?** by Korie Leigh and Mike Malbrough (4-10+ years old)

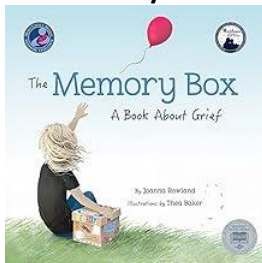


Developmental Ages 5-10yo

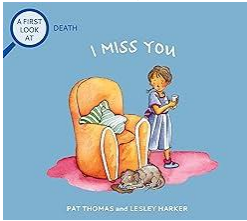
1. **The Goodbye Book** by Todd Parr (2-5+ years old)



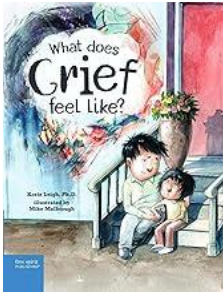
2. **The Memory Box: A Book About Grief** by Joanna Rowland and Thea Baker (3-7+ years old)



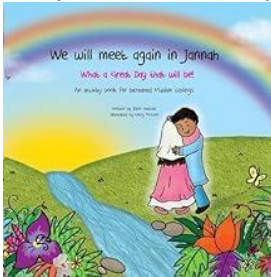
3. **I Miss You** (A First Look at...Series) by Pat Thomas and Lesley Harker (4-9+ years old)



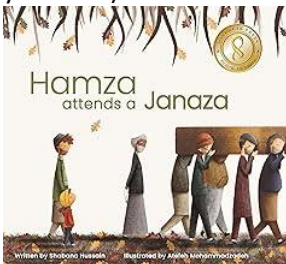
4. **What Does Grief Feel Like?** by Korie Leigh and Mike Malbrough (4-10+ years old)



5. **We will meet again in Jannah: What a Great Day that will be!** (Muslim) by Zamir Hussain and Emily McCann (4-10+ years old)



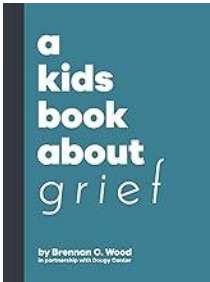
6. **Hamsah Attends a Janaza** (Muslim) by Shabana Hussain and Atefah Mohammadzadeh (4-10+ years old)



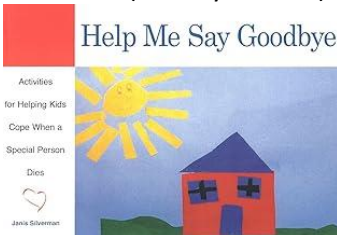
7. **Goodbye: A First Conversation About Grief** (First Conversations) by Megan Madison (5-10+ years old)



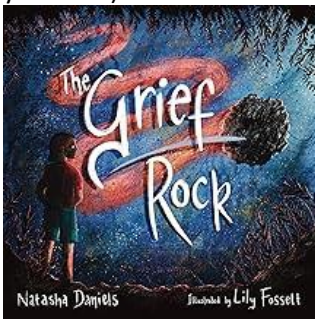
8. **A Kids Book About Grief** by Brennan Wood (5-10+ years old)



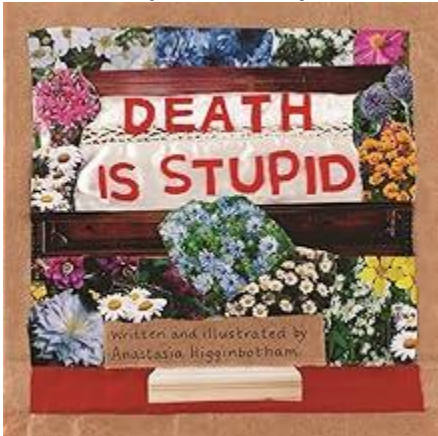
9. **Help Me Say Goodbye: Activities for Helping Kids Cope When a Special Person Dies** by Janis Silverman (5-10+ years old)



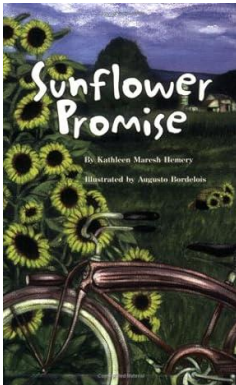
10. **The Grief Rock: A Book to Understand Grief and Love** by Natasha Daniels and Lily Fossett (6-12+ years old)



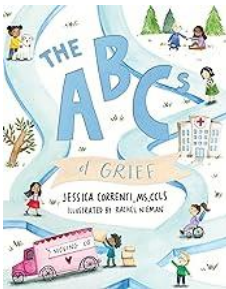
11. **Death is Stupid (Ordinary Terrible Things)** by Anastasia Higginbotham (7-10+ years old)



12. **Sunflower Promise** by Kathleen Maresh Hemery and Augusto Bordelois (9-13+ years old)

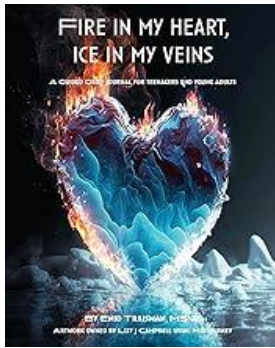


13. **The ABCs of Grief: A children's grief book** for all types of loss and grief by CCLS Jessica Correnti, MS and Rachel Nieman (5-13+ years old)

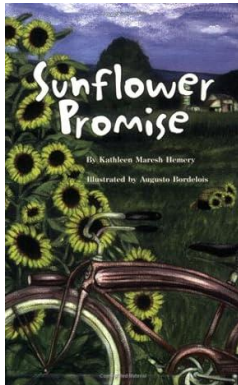


Developmental Ages 11-15yo

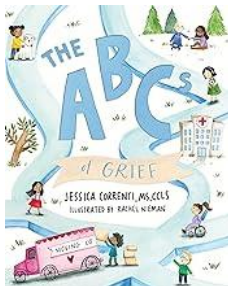
1. **Fire in My Heart, Ice in My Veins: A Guided Grief Journal for Teenagers and Young Adults** by Enid Samuel Traisman and Janet Roberts (11+ years old)



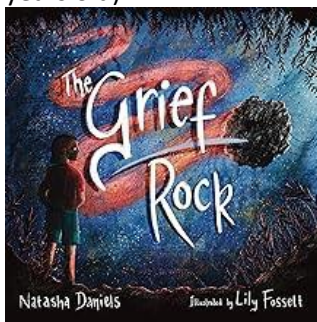
2. **Sunflower Promise** by Kathleen Maresh Hemery and Augusto Bordelois (9-13+ years old)



3. **The ABCs of Grief: A children's grief book** for all types of loss and grief by CCLS Jessica Correnti, MS and Rachel Nieman (5-13+ years old)

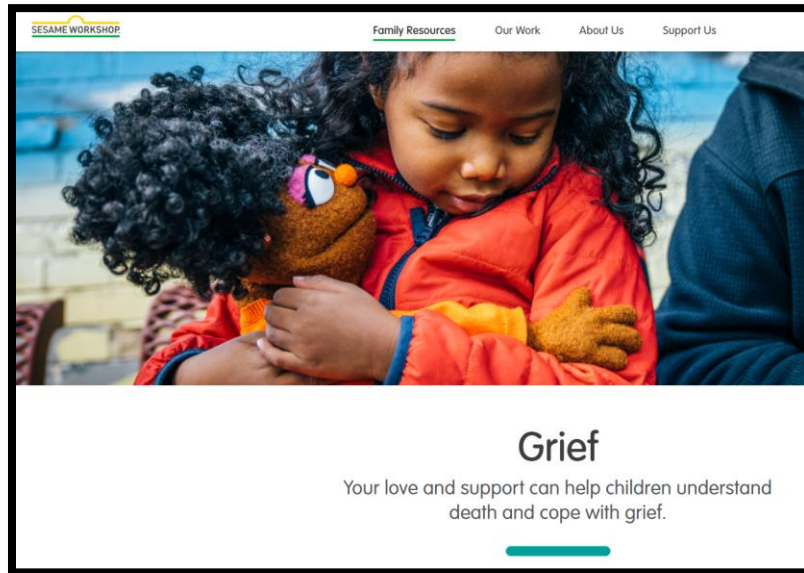


4. **The Grief Rock: A Book to Understand Grief and Love** by Natasha Daniels and Lily Fossett (6-12+ years old)

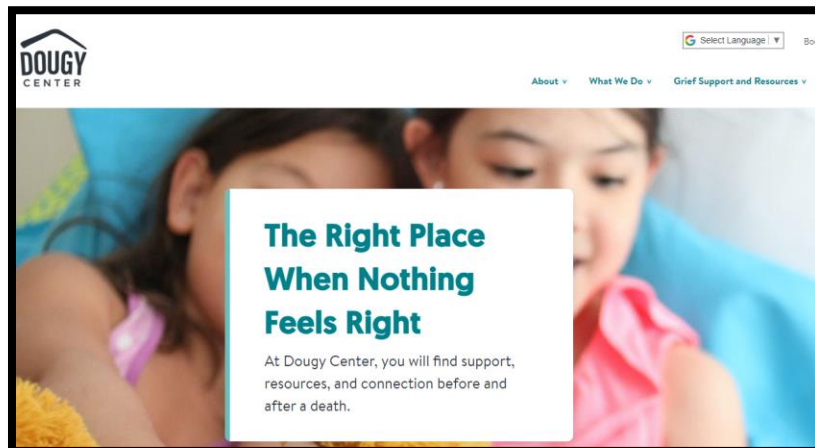


Online Resources List

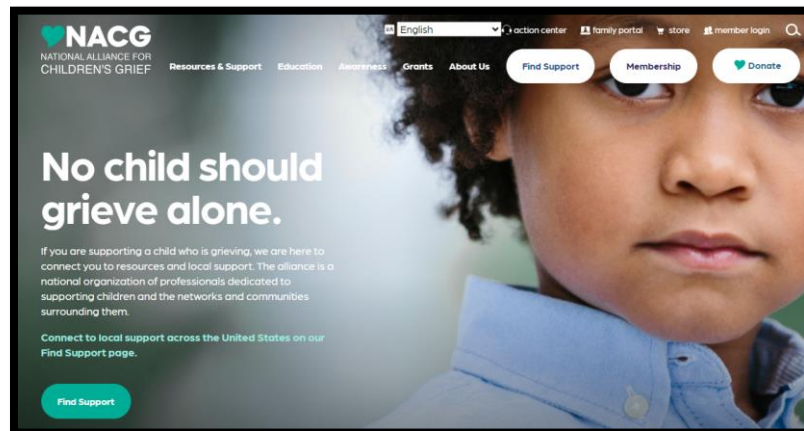
1. Sesame Workshop: Grief <https://sesameworkshop.org/topics/grief/>



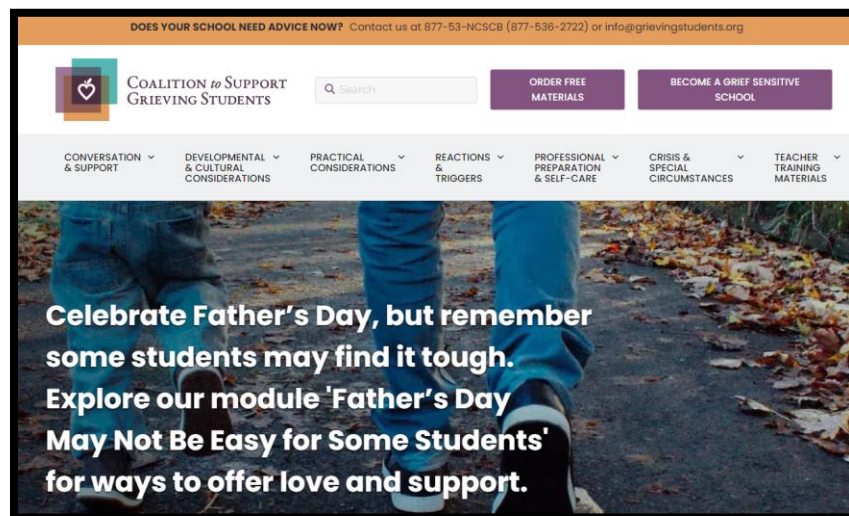
2. Dougy Center <https://www.dougy.org/>



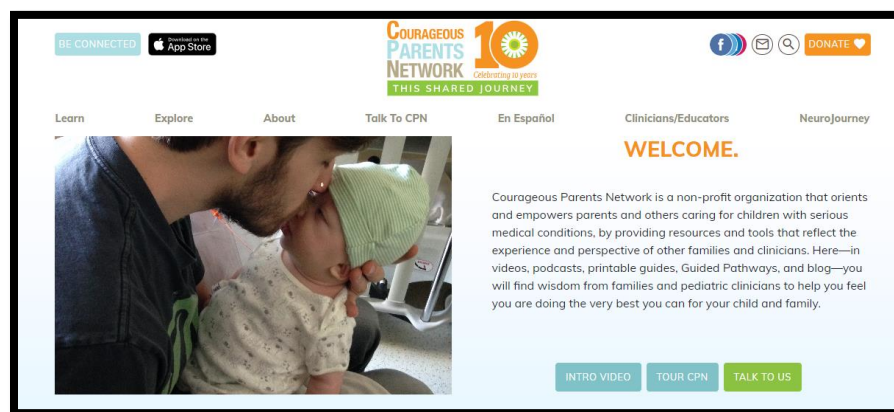
3. NACG National <https://nacg.org/>



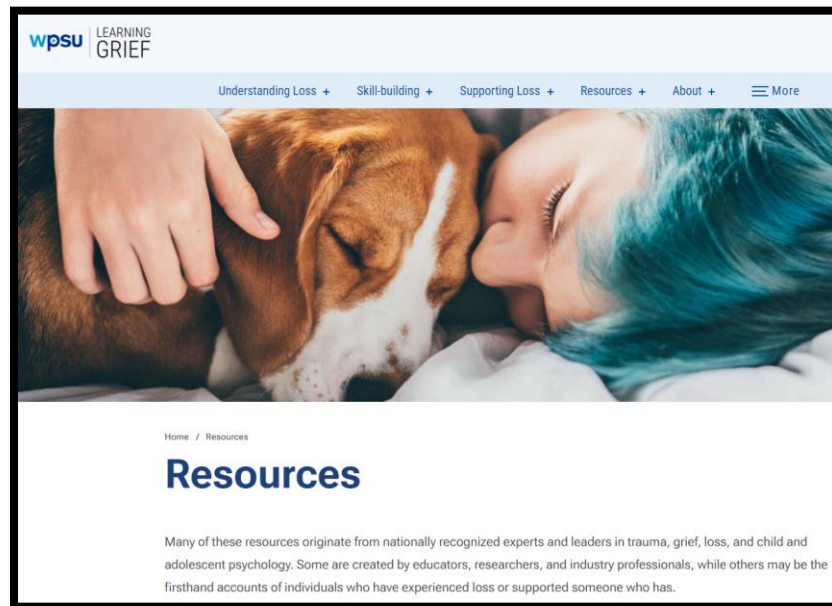
4. Coalition to Support Grieving Students <https://grievingstudents.org/>



5. Courageous Parents Network <https://courageousparentsnetwork.org/>



6. Learning Grief <https://learninggrief.org/resources>



7. Speaking Grief (Supporting others who are grieving) <https://speakinggrief.org/>

