

Nose Spray

Your child's doctor has prescribed a nose spray.

Doctor's Orders

Child's name: _____

Name of medicine: _____

Use _____ spray(s) in each nostril _____ times a day.



How to Give the Nose Spray

- If your child is old enough to understand, explain to him what you are going to do. Tell your child he might taste or smell the medicine or feel it run down the back of the throat.
- Wash your hands before giving the medicine.
- Read the label to make sure you are giving the correct amount of medicine.
- Have your child blow his nose gently while keeping his mouth open.
- Depending on the medicine your child uses, you may have to prime, or waste, 2 to 4 sprays of medicine into the air. Read the information that came with the medicine or ask your pharmacist.
- Have your child extend his head forward slightly.
- Push 1 nostril closed with your finger. Place the tip of the nose spray in the other nostril.
- Push down on the sprayer with your fingers. Push a second time if the dose is 2 sprays in each nostril.
- Have the child breathe in.
- Do the same thing to give the same dose in the other nostril, as directed by your child's doctor.
- Clean the tip of the sprayer before putting the cap back on it.
- Wash your hands after giving the medicine.
- Make sure your child does not blow his nose for 10-15 minutes after using the medicine.

Other Advice about the Medicine

- Do not give this nose spray to anyone else you know. It was not prescribed for anyone other than your child.
- Tell your child's doctor and pharmacist if your child has a strange or allergic reaction to this or any other medicine.
- **Store all medicine out of the reach of children.**
- **If your child takes too much of this medicine, or if someone else takes this medicine, first call the Central Ohio Poison Center at 1-800-222-1222 (TTY 614-228-2272).** They will tell you what to do.
- If you carry medicine in your purse, keep it in its childproof bottle and keep your purse out of the reach of children.
- When the medication is no longer needed, dissolve the leftover medicine in water or rubbing alcohol. Mix the dissolved medication with an unwanted material, like coffee grounds or kitty litter, and place the mixture back in the medicine container or in another container that will not leak. Throw the container away in the trash where children and pets cannot reach it.

If you have any questions, be sure to ask your doctor, pharmacist or nurse.