Burn Prevention Activities

Burns are a common injury to children. Each year thousands of children are treated in the hospital for burns. Most burns can be prevented by learning how to escape a fire and by removing fire hazards from the home.

How to Escape a Fire in Your Home

If a fire starts in your home, get out quickly and call the Fire Department or 9-1-1 from a neighbor’s house. Here are some other important points to remember:

1. If clothing catches fire, STOP, DROP AND ROLL (Picture 1). Do not run!
2. Wrap a rug, blanket or coat around you if one is easy to reach. Cover your face with your hands.
3. Roll slowly on the floor or ground until the fire is out.

If Smoke Is Coming Under the Door

1. Do not open the door.
2. Escape through another door or a window.

How to Escape a Smoky Place

1. Cover your face with a cloth and breathe through your nose.
2. Crawl, do not walk. Keep low to the floor to escape heat and smoke.

Test Doors before Opening Them

1. If you think there is a fire on the other side of the door, do not open it.
2. Feel the door. If it is hot, look for another way to escape.
3. Keep your head turned away from the door opening.
4. Slowly open the door a crack. After pressure is released, get down on your hands and knees and crawl cautiously to safety.
**Important Pointers**

- Do not jump out of windows if you are higher than the second floor. Jump only as a last resort onto a **safe** area, such as grass or bushes and **not** onto a fence. Jump "feet first."

- **Smoke detectors save lives!** Use them on each floor of your home. Change the batteries twice a year (when you change your clocks for daylight savings time).

- Practice an escape plan so you can make sure everyone is out. Make sure each family member knows the “meeting place” outside your house (like a certain tree, a fence, etc.)

**Find the Things That Can Burn**

In this house are things that can cause burns. Find these dangers. Draw a line from the word to the place in this house where the danger is. (The first one is done for you.) After completing this puzzle, use it as a guide to remove burn hazards from your home. Make it a family project to explore your home. Plan and practice a fire escape plan with your family.

- Smoking in bed
- Child chewing on electrical cord
- Electric space heater
- Hot floor register
- Fireplace without a screen
- Matches or lighter
- Unattended trash fire
- Unattended barbecue fire
- Improperly stored gasoline
- Piles of paper
- Hot tail pipes
- Hot water
- Appliances near water
- Toilet bowl cleaner
- Dangling electrical cord
- Chemicals, cleaning supplies
- Curtain over stove
- Pot handles turned out
- Hot burners on stove
- Hot coffee or soup on dangling tablecloth
- Frayed electrical cord
- No grille around furnace
- Hot iron
- Exposed chemicals around furnace
Firefighters Help in Many Ways

The Central Ohio Firefighters work hard to put out fires if they happen. They raise money to help care for kids on the Firefighters' Burn Unit of Children's Hospital. If you want your home inspected for fire hazards, call this number: 222-7641. (If you live outside Columbus, call your local fire department.)

Important Phone Numbers

| Fire Department | Emergency Squad | Other | Police Department | Central Ohio Poison Center at (614) 228-1323 |

Loop-A-Word

Draw a loop around the words in the puzzle that have to do with burn injuries. Words can be up and down, across, diagonal or backwards.

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MATCHES  SCALDING
GASOLINE  COOKING
LOOSE  CHARCOAL
CLOTHING  LIGHTER
LIGHTERS  HOT CAR SEAT
FLAME  VAPORIZER
ELECTRICITY  SPACE HEATER
EXHAUST  DANGLING
PIPE  CORDS
SUNBURN  CHEMICALS
IRON  HOT COFFEE
STOP  DROP
ROLL
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ABC’s of Fire Safety

Match the numbers in the puzzle with the letters of the alphabet to find 3 important sayings about preventing burns.

A-1  F-4  K-11  P-7  U-6
Z-23  B-10  G-16  L-2  Q-15
V-22  C-5  H-8  M-18  R-19
W-26 D-17  I-21  N-3  S-24
X-14

HOW TO ESCAPE A FIRE IN YOUR HOME

Follow the maze to find the safest and quickest way to escape a fire in your home, get to a neighbor’s home, and call the Fire Department or 9-1-1.

Don’t jump out of window.
Don’t go back into a burning house.
Stop, drop, roll.
Put water on before breathing.
Don’t hide.
Don’t block doors.
Smoke detector’s save lives.
Use planned exit route to escape.
Get out! And call Fire Department from neighbor’s house.
Keep low.
Neighbor.
Puzzle Answers

1. PANOEAL
2. SMOKE DETECTORS
3. SAVE LIVES
4. STOP DROP AND ROLL
5. LEARN NOT TO BURN

Diagram:
- Puzzle on the left
- Fire truck on the right