

## Contrast Enema

Contrast solution makes the large intestine (bowel) and part of the small intestine show up on the X-ray picture.

### How to Prepare for the Test

Note: The person who schedules the test should call the Radiology Department at (614) 722-2351, option 2 for more information on preparing for the test.

Special instructions:

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### How the Test Is Done

- Explain to your child what will happen during the test. The nurse and technologist will help you do this.
- In the fluoroscopy room, your child will be asked to change into a gown.
- Your child will lie on a long table (Picture 1, page 2). The underwear will be removed and a soft rubber tube will be placed in his or her rectum. The contrast solution will then be put into this tube. Your child's abdomen (tummy) will feel full for a little while.
- The radiologist will then take pictures of the intestines with a large camera above the table. The camera will not touch or hurt your child. He will be asked to lie in different positions during the test.
- After these X-rays are completed, your child will go to the bathroom to release the contrast solution. Then, another picture will be taken.

### For Outpatient Use Only

Child's name \_\_\_\_\_

#### APPOINTMENT:

Date \_\_\_\_\_

Procedure time \_\_\_\_\_

**Please come 15 minutes before the procedure time to register.**

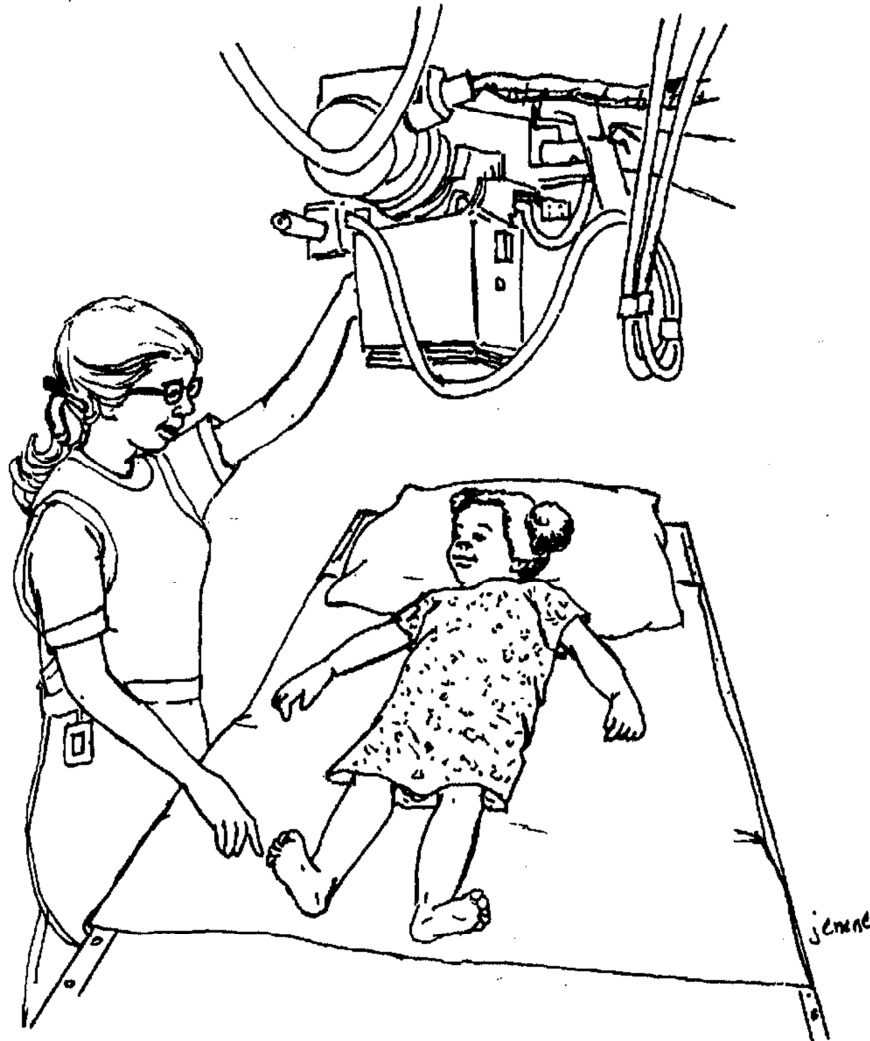
Bring your child to:

- The Radiology Department Registration Desk, first floor of the main campus of Children's Hospital (T-Building). Telephone: (614) 722-2351, Option #2.
- Children's Hospital Dublin Close-to-Home Center, Registration Desk, 5675 Venture Drive, Dublin, OH Telephone: (614) 760-1600
- Children's Hospital Close-to-Home East Broad, Registration Desk, 6435 E. Broad St., Columbus, OH 43068 Telephone: (614) 866-7353

**If you need to cancel your appointment or reschedule, call (614) 722-6200, Radiology option.**

## After the Test

- Your child may eat his regular food and resume normal play.
- Your child's next few stools may be loose.
- Call your child's doctor if your child has difficulty passing stools.
- The report of the test will be sent to your child's doctor. The doctor will discuss the results of the test with you.



**Picture 1** Having a contrast enema test.