

# Helping Hand™

Health Education for Patients and Families

## **Liver Injury**

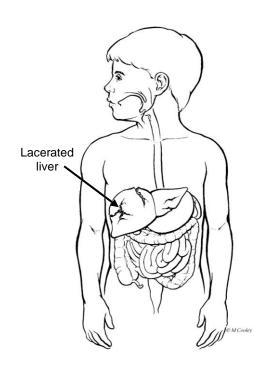
Your child's belly (abdomen) has been injured. This has led to a liver injury. The injury may be a cut, bruise, or tear.

- The liver is a large, reddish-brown organ in the upper right part of the belly (Picture 1).
- The liver does a few things, such as storing iron and making proteins and bile.
- Due to where the liver is in the body and its size, it can get injured easily.

### **Grading System**

Doctors use a grading system to describe how serious the liver injury is.

- This grading system is based on how big or deep the injury is. It ranges from Grade 1 to 5.
  - Grade 1 is the smallest cut or bruise.
  - Grade 5 is a large cut or complex injury with a high risk for bleeding.
- The surgeon will use this grading scale to decide how to treat your child.
- The grading scale is also used as a guide for your child to return to play and sports.



**Picture 1** The injured liver inside the body.

#### **Treatment**

Most of the time, the liver will heal itself. Treatment is based on your child's injury.

- If the injury is severe, surgery may be needed to repair the liver.
- The doctor or health care provider will monitor your child's blood levels and order medicine to control pain.

#### **Care at Home**

After your child leaves the hospital, they cannot play sports or take part in gym class until approved by the trauma clinic.

Call the trauma clinic if your child has:

- Belly pain that gets worse
- A fever over 100.8° Fahrenheit (F) or 38.2° Celsius (C)
- Dizziness
- Nausea or throwing up (vomiting)

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