

Perfect POOP

www.NationwideChildrens.org/STINKYU

Chef Boy R Doo-Doo's recipe for making the Perfect POOP....every time!

To represent a healthy **COLON** (large intestine) that absorbs just the right amount of water, **line a strainer with paper towels** and **add...**

1/4 cup Oatmeal = **DEAD BACTERIA** (*lactobacilli*, *e.coli*, etc.)

1/3 cup Mashed Potato Flakes = **UNDIGESTIBLES**
(cellulose & fiber)

2 Tablespoons Cocoa Powder = **LIVE BACTERIA**
(*lactobacilli*, *e.coli*, etc.)

2 Tablespoons Flour = **DEAD BODY CELLS**

2 Tablespoons fine Bread Crumbs = **PROTEIN**

2 Tablespoons Corn Syrup = **MUCOUS** (lines the intestines)

2 Tablespoons Oil = **FATS**

1/2 cup Water = **WATER**

Slip on some vinyl **gloves**.
Mash up and form into logs.
Perfect!



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