

Candy BLOOD

www.NationwideChildrens.org/STINKYU

Brew your very own bag o' blood!

Into a sturdy quart-sized zipper-type plastic freezer bag, pour....

1/3 cup Light Corn Syrup = PLASMA

1/4 cup Cinnamon Candies = RED BLOOD CELLS

1 teaspoon Multi-Colored Sprinkles = PLATELETS

1/8 cup Mini-Marshmallows = WHITE BLOOD CELLS



ZIP up the plastic bag VERY WELL. Squish to mix!

PLASMA is ...

the liquid part of your blood that everything else floats around in.

RED BLOOD CELLS carry...

oxygen to your body and carry carbon dioxide back to your lungs to breathe out.

PLATELETS help...

your blood to clot and scab.

WHITE BLOOD CELLS help...

your body fight off infections!



**NATIONWIDE
CHILDREN'S**

Candy BLOOD

www.NationwideChildrens.org/STINKYU

Brew your very own bag o' blood!

Into a sturdy quart-sized zipper-type plastic freezer bag, pour....

1/3 cup Light Corn Syrup = PLASMA

1/4 cup Cinnamon Candies = RED BLOOD CELLS

1 teaspoon Multi-Colored Sprinkles = PLATELETS

1/8 cup Mini-Marshmallows = WHITE BLOOD CELLS



ZIP up the plastic bag VERY WELL. Squish to mix!

PLASMA is ...

the liquid part of your blood that everything else floats around in.

RED BLOOD CELLS carry...

oxygen to your body and carry carbon dioxide back to your lungs to breathe out.

PLATELETS help...

your blood to clot and scab.

WHITE BLOOD CELLS help...

your body fight off infections!



**NATIONWIDE
CHILDREN'S**

Candy BLOOD

www.NationwideChildrens.org/STINKYU

Brew your very own bag o' blood!

Into a sturdy quart-sized zipper-type plastic freezer bag, pour....

1/3 cup Light Corn Syrup = PLASMA

1/4 cup Cinnamon Candies = RED BLOOD CELLS

1 teaspoon Multi-Colored Sprinkles = PLATELETS

1/8 cup Mini-Marshmallows = WHITE BLOOD CELLS



ZIP up the plastic bag VERY WELL. Squish to mix!

PLASMA is ...

the liquid part of your blood that everything else floats around in.

RED BLOOD CELLS carry...

oxygen to your body and carry carbon dioxide back to your lungs to breathe out.

PLATELETS help...

your blood to clot and scab.

WHITE BLOOD CELLS help...

your body fight off infections!



**NATIONWIDE
CHILDREN'S**

Candy BLOOD

www.NationwideChildrens.org/STINKYU

Brew your very own bag o' blood!

Into a sturdy quart-sized zipper-type plastic freezer bag, pour....

1/3 cup Light Corn Syrup = PLASMA

1/4 cup Cinnamon Candies = RED BLOOD CELLS

1 teaspoon Multi-Colored Sprinkles = PLATELETS

1/8 cup Mini-Marshmallows = WHITE BLOOD CELLS



ZIP up the plastic bag VERY WELL. Squish to mix!

PLASMA is ...

the liquid part of your blood that everything else floats around in.

RED BLOOD CELLS carry...

oxygen to your body and carry carbon dioxide back to your lungs to breathe out.

PLATELETS help...

your blood to clot and scab.

WHITE BLOOD CELLS help...

your body fight off infections!



**NATIONWIDE
CHILDREN'S**