





# Is It Allergies, Cold, Flu, COVID-19 or RSV?

Symptoms	 Seasonal Allergies	 Cold	 Flu	 COVID-19	 RSV Bronchiolitis <sup>**</sup>
Stuffy or runny nose	Often	<b>Often</b>	Sometimes	Sometimes	Often
Sneezing	<b>Often</b>	Sometimes	Sometimes	Rarely	Rarely
Wheezing	Sometimes	Sometimes	Sometimes	Rarely	<b>Often</b>
Itchy eyes	<b>Often</b>	Rarely, never	Rarely, never	Rarely	
Fever	<b>Never</b>	Sometimes	<b>Often</b>	Sometimes	Sometimes
Aches and pains	Never	Sometimes	<b>Often</b>	Sometimes	
Headache	Rarely	Sometimes	Often	Sometimes	
Cough	Sometimes	Often	Often	Often	Often
Vomiting	Never	Rarely	Sometimes	Sometimes	Sometimes
Warning time	Symptoms occur after exposure to allergen	Gets worse over several days	Sudden onset	Variable	Gets worse over several days
How long it lasts	Weeks to months	Usually 3-14 days	Usually 10-14 days	Usually 10-14 days	Usually 2-3 weeks
Diarrhea	Never	Rarely	Rarely	Sometimes	Sometimes
Loss of taste or smell	Never*	Never*	Never*	<b>Sometimes</b>	
Shortness of breath/difficulty breathing	Never	Rarely	Rarely	Sometimes	<b>Often</b>
Fatigue	Never	Sometimes	<b>Often</b>	Sometimes	
Sore throat	Rarely	<b>Often</b>	<b>Often</b>	Sometimes	

More common symptoms of each category are **bolded**.

\*Stuffy nose can temporarily alter smell and taste but these senses are not lost completely.

\*\*Occurs most commonly in children younger than 2 years old.



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